TORONTO
metro®
Tuesday, June 12, 2012
News worth sharing.
metronews.ca | twitter.com/metrotoronto | facebook.com/metrotoronto

ONLY 5 DAYS LEFT!

3 PAYMENTS ON US SALES EVENT

ON SELECT MODELS

JUNE 11TH TO 16TH

2012 OPTIMA
"CAR OF THE YEAR"
MOTORING 2012

2012 SORENTO
TOP SAFETY PICK 2012 INSURANCE INSTITUTE FOR HIGHWAY SAFETY

2012 FORTE SEDAN
TOP SAFETY PICK 2012 INSURANCE INSTITUTE FOR HIGHWAY SAFETY

Optima SX Turbo shown

Sorento SX shown

Forte SX shown

KIA

KIA 2012 GRAND FINALE CLEAROUT

ONLY 5 DAYS LEFT!

3 PAYMENTS ON US SALES EVENT

ON SELECT MODELS

JUNE 11TH TO 16TH

0% FINANCING ON 2012's**

ON SELECT MODELS

PAY UNTIL FALL•

TOP SAFETY PICK 2012^ INSURANCE INSTITUTE FOR HIGHWAY SAFETY

Forte SX shown

2012 FORTE SEDAN

OWN IT FROM $85≠

AT 1.49% APR | FOR UP TO 60 MONTHS

+3 payments on us* (Or equivalent) Up to $1,650

bi-weekly for 60 months, amortized over 84 months with an $800 down payment. $4,353 remaining balance. Offer includes delivery, destination and fees of $1,489, **$1,500 LOAN SAVINGS**‡ and **$500** competitive bonus.††

BASED ON A PURCHASE PRICE OF $17,484.

Offer based on Forte LX MT.

HWY (A/T): 5.5L/100KM
CITY (A/T): 8.0L/100KM

TOP SAFETY PICK 2012^ INSURANCE INSTITUTE FOR HIGHWAY SAFETY

Sportage SX Turbo shown

2012 SPORTAGE

WELL-EQUIPPED FROM $21,779◄

INCLUDES $2,000 CASH SAVINGS

+3 payments on us* (Or equivalent) Up to $1,650

Includes delivery, destination and fees of $1,784 and $2,000 cash savings.

BASED ON A PURCHASE PRICE OF $23,779.

Offer based on Sportage LX MT.

HWY (A/T): 6.2L/100KM
CITY (A/T): 9.4L/100KM

KIA

5 Year Warranty

WE'VE GOT YOU COVERED
*5-year/100,000 km worry-free comprehensive warranty

KIA MEMBER REWARDS
Earn points towards future discounts.
It's **FREE** and it's incredibly rewarding.

Visit kia.ca to learn more.

Like us on to learn more. facebook.com/kiacanada

Kia's new Customer Friendly Pricing includes delivery and destination fees and all mandatory government levies.
Prices do not include dealer administration fees ($399 to $699), licensing, PPSA or applicable taxes.

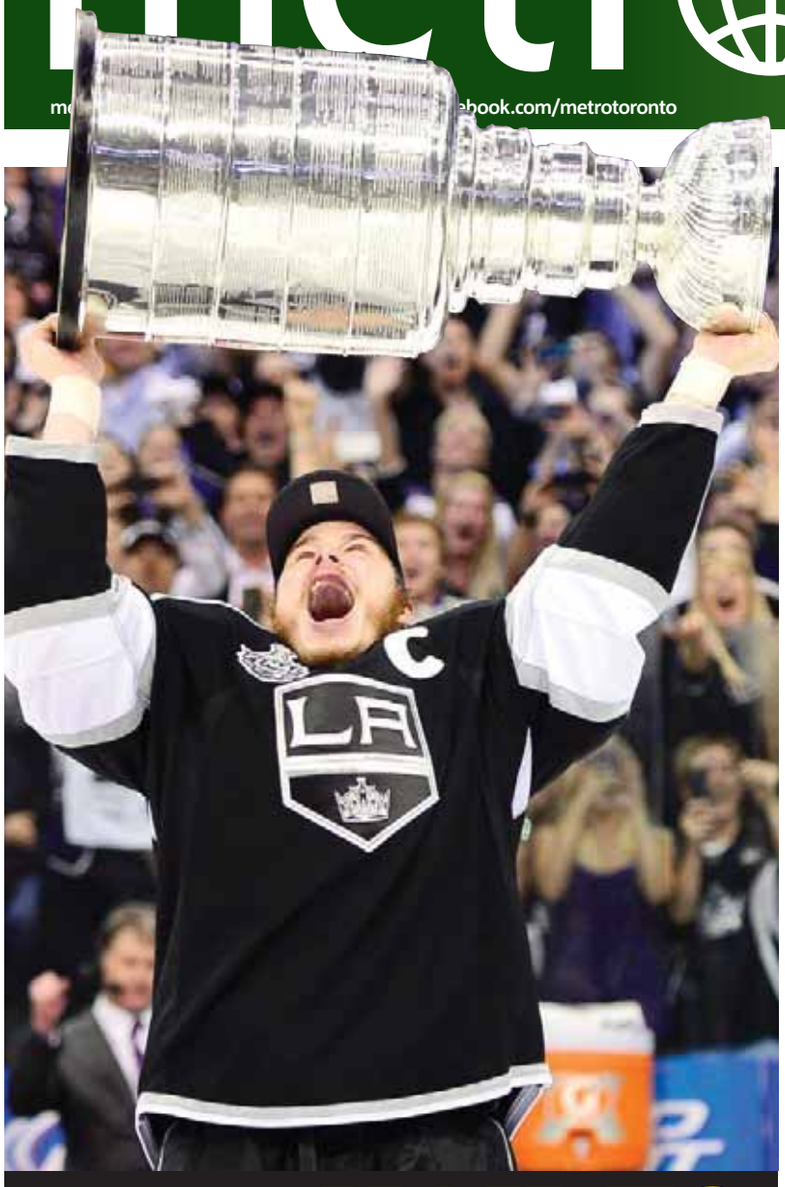
Offer(s) available on select new 2012/2013 models through participating dealers to qualified customers who take delivery by July 3, 2012. Dealers may sell or lease for less. Some conditions apply. Offers are subject to change without notice. See dealer for complete details. Vehicle images shown may include optional accessories and upgrades available at extra cost. All offers exclude licensing, registration, insurance, other taxes and down payment (if applicable). Other dealer charges may be required at the time of purchase. Other lease and financing options also available. *3 Payments On Us offer is available on approved credit to eligible retail customers who finance or lease a new 2012/2013 Forte Sedan/Forte Koup/Forte5/Optima/Optima Hybrid/Sportage/Sorento from a participating dealer between June 11 - June 16, 2012. Eligible lease and purchase finance (including FlexChoice) customers will receive a cheque in the amount of three payments (excluding taxes) to a maximum of $550/$550/$550/$400/$400/$500/$550/month. Lease and finance (including Flex Choice) purchases are subject to approved credit. Customers will be given a choice between up to $1,650 reductions from the selling/leasing price after taxes or dealer can issue a cheque to the customer. Some conditions apply. See your dealer for complete details. **0% purchase financing is available on select 2012 Kia models on approved credit (OAC). Terms vary by model and trim; see dealer for complete details. Representative financing example based on 2012 Optima LX MT (OP54K) with a selling price of $23,584 (includes delivery and destination fees of $1,455, other fees of $34, OMVIC fee, environmental fee and A/C tax ($100, where applicable)) financed at 0% APR for 60 months. Bi-weekly payments equal $164 with a down payment/equivalent trade of $1,750. Cost of borrowing is $0 for a total obligation of $23,584. License, insurance, applicable taxes, variable dealer administration fees (up to $699), PPSA, and registration fees are extra. Retailer may sell for less. See dealer for full details. •"Don't Pay Until Fall" on select models (120-day payment deferral) applies to purchase financing offers on select 2012 and 2013 models on approved credit (OAC) (2012/2013 Sportage/Sorento/Sedona excluded). No interest will accrue during the first 90 days of the finance contract. After this period, interest starts to accrue and the purchaser will repay the principal interest monthly over the term of the contract. •Bi-weekly finance payment for 2012 Forte Sedan LX MT (F0S4K) based on a selling price of $17,484 & $85 with an APR of 1.49% for 60 months, amortized over an 84-month period. Estimated remaining principal balance of $4,353 plus applicable taxes due at end of 60-month period. Offer includes a loan savings of $1,500 and a competitive bonus of $500. Delivery and destination fees of $1,455, other fees of $34, OMVIC fee, environmental fee and A/C tax ($100, where applicable) are included. License, insurance, applicable taxes, variable dealer administration fees (up to $699), PPSA and registration fees are extra. See dealer for full details. ◄Cash purchase price for 2012 Sportage LX MT (SP55K) is $21,779 and includes a cash savings of $2,000 (which is deducted from the negotiated selling price before taxes and cannot be combined with special lease and finance offers), delivery and destination fees of $1,650, other fees of $34, OMVIC fee, environmental fee and A/C tax ($100, where applicable). License, insurance, applicable taxes, variable dealer administration fees (up to $699), PPSA and registration fees are extra. Retailer may sell for less. See dealer for full details. Available at participating dealers. ‡Loan savings for 2012 Forte Sedan LX MT (F0S4K) is $1,500 and is available on purchase financing only on approved credit (OAC). Loan savings vary by model and trim and are deducted from the negotiated selling price before taxes. Some conditions apply. ††Competitive Bonus offer available on the purchase or lease of new 2012 Forte Sedan models at a value of $500 (deducted before tax) for owners of a Honda Civic, Toyota Corolla or Mazda3 with proof of ownership. Certain restrictions apply. Offer is transferable within same household (must provide proof of address). Limit of one bonus per customer or household. Offer not combinable with any other loyalty/conquest offers. Offer ends July 3, 2012. ^2012 Kia Forte Sedan/2012 Kia Sportage awarded the Top Safety Pick by the Insurance Institute for Highway Safety. Visit www.iihs.org for full details. ^Highway/city fuel consumption of these vehicles may vary. These estimates are based on the Transport Canada's approved criteria and testing methods. Refer to the Government of Canada's *EnerGuide Fuel Consumption Guide*. †Your actual fuel consumption will vary. For more information on our 5-year warranty coverage, visit kia.ca or call us at 1-877-542-2886. KIA is a trademark of Kia Motors Corporation.

POLITICAL PROFILING?

STUDENT GROUPS CLAIM MONTREAL POLICE TARGETED RED-SQUARE-WEARING SUPPORTERS, AND NOW THEY WANT TO SUE PAGE 8

FRIDAY'S DRAW
$50 MILLION estimated + 7 MAXMILLIONS estimated
Lotto MAX

TORONTO metro®
Tuesday, June 12, 2012
News worth sharing.
me ebook.com/metrotoronto



HAIL TO THE KINGS

Los Angeles Kings captain Dustin Brown hoists the Stanley Cup after the Kings beat the New Jersey Devils 6-1 in Game 6 of the Stanley Cup final Monday night in Los Angeles. It's the Kings' first Stanley Cup win in the franchise's 45-year existence. For the story, see page 43. MARK J. TERRILL/THE ASSOCIATED PRESS

You're happy and they know it: Ad tech can monitor moods

Your face says it all. Microsoft wants to patent a tool that analyzes facial expressions in photos and video conversations

Online advertising is about to get up close and personal.

Microsoft has filed patents for tracking systems that detect a user's emotions, including facial expressions captured in video conversations and Facebook status updates, in order to match online advertisements to moods.

Such technology would see weight-loss ads matched with unhappy people (who are more likely to want to change their lifestyle) and electronic ads with happy people (who are more likely to spend).

Degrees of emotion can vary — a user can be "very angry" or "slightly angry" — as well as the duration of the mood. Advertisers can target people "happy for one hour" or "happy for 24 hours."

The patent news comes on the heels of a policy paper released earlier this month by the Office of the Privacy Commissioner of Canada, which states that though an increasing number of Canadians are comfortable with similar tracking services, most "don't even know they are being tracked."

For companies like Microsoft, the super-specific advertising is one way to monetize its sites — an eternal challenge for most Internet companies.

Share me

Do you find this mood-tracking system creepy? Are you the only one? Share this article with a friend, family member — or that stranger sitting next to you — and see what they think.

But privacy advocates find the idea of the mood-tracking technology alarming.

"Definitely when you're talking about people's emotional states, you're getting closer to sensitive data that relates to their identity," said Tamir Israel, a staff lawyer at the Canadian Internet Policy & Public Interest Clinic.

TORSTAR NEWS SERVICE

Second Eaton Centre shooting victim dies in hospital

A 22-year-old man gunned down in mall food court has died of his injuries PAGE 3

Dog owner is heartbroken

The father of a woman charged with animal cruelty after her pet died in a hot car says she 'lost track of time' PAGE 3

Teens charged with trafficking

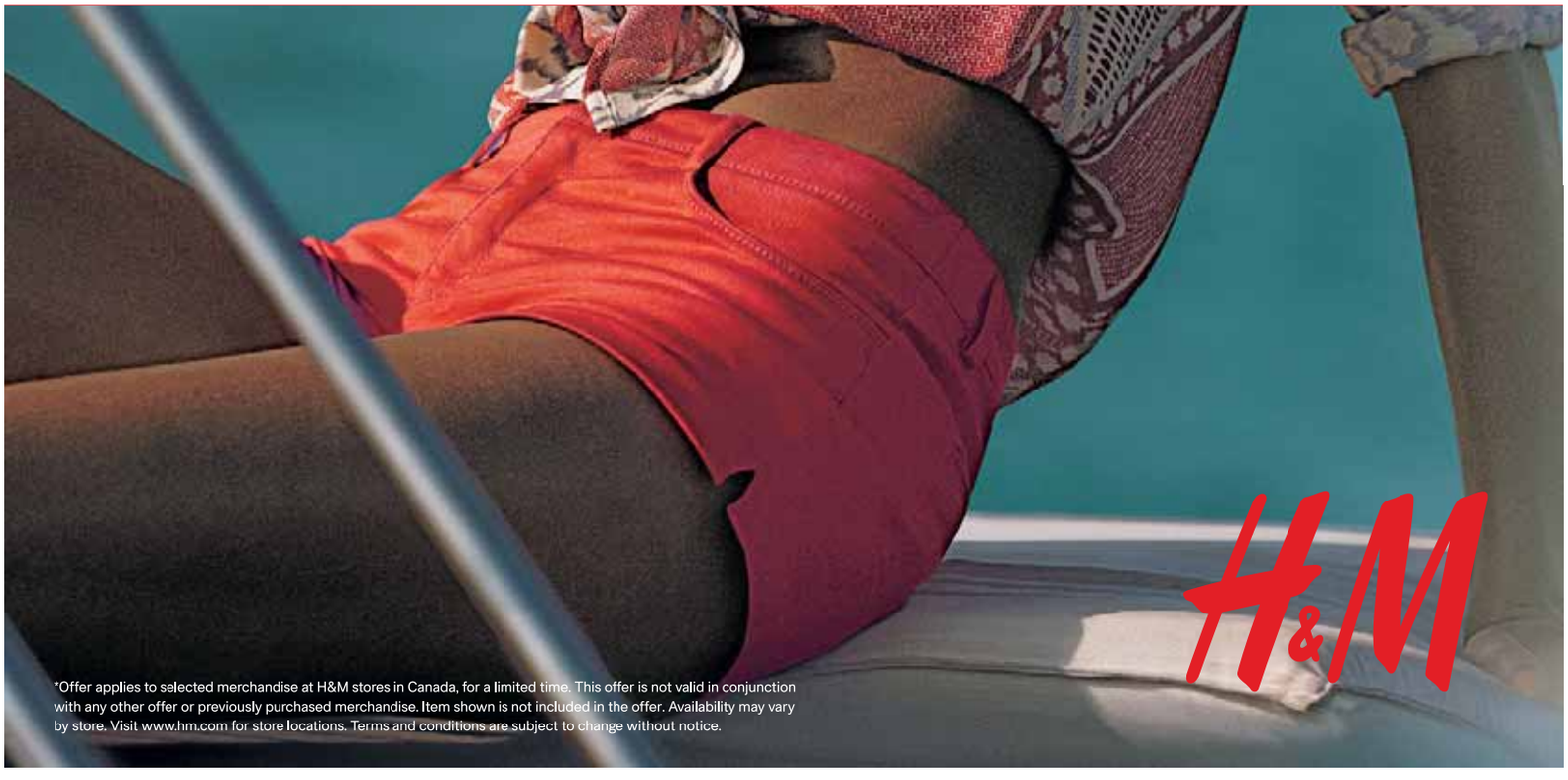
Police in Ottawa say a case in which two 15-year-old girls face forced-prostitution charges is 'shocking' PAGE 8

NDP wants waiters — not their bosses — to keep the change

Some restaurant owners may be taking a cut of the tips left to servers, and it's time to make the practice illegal in Ontario, NDP says PAGE 6

SUMMER SALE IS ON NOW WITH FABULOUS FASHIONS FROM $7!*

Hurry in store to find amazing fashions for women, men, teens and kids.



*Offer applies to selected merchandise at H&M stores in Canada, for a limited time. This offer is not valid in conjunction with any other offer or previously purchased merchandise. Item shown is not included in the offer. Availability may vary by store. Visit www.hm.com for store locations. Terms and conditions are subject to change without notice.

Second Eaton Centre shooting victim dies

June 2 rampage. 22-year-old thought to be member of same gang as alleged shooter, died Monday

Police set up a perimeter outside the Eaton Centre after a shooting in the mall's food court June 2.
VICTOR BIRO/THE CANADIAN PRESS

Nixon Nirmalendran, who was fighting for his life since the Eaton Centre shooting on June 2, died from his injuries Monday night.

Nirmalendran, 22, was gunned down along with Ahmed Hassan, 24, in the mall's food court. The attack left him in grave condition with bullet wounds to his neck and chest.

The alleged shooter, 23-year-old Christopher Husbands, is currently charged with one count of first-degree murder, for Hassan's death, and six counts of attempted murder.

A post-mortem examination is scheduled for Tuesday, police said. Charges against Husbands could be upgraded depending on the results.

The other victim of the shooting lingering in hospital, a 13-year-old boy who was shot in the head, was released Sunday. His condition improved after what his family described last week as "complicated surgery."

"He's home with his family. That's excellent news," Toronto police Const. Tony Vella said Monday.

Police have revealed that Nirmalendran, Hassan and Husbands were believed to be all part of the same gang, later identified as the Sic Thugs which operated in and around Regent Park.

Nirmalendran, who went by the nickname "Nix," lived a troubled life for years and had a long rap sheet.

Nirmalendran was one credit short of his high school diploma and was about to reapply to Centennial College's Child and Youth Program, according to the lawyer who has represented him on various charges since 2007.

In the past five years, Nirmalendran was in and out of jail.

On Oct. 31, 2007, he took part in an attempted robbery in which an associate of his, Alwy Al-Nadhir, 18, was shot to death after police were called.

While serving time in the Don Jail, Nirmalendran was implicated in the death of another inmate on Jan. 2, 2010.

Nirmalendran was charged with second-degree murder along with several other inmates after Kevon Phillip, 24, was found in a prisoner's area with obvious signs of trauma.

Those murder charges against Nirmalendran were later withdrawn after his counsel argued there was no evidence he was directly involved in the attack.

He was not facing any outstanding charges.

TORSTAR NEWS SERVICE

'Devastated' dog owner charged with cruelty

Angele Lazurko once rescued a kitten from the side of the highway whose tiny ears were lost to frostbite. She named it Tilley.

Tucker, her chocolate lab mix, had once been an unwanted pet too. Lazurko, 20, who lives on a Sudbury-area hobby farm, loves all animals but Tucker was special, her family says. The one-year-old dog slept in her bedroom.

Now Lazurko and her companion, Matthieu Arbour, 21, are facing animal cruelty charges after Tucker died Sunday after it was left inside a sweltering car while the couple shopped at Vaughan Mills mall.

"She's very devastated by this whole thing," said her father, David Lazurko. "It's very difficult on her, especially losing her favourite pet."

Every summer, officials warn about the "preventable tragedy" of pets dying in hot cars. On Monday, a 70-year-old woman was charged after her chihuahua was rescued from inside an SUV parked at an Etobicoke mall.

But Lazurko's background makes her case all the more unusual. She is taking business classes at college with the dream of opening an animal-related company one day. She worked part-time at her local Pet Valu store. She raised funds for the SPCA. And she was in Toronto to attend Woofstock, the annual dog festival.

"She lost track of time," said David Lazurko. "She's not used to the big malls and that. Our malls are relatively small, compared to what you have down there."

She also underestimated the heat, he said.

His daughter was raised with all manner of animal companions but "she's just not used to travelling with them," her father said.

He said she has been fired from her pet store job over the incident on the weekend but "the worst thing for her is losing the dog."

Lazurko and Arbour will appear in a Newmarket court on July 10.

TORSTAR NEWS SERVICE

Preventable tragedy

- Brad Dewar, an investigation and communications officer for the Ontario SPCA, said on average, his agency receives six to eight calls a week in the summer about dogs trapped in cars.
- "We run into this type of situation every year. It's extremely frustrating."

1

NEWS

On the web

More than just on bended knee

From viral videos to public proposals, popping the question is getting more creative. Earlier this year, an Atlanta filmmaker created a stop-motion Lego proposal for his girlfriend, and last year someone popped the question through a custom film trailer. Watch these and more creative proposals at metronews.ca.

Mobile news

It was the stuff of a major film studio's next animation project: Nine African baby elephants were orphaned after their parents were poached, but then they were miraculously rescued and brought to a wild game park in Latin America. Scan the code to read the full story.

GET OUT OF **DEBT**
WITHOUT BANKRUPTCY!

CALL THE Licensed Debt Professionals™ FREE CONSULTATION 310-9200
(NO AREA CODE NEEDED)

DAVID SKLAR & ASSOCIATES INC.
Licensed Credit Counsellors · Licensed Proposal Administrators · Trustee in Bankruptcy

www.DavidSklar.com

David Sklar, C.A., CIRP, Trustee

One industry won't challenge plastic bag ban

Ford says another will. Mayor's been told a lawsuit is in the works

One of the two industry groups that had been thought most likely to file a lawsuit challenging Toronto's ban on plastic shopping bags says it will not do so.

"We're operating under the assumption that the city would not have passed the (motion) without ensuring that they had the legal authority to implement the ban. So under that assumption, we are not planning to challenge it," David Wilkes, senior vice-president of the Retail Council of Canada, said Monday.

Mayor Rob Ford said on his Sunday radio show that he has been told a lawsuit is in the works. The prime candidate is the Canadian Plastics Industry Association, but the organization has not yet made a decision, executive Marion Axmith said Monday.

Ford blasted council again on Sunday for approving the ban without notice or consultation. While supporters of the ban said it was simply the right thing to do — and that Ford himself had forced the issue to the council floor — other cities that imposed bans did so after an extended public process.

Los Angeles approved a ban in May — eight years after the city created a task force to address the impact of plastic bags on waterways and four years after council set a formal goal of prohibiting them. The potential costs of a ban were studied, an environment committee considered it at length, the city developed a strategy to communicate with businesses, and dozens of residents and industry representatives got to plead their cases.

TORSTAR NEWS SERVICE

Across Canada

City council's snap decision to ban plastic bags had green-minded councillors from coast to coast wondering if they could do something similar. Here is a look at what other municipalities are saying about the ban:

- **Mississauga.** Um, no — that's about all Mayor Hazel McCallion had to say last week about whether Toronto's western neighbour would follow suit.
- **Calgary.** In Alberta, Alderman Gian-Carlo Carra told local media his city should "embrace the inevitability of the future and get rid of those things."
- **Halifax.** City Coun. Dawn Sloane also floated the idea for a Halifax plastic bag ban, although Mayor Peter Kelly was quick to shoot it down.
- **Ottawa.** Meanwhile in Ottawa, Mayor Jim Watson told reporters a bag tax — similar to the 5-cent fee Toronto had prior to the outright ban — would make more sense.

Toro Murata looks at a no fishing sign along the harbour front near the ferry docks in Toronto on Monday. Murata is a fishermen who is not happy with the new city bylaw prohibiting fishing from shore in the inner city area.
PAWEL DWULIT/TORSTAR NEWS SERVICE

Anglers reeling over No Fishing signs posted along waterfront

Taro Murata was just six years old the first time he cast a line off the dock beside Toronto's ferry terminal.

As an inner-city teen, he would fish nearly every day after classes, catching pike and bass with his buddies.

"It kept me out of trouble," said the now 34-year-old, who turned his passion into a business offering guided fishing tours in and around the GTA.

For Murata, the city's recent decision to put up No Fishing signs along the inner harbour is particularly puzzling.

"It's crazy, I tell you. I don't get it," he said Monday, while winding line onto a reel.

The 20-odd signs, posted along nearly two kilometres of city-owned waterfront — from Sherbourne Street to the edge of Marilyn Bell Park — were put up on Friday by the city's parks, forestry and recreation department in accordance with a city bylaw stipulating that a sign should tell people where they can't fish.

James Dann, manager of Waterfront Parks, said about half a dozen complaints about public safety in recent years led to the new rule.

For instance, one elderly couple felt inconvenienced by someone casting a line while they were trying to walk past. In another, a rowboat got tangled up with a fishing line. No one has been hurt yet, said Dann.

Murata points out that people cycling or rollerblading along the waterfront can just as easily cause problems, and there's no ban on their pastimes.

"I've seen nothing but respect out here," he said, adding he and other anglers are well aware of who and what is around them when they cast.

TORSTAR NEWS SERVICE

Leak

Malvern school locked down after gas line rupture

About 150 homes near Finch Avenue East and Neilson Road were evacuated Monday after hydro crews working on Hupfield Trail accidentally ruptured a natural gas line.

Students at nearby Mary Shadd Public School were under a lockdown before being evacuated at 3:15 p.m.. Police advised Malvern residents to keep their windows closed. It took fire crews about three hours to cap the leak, which started just after 2 p.m. No injuries were reported as a result of the leak. TORSTAR NEWS SERVICE

Liberty Village

Billboard opposed in booming neighbourhood

With development booming in Liberty Village, the Gardiner Expressway is losing its status as a good place for billboards.

That was the message successfully put forward by Coun. Mike Layton, who persuaded a council committee to oppose a new Gardiner billboard. The proposal was for a 20-metre high billboard with a static image changing every 10 seconds to be located on the north side of the expressway, about 100 metres east of Atlantic Avenue.

The planning and growth management committee voted to recommend refusing permission. City council will decide at its next meeting July 11-12.

TORSTAR NEWS SERVICE

YOUR NUMBER COULD BE A WINNER!

NEW PICK-2 LOTTO. SUPER EASY TO PLAY!

VISIT YOUR LOTTERY RETAILER.

Know your limit
Play within it

knowyourlimit.ca

olg.ca
1-800-387-0098

OLG

Investigation

New charges in sex-assault case

Another victim has come forward in a sexual assault case involving a 37-year-old photographer. A woman says she was assaulted at Ryan Chamberlain's studio in 2009. He is charged with five counts of sexual assault. TORSTAR NEWS SERVICE

Animal rescue

Missing macaw safely home

Paulie, the missing macaw, is back home — with only a few ruffled feathers.

The feisty parrot was reunited with owner Georgia Tichy, 58, Monday after she received a call from Toronto Animal Service. "I'm ecstatic, I'm crying, I'm laughing. I keep holding him, make sure that he's really there," said a breathless Tichy from her Scarborough home.

Animal services recovered Paulie, missing since last Thursday, near Pottery Road and Don Valley Parkway.

Someone had spotted him, and notified the shelter, said a supervisor. TORSTAR NEWS SERVICE

Appeal denied

Court upholds firearms offences

The Ontario Court of Appeal has upheld the conviction of a Toronto man on firearms offences even though weapons were found by police using a faulty search warrant.

On Monday, the court dismissed an appeal by Andrew Campbell who was convicted in 2009 on 10 charges, including possession of a loaded, restricted firearm and careless storage of a weapon.

Three years earlier, Toronto police had received an anonymous Crime Stoppers tip, alleging Campbell had firearms at his apartment, was dealing drugs and was a smart and dangerous criminal. TORSTAR NEWS SERVICE

Traffic stop

Men charged with ID fraud

A routine traffic stop by police on Sunday uncovered fake IDs and credit cards. Bancroft Byfield, 55, and Muhunthan Pathmanathan, 32, are charged with possession of identity information for a fraudulent purpose. TORSTAR NEWS SERVICE

Owners, get your hands off the tips: NDP

Try, try again. This is the NDP's second attempt to ban the practice of tip outs

It's time the Ontario government prohibited bar and restaurant owners from taking a portion of the tips left by customers for waiters, waitresses and bartenders, the New Democrats said Monday.

It's common practice for servers to share tips with kitchen staff, but many customers don't realize bar and restaurant owners may also take a cut of the gratuities, said NDP finance critic Michael Prue.

"'We don't think that people who are giving tips know that the waiter or waitress who just provided great service has to give some of that away," Prue said in an interview.

Liquor servers in Ontario have a minimum wage of just $8.90 an hour, compared with $10.25 for most workers, and they depend on their tips to make up that difference, added Prue. Some restaurant owners take all of the tips meant for staff, he said. "It's illegal in places like New York state, and it should be illegal here too."

Accusations

"If you have a $100 meal and you don't leave a tip, the employee has to pay $5 for having served you."

NDP finance critic Michael Prue, on the practice of some restaurant owners who demand a percentage of the total bill from their wait staff

However, Labour Minister Linda Jeffrey said it's OK for management to take a share of tips as long as that practice is clear when the staff are hired.

"We want employers to treat their employees fairly, and if they are not treated fairly they should speak to the Ministry of Labour," Jeffrey told reporters.

Good wait staff and bartenders can always find work elsewhere if they don't want to share tips, added Jeffrey.

The Ontario Restaurant and Bar Association said it does not think the practice of management taking a portion of tips is widespread. "It's not all that common, so I'm not sure it's a pressing issue that needs legislation," said John Couse, president of the association. THE CANADIAN PRESS

City moves along with TTC's twin-tunnel extension

Mayor Rob Ford and TTC chair Karen Stintz share a laugh as they mark the completion of the first 1.6 kilometres of twin tunnels for the Toronto-York Spadina Subway Extension on Monday. York Region CEO Bill Fisch, far left, and MP Julian Fantino also attended. The 8.6-kilometre extension of the Yonge-University-Spadina line will ultimately run from Downsview Station to the Vaughan Metropolitan Centre at Hwy. 7. Funded by federal, provincial, Toronto and York municipality governments, it is slated to be completed by the end of 2015. COLIN MCCONNELL/TORSTAR NEWS SERVICE

Reform. No need for haste on condo act overhaul: Liberals

Legal reforms to help one million Ontario condominium dwellers are coming, but Premier Dalton McGuinty warns haste makes waste.

That's why the Liberals plan a methodical approach to fixing the archaic 1998 Condominium Act starting this summer, McGuinty said Monday.

"We have a fairly lengthy consultation process that we're going to undertake," said the premier, referring to a groundbreaking public engagement campaign inspired by academic Don Lenihan's new book, Rescuing Policy. Heeding Lenihan's collaborative "community" approach to public policy development, the government wants residents, developers and property managers to identify the issues and suggest solutions.

But NDP MPP Rosario Marchese, a crusader for condo residents and the architect of a private-member's bill on reforms being studied by a legislative committee, worried the Liberals are stalling. "We know what the problems are. I'm not quite sure why they're delaying." TORSTAR NEWS SERVICE

Bill 33. Human Rights Code to include gender identity

Joanne Law has some heartfelt things to say about a bill that's expected to become law in Ontario this week and strengthen her human rights: "I love it. It's beautiful." "All of a sudden it's here, after fighting for 30 years," Law said.

Bill 33 adds gender identity and gender expression to the Human Rights Code, giving transgendered and transsexual people specific protection from discrimination. It is expected to become law this week.

Law, a trans rights educator and activist in Ottawa, said the bill is a legal foundation for the next steps towards equality and justice for transgendered and transsexual people.

For example, properly identifying the chosen gender status of trans people on drivers licenses and health cards would help in their involvement in the health care, education and incarceration systems, she said.

"We're becoming visible and our rights are being finally heard," she said.

Bill 33 has the support of all three major provincial parties. JESSICA SMITH/METRO IN OTTAWA

100% PERMANENT HAIR REMOVAL

YES!!!
Go to our new website now at www.omihair.com
100% REFUND
Clinical case studies for all laser treatments!
CASES NEEDED CALL NOW!
OMI MEDICAL INC. • 416.223.5500
www.omihair.com • OPEN 7 DAYS A WEEK

NEED A RIDE?
Read metrodrive every Wednesday.

Buytopia.ca negotiates incredible, limited time discounts between 50 - 90% off popular Toronto businesses by arranging a group discount

Limited Time to Buy, 1 Year to Redeem!

buytopia™.ca

Because life is better at 50 - 90% off

GREAT DEAL FOR SUMMER

Must buy from **buytopia.ca** before **11:59pm Thur June 14**

98% OFF

Unlimited Laser Hair Removal for Unlimited Body Parts

starting at **$89** ~~$3500~~

- Permanently and painlessly remove unwanted hair
- Safe and effective for men and women on a range of skin types and colours
- Multiple locations including Yorkville, North York & Mississauga

GREAT DEALS FOR FATHER'S DAY - JUNE 17th

Must buy from **buytopia.ca** before **11:59pm Fri June 15**

50% OFF

$25 for $50 Worth of Products at Pollocks Home Hardware

- Fantastic selection of paint, household accessories & tools
- Certified BBQ experts will help you choose the best gear for BBQ season
- Dad will love it!

Must buy from **buytopia.ca** before **11:59pm Fri June 15**

79% OFF

$39 for a Complete Interior & Exterior Auto Detailing

~~$180~~

INCLUDES:
Steam cleaning floors & seats, detailing interior console, vacuum & shampoo of interior, mat & carpet cleaning, exterior wash & hand dry, tire & rim shine, engine shampoo & more

- Choose from **3 GTA locations** starting at $39

Must buy from **buytopia.ca** before **11:59pm Fri June 15**

50% OFF

$45 for 2 Tickets to Avenue Q On Stage

~~$90~~

- **Tony winner for Best Musical**
- Back by popular demand at downtown Toronto's Lower Ossington Theatre
- One of the funniest shows you're ever likely to see!

Must buy from **buytopia.ca** before **11:59pm Thur June 14**

68% OFF

$129 for a Ferrari & Lamborghini Race Track Driving Experience

~~$399~~

- Drive a Ferrari F430 or Lamborghini Gallardo on a closed race track!
- Once in a lifetime experience

RECEIVE ADDITIONAL 5% OFF WITH PROMO CODE: metro12jt

Refer a friend to these deals and earn up to **$50** each time! Visit www.buytopia.ca or call us for more details

Questions about these incredible offers? Call us toll free **1.855.442.2220**

These deals must be purchased at **WWW.BUYTOPIA.ca**

SCANDINAVIA'S #1 SELLING CHILI FAT BURNER

Here is your new powerful and clinically proven fat burning spice: Chili

Burn calories - burn!

The Scandinavian company New Nordic has launched the new **Chili Burn™** tablet you need to lose your belly fat. Here are 4 compelling reasons to run to your pharmacy and pick up a box of Chili Burn tablets:

- IT BURNS FAT AND CALORIES
- CLINICALLY PROVEN INGREDIENTS
- IT PROMOTES A LEAN BODY
- STOMACH FRIENDLY COMPOSITION

Ruth burned away her belly-fat and fits into her wedding dress again!

Ruth feels great! She actually got back into her wedding dress of 37 years ago, after taking Chili Burn!

Ruth's story

"After having 5 children, I had a hard time burning that extra fat. As the years progressed, I never viewed myself as being overweight, but I always struggled with fat on my stomach. At 55, I found myself constantly dressing to disguise my belly, staying away from tight clothes and the like.

People noticed my new figure

I read about **Chili Burn** in a magazine and thought I'd give it a try. I purchased the supplement at my local pharmacy and started taking it in July 2011. Now, 6 months later I have lost my belly fat and people really notice it. They all want to know my secret, so I recommend **Chili Burn** to family, friends, and acquaintances and really encourage them to try it out. This product will suit anyone who would like to burn fat with natural ingredients and be side effect free. I highly recommend it."

Ruth Veldstra, Hagersville, Ontario

Don't be fooled by other products:

Look for the New Nordic silvertree logo. All fat burners are not alike and Chili Burn is the only one with this composition. It's imported from Scandinavia.

Contact us:
www.newnordic.ca
1-877-MY-NORDIC
New Nordic Canada
@NewNordicCanada

SHOPPERS DRUG MART · Loblaws · Extra Foods · Superstore · Rexall

First anti-terror convict's appeal now underway

Supreme Court. Defence will argue life sentence too harsh for crime, offender

The life sentence imposed on the first man convicted under the country's anti-terror law is unprecedented and should be reduced, the Supreme Court of Canada was told Monday.

Momin Khawaja, a former Ottawa software developer, is serving life in prison with no parole eligibility for 10 years.

Khawaja was originally sentenced to 10 and a half years in prison after his conviction in 2008, but the Ontario Court of Appeal imposed the stiffer sentence when he appealed his case.

Khawaja's lawyer urged the Supreme Court to overturn that sentence and re-establish the original penalty.

Momin Khawaja. THE CANADIAN PRESS

"I am asking the court to say this unprecedented increase in sentence was wrong," lawyer Lawrence Greenspon argued Monday.

"A life sentence in this case is unfit for the offence and the offender."

Khawaja was convicted in 2008 of training at a remote camp in Pakistan, providing cash to a group of British extremists and offences related to building a remote-control detonator.

The prosecution failed to prove Khawaja knew the detonator was to be used to detonate a 600-kilogram fertilizer bomb in downtown London. But Greenspon said the appeal court held Khawaja responsible for that offence when it upped its sentence.

Khawaja's appeal is also focused on the legal definition of what constitutes "terrorist activity." His lawyer argues that the law is unconstitutional because it violates Khawaja's right to express political and religious views.

Greenspon said the motive clause in the law "will have a chilling effect" on free-speech rights. THE CANADIAN PRESS

Assault, abduction. Teen girls charged with human trafficking and pimping

JESSICA SMITH
Metro in Ottawa

Police have charged two 15-year-old girls with human trafficking for the forced prostitution of three other teenaged girls, a case investigators believe is unprecedented.

The girls are also charged with sexual and physical assault, forcible confinement, uttering threats, and abduction. Officers are looking for a third suspect, a 17-year-old girl.

The three female victims are aged 13 to 17. They were lured by the accused girls via social media and other means, and were forcibly confined and threatened, said Ottawa police staff sergeant John McGetrick.

"They were taken to other places for the purposes of prostitution," he said.

The victims were separately forced into prostitution; one on May 19, the second on May 31, and the third on June 3, he said.

"In checking with the RCMP, who have a lot of expertise in human trafficking, they are not familiar with another case of this nature," said McGetrick. "It's shocking."

McGetrick would not say if the accused girls had ever been victims of trafficking or prostitution themselves.

If anyone has information about this crime or similar crimes they are asked to contact the Ottawa Police Service Sexual Assault/Child Abuse hotline at 613-236-1222, ext. 5944 or Crime Stoppers toll free at 1-800-222-8477.

Montreal protest

Group calls for review of police actions

Montreal police are being accused of political profiling — of searching and detaining people wearing the red square, the symbol of Quebec's protest movement.

A Quebec student group is calling for an independent inquiry into police actions over the Formula One Grand Prix weekend while also gathering details from recent weeks for a potential lawsuit.

The group, the more hardline CLASSE student association, is now gathering testimonies from people who say their civil rights were violated.

Police denied the accusation that they specifically targeted red-square wearers. They admitted to searching out people they deemed suspicious, and of using preventive arrests, but they said they were acting under constitutionally reasonable grounds, for legitimate security reasons.

The CLASSE group says it has received testimony from about 100 people who said they were victims of preventive detentions and political profiling. "What we've been seeing these last few weeks, and what we saw this weekend in particular, is really without precedent," CLASSE co-spokesman Gabriel Nadeau-Dubois said Monday.

Police said the biggest annual tourist event in Canada had been threatened.

Meanwhile, Quebec student activist Mathieu Girard was arrested while heading to his sister's funeral on Monday, an act his lawyer described as "completely inhumane." Girard could face criminal-mischief charges for acts committed during protests. THE CANADIAN PRESS

The Bloodmobile in your neighbourhood:

VISIT WWW.BLOOD.CA TO BOOK ONLINE OR CALL 1-888-2 DONATE TO BOOK AN APPOINTMENT DATE OR TO INQUIRE ABOUT UPCOMING BLOODMOBILE EVENTS!

1 888 2 DONATE (1-888-236-6283)

RBC · RBC Foundation · Canadian Blood Services it's in you to give · metro

DO YOU HAVE ANOREXIA NERVOSA?

Investigators at the Centre for Addiction and Mental Health (CAMH) are looking for participants for a treatment study in Anorexia Nervosa.

Eligible participants must be:
- Between 18 and 55 years of age
- Currently have anorexia nervosa
- Have a body mass index (BMI) between 14 and 18.5
- Willing to consider taking medication

SMALL COMPENSATION PROVIDED

IF YOU ARE INTERESTED IN OBTAINING MORE INFORMATION, PLEASE CALL: (416) 535-8501 X 33877
EMAIL: BEHESHTA.JAGHORI@CAMH.CA

camh Centre for Addiction and Mental Health Centre de toxicomanie et de santé mentale · University Health Network

Don't let TV slow down your internet.

Unlike their "Fibre" internet, Rogers Hi-Speed doesn't slow down when your HDTVs are on.

Their "Fibre" network forces TV and internet into a **single** phone line in your home.
Rogers uses **separate** networks so you can surf with speed.

Their "Fibre" network

Rogers Hi-Speed network

And only Rogers has SpeedBoost™ technology to turbocharge your streaming video, online gaming and downloading.[1]

SWITCH TODAY AND SURF WITH SPEED.

rogers.com/HiSpeed

INSPIRE ANYTHING WATCH SPEED INSPIRE AMAZING TUNES SHARE FAST FREEDOM INSPIRE access RELIABLE SHARE INSPIRE ANYTHING WATCH SPEED INSPIRE BLOG CONNECT SPEED INSPIRE CONNECT FAST DOWNLOAD SURF FAST STREAMING LIVE WATCH POST LIFESTYLE AMAZING INSPIRE ANYTHING WATCH SPEED INSPIRE FAST EXCITING

Creating World-Leading Internet Experiences.

ROGERS™

1 Exclusively available from Rogers within Rogers cable serviceable area. SpeedBoost technology temporarily increases download speeds for the first 10 MB of a file download when extra bandwidth is available on the network. Actual speed may vary based on network traffic, amount of data transferred and length of time since last boost and other factors. © 2012. © 2011 The Grey Film Holdings, LLC. © 2010 GNDHDDTW. All rights reserved. © Walt Disney Pictures. All rights reserved.

Afghanistan violence

Bomb kills pregnant woman

An ambulance struck a roadside bomb while rushing a pregnant woman and her family to a hospital in northern Afghanistan on Monday, killing the woman and four of her family members, the Interior Ministry said.

The incident makes a total of nine civilians killed in insurgent attacks or bombings in one day.

The dead included two women and two children, while another two people were wounded, the ministry said. The vehicle hit the explosive in Sar-e-Pul city, the capital of the northern province of the same name.

Earlier Monday, two women and two children were killed in the east when a mortar fired by insurgents hit their home in Ghazni province's Gilan district.

The militants appeared to be aiming for a building nearby.

THE ASSOCIATED PRESS

Egypt

Mubarak's health deteriorating

Doctors used a defibrillator twice on Hosni Mubarak when they could not find a pulse Monday, the latest health crisis for the ousted Egyptian dictator since he was sentenced to life and moved to a prison hospital nine days ago.

Mubarak is slipping in and out of consciousness.

THE ASSOCIATED PRESS

Hosni Mubarak shown being taken to court in 2011. THE ASSOCI-

100 feared killed in Afghan quake and landslide

Mountain area. No signs of the buildings underneath when rescuers arrived; houses destroyed in five districts

As many as 100 people are feared dead in an earthquake and landslide that buried more than 20 houses in northern Afghanistan on Monday.

Rescuers have so far pulled two women's bodies from the rubble of the landslide in Baghlan province, said provincial Gov. Abdul Majid.

The UN confirmed one other death and said houses were destroyed across five districts.

A massive landslide of mud and rocks buried houses so deep in the remote mountain village of Sayi Hazara that rescuers gave up trying to use shovels to dig through.

There were no visible signs of the buildings underneath.

"We need bulldozers or other machinery," said Jawed Basharat.

THE ASSOCIATED PRESS

Hindu Kush region

An earthquake measuring magnitude 5.4 struck the Hindu Kush region Monday morning, followed by a 5.7 quake, the U.S. Geological Survey said. Both were felt as far away as the Afghan capital, Kabul, where buildings shook.

- Officials knew how many houses were buried only from information provided by area residents, who said between 25 and 30 houses "disappeared" in the landslide.

Afghanistan. Coalition airstrikes on civilian homes to be curtailed

U.S. Defense Secretary Leon Panetta, second right, U.S. Ambassador Ryan Crocker, right, and head of coalition forces Gen. John Allen, in Kabul. AP

The U.S.-led military coalition in Afghanistan is limiting airstrikes against civilian homes to self-defence for troops.

This follows a strike last week that killed women and children alongside insurgents, a spokesman for the alliance said Monday.

Such airstrikes are now being designated a weapon of last resort to rescue soldiers — this will cut back their use.

Though airstrikes on homes are a small part of the international operations in Afghanistan, they have brewed resentment among Afghans, even when there are no casualties, because of the sense that homes and privacy have been violated.

Civilian deaths from such operations have threatened to derail the Afghan-U.S. alliance.

A pact signed by the Afghan government and the U.S. military in April, putting Afghans in charge of joint raids in villages, was supposed to ease these tensions.

Of the 3,000 NATO airstrikes in the past six months, only 10 of them were against civilian homes. Of those 10, seven resulted in civilian casualties. THE ASSOCIATED PRESS

RBC Royal Bank

Knock ½% off your home equity credit line.

Switch and drop ½% instantly.

We'll even cover your switching costs*.

Switch to an RBC Homeline Plan® credit line at 3.5% (prime + 1/2%). You could save as much as $5,000 in interest payments†. Get your rate in shape today.

Speak with an RBC Royal Bank® mortgage specialist today.
1-866-864-0420

Advice you can bank on™

*We will pay the basic title insurance fee, processing fee and one discharge fee (up to $300 maximum). Offer excludes mortgage prepayment charges that you may have to pay. Minimum advance $50,000. †Savings based on $100,000 secured line of credit with interest being paid over 10 years comparing a 3.5% and a 4.0% annual interest rate. The interest rate will fluctuate with the Prime Rate and is subject to change at any time without notice. Rate is effective as of June 8, 2012. This product is provided by Royal Bank of Canada and is subject to its standard lending criteria. ®/™ Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are trademarks of Royal Bank of Canada.

TODAY ONLY

TUESDAY, JUNE 12

Save 30%

Watches including designer brands

Off our regular prices. Excludes Tissot, Coach, Burberry, Swarovski, Michele, Michael Kors, Marc By Marc Jacobs, Tendence, Meister, Manufacturers' Specials and Citizen style #CA0220-57E. Cannot be combined with other offers.

Shop thebay.com

Also save 50%

On all jackets from The Official Canadian Olympic Team Replica Collection

Off our regular prices. Cannot be combined with other offers. Shop thebay.com

FATHER'S DAY IS SUNDAY, JUNE 17

Be the first to know about our one-day offers. Sign up at thebay.com

No rain checks and no price adjustments. Offer available while quantities last. Cannot be combined with other offers. Selection may vary by store. Savings are off our regular prices unless otherwise specified. No telephone orders. See store for details.

the Bay

THEBAY.COM

British PM leaves daughter, 8, in pub

British Prime Minister David Cameron and his wife Samantha appear at a party conference. THE ASSOCIATED PRESS FILE

Family outing. Child was separated from parents for 15 minutes — until relieved Cameron rushed back to collect her

It's every parent's nightmare — get home, and realize a child is missing.

British Prime Minister David Cameron's office confirmed Monday that he accidentally left his eight-year-old daughter Nancy in a country pub after a family Sunday lunch.

Officials said the incident happened "a couple of months ago," as the family was leaving the pub near Chequers, a country house prime ministers use while in office, west of London.

Nancy had gone to the bathroom while Cameron and the rest of the family piled into two cars to drive back to the house.

Cameron was travelling in one car with his bodyguards and assumed that Nancy was in the other car with his wife Samantha and two other children.

Samantha assumed Nancy was with her father, and they only realized she was missing when they got home.

In a statement, Cameron's Downing Street office said "the prime minister and Samantha were distraught when they realized Nancy wasn't with them. Thankfully when they phoned the pub she was there safe and well."

Nancy was separated from her parents for around 15 minutes until Cameron arrived to collect her from the Plough in the village of Cadsden, officials said.

Sunday pub lunches have long been traditional in Britain, with fare often including roast beef, potatoes, and salad along with red wine, beer or ale.

THE ASSOCIATED PRESS

Partisan era. Reagan, dad, wouldn't have fared well in today's GOP: Jeb Bush

Former Florida Gov. Jeb Bush THE ASSOCIATED PRESS FILE

Respected Republican Jeb Bush suggested Monday that neither adored conservative icon Ronald Reagan nor his own father, George H.W. Bush, would have enjoyed much success in today's ultra-conservative, intensely partisan Republican party.

"They got a lot of things done with bipartisan support, but right now it's just difficult to imagine," Bush, brother of the 43rd U.S. president and son of the 41st, said in a roundtable discussion with reporters and editors held by Bloomberg View in Manhattan.

"Ronald Reagan would have, based on his record of finding accommodation, finding some degree of common ground, as would my dad — they would have a hard time if you define the Republican party — and I don't — as having an orthodoxy that doesn't allow for disagreement, doesn't allow for finding some common ground."

THE CANADIAN PRESS

Water-dropping chopper

A helicopter makes a water drop on the High Park wildfire near Fort Collins, Colo., on Monday. While that fire burns out of control in northern Colorado, an unchecked blaze is choking a small community in southern New Mexico. ED ANDRIESKI/THE ASSOCIATED PRESS

DEPRESSED?

If you are currently depressed and 18 - 65 years old, you may be eligible to participate in a novel study on using *low dose medication* to enhance the body's own natural brain chemistry.

For information, visit: AntidepressantTrial.com, or call our Clinical Trials Office:

416.340.4800 EXT 8839

No compensation provided

University Health Network

ROGERS™ authorized dealer

AJAX
Baywood Centre
AURORA
15483 Yonge St., Unit 2B
14785 Yonge St.
BOLTON
12612 Hwy. 50, Unit 15
BRAMPTON
30 Victoria Cres.
4520 Ebenezer Rd., Unit 6
253 Queen St. E, Unit 3
105 Kennedy Rd. S
499 Raylawson Blvd.
BROOKLIN
5969 Baldwin St. S, Unit 7
COBOURG
975 Elgin St. W, Unit B
ETOBICOKE
22 Dixon Rd.
6620 Finch Ave. W, Unit 4
GEORGETOWN
Georgetown Market Place
MAPLE
2943 Major Mackenzie Dr., Unit 4
MARKHAM
3636 Steeles Ave. E, Unit 101
9570 McCowan Rd., Unit 4
505 Hood Rd., Unit 12
7780 Woodbine Ave., Unit 3
4300 Steeles Ave. E, Unit E32
4300 Steeles Ave. E, Unit E67
8901 Woodbine Ave., Suite 218
3255 Hwy. 7 E, Unit E98
MISSISSAUGA
Meadowvale Town Centre
Square One
Dixie Outlet Mall
153 Lakeshore Rd. E
6325 Dixie Rd., Unit 1
3105 Dundas St. W, Unit 102
7955 Financial Dr., Unit B
808 Britannia Rd. W, Unit 2
25 Watline Ave., Unit 10
7205 Goreway Dr.
1100 Burnhamthorpe Rd.
3021 Argentia Rd.
789 Taunton Rd. E
1053 Simcoe St. N, Unit 4B
NEWMARKET
16715 Yonge St.
NORTH YORK
Sheridan Mall
1700 Wilson Ave., Unit 72
1905 Avenue Rd.
4367 Steeles Ave. W
149C Ravel Rd.
Fairview Mall
4905 Yonge St.
5815 Yonge St.
3111 Dufferin St.
3040 Don Mills Rd., Unit 178
Leslie Center
OAKVILLE
1027 Speers Rd., Unit 22
478 Dundas St. W, Unit 7
OSHAWA
Taunton Harmony Plaza
1053 Simcoe St. N, Unit 4B
PICKERING
Pickering Power Centre
Pickering Town Centre
611 Kingston Rd.
RICHMOND HILL
9196 Yonge St.
1480 Major Mackenzie Dr. E
10 West Pearce St., Bldg. B
Hillcrest Mall
9350 Yonge St.
10720 Yonge St.
Times Square Mall
SCARBOROUGH
Woodside Square
1571 Sandhurst Circle, Unit 502K
5095 Sheppard Ave. E
1800 Sheppard Ave. E
Cedarbrae Mall
1900 Eglinton Ave. E
3300 McNicoll Ave.
1291 Kennedy Rd.
2555 Victoria Park Ave.
411 Kennedy Rd.
3495 Lawrence Ave.
1448 Lawrence Ave. E
5661 Steeles Ave. E, Unit 5
19 Milliken Blvd., Unit U
THORNHILL
31 Disera Dr., Unit 140
Promenade Mall
Shops on Steeles
6236 Yonge St.
TORONTO
421 Dundas St. W, Unit G8
282 Queen's Quay W
1015 Lakeshore Blvd. E
1821 Queen St. E
275 College St.
604 Bloor St. W
1348 St. Clair Ave. W
1461 Dundas St. W
2 St. Clair Ave. E
272 Danforth Ave.
471 Eglinton Ave. W
662 King St. W, Unit 2
939 Eglinton Ave. E, Unit 106
154 University Ave., Unit 101
2200 Yonge St., Unit 104
2397 Yonge St.
9A Yorkville Ave.
East York Town Centre
2400 Bloor St. W
319 Bay St.
525 University Ave.
45 Overlea Blvd.
Oriental Centre Mall
1448 Lawrence Ave. E
10 Clock Tower Rd., Unit B1A
1118 Finch Ave. W, Unit 1
6236 Yonge St.
3850 Sheppard Ave.
280 Spadina Ave.
4438 Sheppard Ave. W, Unit 151
900 Dufferin St., Kiosk 4010
1000 Gerrard St. E, Unit K2
UXBRIDGE
11 Brock St. W
WHITBY
25 Thickson Rd. N
5969 Baldwin St. S
WOODBRIDGE
200 Whitmore Rd.

ROGERS plus

AJAX
15 Westney Rd. N
AURORA
14879 Yonge St.
91 First Commerce Dr., Unit 5
BRAMPTON
14 Lisa St., Unit C1
499 Main St. S., Unit 58
1088 McLaughlin Rd.
9980 Airport Rd., Unit 11
25 Peel Centre Dr., Unit 505A
25 Peel Centre Dr., Unit 742K
10025 Hurontario St., 118
ETOBICOKE
25 The West Mall, Unit 1963
3015 Bloor St. W
1735 Kipling Ave.
250 The East Mall, Kiosk #316
500 Rexdale Blvd., Unit H3B
1530 Albion Rd.
MARKHAM
9275 Hwy. 48, Unit 11
5000 Hwy. 7 E, Unit 412
7690 Markham Rd., Unit 1C
MISSISSAUGA
2150 Burnhamthorpe Rd. W
60 Bristol Rd. E
920 Southdown Rd., BLD H, Unit 7
5100 Erin Mills Parkway, Unit V205
4141 Dixie Rd.
1250 Eglinton Ave. W, Unit A16
NEWMARKET
1065 Davis Dr.
18075 Yonge St.
17600 Yonge St., Unit EE22
OAKVILLE
1500 Upper Middle Rd., Unit 2
240 Leighland Ave.
OSHAWA
285 Taunton Rd., Unit 20
419 King St. W, Unit 2272
RICHMOND HILL
1070 Major Mackenzie Rd. E
THORNHILL
9200 Bathurst St., Unit 26
TORONTO
618 Sheppard Ave. W
6758 Kingston Rd., Unit 12
730 Danforth Ave.
333 Bloor St. E
2120 Queen St. E
8 Wellesley St. E
1965-1971 Yonge St., Unit A
120 Front St. E
660 Eglinton Ave., Unit 104
3151 Yonge St.
808 York Mills Rd., Unit 15-17
2400 Eglinton Ave. W
2900 Warden Ave.
130 King St. W. Unit CW15
3401 Dufferin St., Unit 108
1 Yorkdale Rd., Unit 180
1 Dundas St. W, Unit 2010
220 Yonge St., Unit H014
112-10 Dundas St. E
2901 Bayview Ave., Unit 128A
329 Parliament St.
200 Bay St., Unit UC – 132B
2248 Bloor St. W
330 Bay St.
4980 Yonge St.
1080 Yonge St.
1 Blue Jays Way, Suite 1200
SCARBOROUGH
2490 Gerrard St. E
38 Ellesmere Rd.
300 Borough Dr., Unit 49
WHITBY
1549 Dundas St. E
3490 North Brock St.

Now you can afford your dream phone

ON YOUR TERMS, NOT OURS.

INTRODUCING **FLEXtab**™

1 Low up-front payments
Pay a low initial amount for any phone when you sign up – the remaining amount is your FLEXtab balance.*

2 Your balance is reduced monthly
Your balance will reduce automatically every month until it's paid off at the end of your agreement.

3 You're in control
Pay off the remaining balance any time to be free from commitments or to upgrade your phone.

CALL 1 855 634-0244 **CLICK** rogers.com/FLEXtab **VISIT** Your local Rogers retail store

FRIENDS CONNECT EXCITING text NETWORK TALK SHARE RELIABLE ACCESS CONNECT FREEDOM LIFE NETWORK CHAT
TALK FRIENDS SURF LIFE TEXT FIRST FAST
CHAT ACCESS FREEDOM EXCITING EXCITING FRIENDS

Creating World-Leading Internet Experiences.

ROGERS™

ROGERS™ authorized dealer · ROGERS plus · WIRELESSWAVE · WIRELESS etc... · COSTCO WHOLESALE · FUTURE SHOP · SONY · booth wireless · 2001 AUDIO+VIDEO · BEST BUY · Walmart · BATTERIES N' gadgets · CELLULAPOINT

Offer available for a limited time with a 1-, 2- or 3-yr FLEXtab agreement (term varies based on plan selected) and subject to change without notice. New line activations only. Device Saving Recovery Fees and/or Service Deactivation Fee (as applicable) apply in accordance with your service agreement. *FLEXtab balance corresponds to the sum of Device Savings Recovery Fee and Additional Device Savings Recovery Fee. ©2012 Rogers Communications.

U.S. warns of potential 'massacre' in Syria

Civilians trapped. Residents of rebel-held areas face peril as government forces try to take back positions

The United States accused the Syrian government of using "new horrific tactics" Monday, as UN observers reported Syrian helicopters were firing on rebellious areas and concerns mounted that civilians were trapped in besieged cities.

Violence in Syria has spiked in recent weeks, as both sides ignore an internationally brokered ceasefire that was supposed to go into effect April 12 but never took hold.

State Department spokeswoman Victoria Nuland expressed concern about reports the regime "may be organizing another massacre" in Latakia province, where UN monitors have been impeded.

Speaking to reporters in Washington, Nuland said Syrian forces should remember Bosnia in the 1990s, and how the international community can find out who is responsible for abuses.

"People will be held accountable," Nuland warned.

Activists reported more than 50 people killed across Syria on Monday, with violence in Homs, Idlib and Latakia provinces. According to activists' accounts, Syrian troops with helicopter gunships attacked Rastan, a rebel-held town in Homs province. Rastan has resisted repeated government offensives for months.

The death toll and the online videos were impossible to independently verify.

According to videos posted online, fireballs of orange flame and black rubble exploded in the air as waves of shells pounded residential buildings in Homs on Monday. The sounds of shells whooshed through the sky and there was occasional sporadic machine-gun fire.

"What we are seeing right now are fierce clashes as the Syrian army tries to take back positions held by the rebels," said Rami Abdul-Rahman of the Britain-based activist group Syrian Observatory for Human Rights, which uses a network of sources on the ground.

"There are many deaths in the rebel ranks," he said.

International envoy Kofi Annan said Monday he was "gravely concerned" about the escalation of fighting in Syria, citing the shelling of opposition areas in central Homs province and reports of mortar, helicopter and tank attacks near the Mediterranean coast.

This citizen journalism image released by Sham News Network purports to show anti-Syrian regime mourners raising their hands on Saturday as they carry the coffins of citizens killed by government troops in Daraa, Syria. According to the Britain-based Syrian Observatory for Human Rights, many died in heavy pre-dawn shelling on the city, where the uprising began in March 2011. THE ASSOCIATED PRESS

Annan demands both sides "take all steps to ensure that civilians are not harmed," said his spokesman, Ahmad Fawzi, in a statement.

The statement said Annan is particularly worried about shelling in Homs and reports of mortar, helicopters and tanks in the town of Haffa, in Latakia province on the Mediterranean coast. "There are indications that a large number of civilians are trapped in these towns," the statement said.

"We are calling this out now in the hope that we can stop what could be a potential massacre," Nuland said.

Nuland declined to say if Washington or anyone else in the international community might take proactive measures.

Syrian activists say 13,000 people have been killed since the uprising began in March 2011. The situation has grown increasingly chaotic in recent months, and it is difficult to assign blame for much of the bloodshed. The government restricts journalists from moving freely, making it nearly impossible to independently verify accounts from either side.

THE ASSOCIATED PRESS

Quoted

"There are indications that a large number of civilians are trapped in these towns."

Ahmad Fawzi, spokesman for envoy Kofi Annan, in a statement

Students survive 9-day ordeal in NZ wilderness

Live to tell. Young American couple lived on trail mix after a snowstorm blocked their way back to civilization

Two U.S. students trapped in the New Zealand wilderness by a snowstorm trekked back out to safety after surviving their nine-day ordeal by rationing their meagre supplies of trail mix and warming themselves in hot springs.

Alec Brown and Erica Klintworth, both 21, returned to the city of Christchurch on Monday after meeting up with members of a search team — famished but otherwise in good shape, police said.

The two students, on a foreign study program in New Zealand with University of Wisconsin Stevens Point, had planned to hike and camp for a few days at some hot springs on the country's South Island. But heavy rains and a snowstorm during the Southern Hemisphere winter prevented the couple from being able to cross a river and return.

"Unfortunately it rained and rained, day after day, and snowed," Alec Brown wrote in an email to The Associated Press Monday.

He said the nights were tough to take because the rain and sleet pounded down on the tarpaulin covering their sleeping hammock and the river roared — reminding them all the time of their predicament.

When they realized they were going to be stuck they started rationing: "a biscuit and jelly one day," Brown wrote "and even less another."

It wasn't until Sunday, Brown said, that the river finally seemed safe enough to cross again. He and Klintworth prepared for their hike out by cooking up a "good meal" of rice, marshmallows, peanut butter and chocolate, he said.

THE ASSOCIATED PRESS

It's only a few days

The couple's ordeal began June 1 when friend Katie Jenkins, another UW student, dropped them off at a national park on the South Island's West Coast so they could hike and camp for a few days.

- "They were just going to the hot springs, to chill out and study for finals," Jenkins said.
- She continued with her own travels and didn't realize the couple were missing until eight days had passed, which is when she raised the alarm.

In this photo provided by Alec Brown, Alec, right, and his girlfriend Erica Klintworth pose near mountains at an unknown location. The two 21-year-old American students walked out of the New Zealand wilderness Sunday after a snowstorm trapped them for nine days. ALEC BROWN/THE ASSOCIATED PRESS

FLIGHT CENTRE® Unbeatable

Airfares

Glasgow $2
Travel Jun 15 - Jun 22/ts — + taxes & fees $497

Newcastle $2
Travel Jun 19 - Jun 27/ts — + taxes & fees $546

Orlando $7
Travel Jun 17 - Jun 24/ts — + taxes & fees $192

Jamaica $15
Travel Jun 16 - Jun 23/ts — + taxes & fees $366

London $19
Travel Jun 20 - Jun 28/wg — + taxes & fees $480

Costa Rica $95
Travel Jun 18 - Jun 25/ts — + taxes & fees $330

Paris $99
Travel Jun 17 - Jun 22/wg — + taxes & fees $523

Miami $198
Travel Jul 10 - Jul 19/ws — + taxes & fees $128

New York $198
Travel Jul 11 - Jul 15/ws — + taxes & fees $113

Rome $299
Travel Jun 19 - Jun 26/ts — + taxes & fees $479

Vancouver $299
Travel Jun 21 - Jun 25/wg — + taxes & fees $244

USA

Las Vegas Air + 4 Nights
4-Star + Cirque du Soleil
$265
New York New York — + taxes & fees $310
INCLUDES 4-star accom on the Strip. **BONUS** tickets to select Cirque du Soleil or other Las Vegas show included. Departs Jul 29/swg/wg.

Orlando Family Special
Air + 7 Nights + Car — $90◊
Orlando Continental Plaza — + taxes & fees $308
INCLUDES accom near theme parks with 7-day car rental. Price per person based on family of 4. Departs Jun 15/vth/ts. **ADD** *Walt Disney World* 4 Day *Magic Your Way* Base Ticket $253/adult, $233/child (ages 3-9). **BOOK** this package based on double occupancy for $90.

Washington DC
Air + 3 Nights — $369
Courtyard Washington DC Capitol — + taxes & fees $124
INCLUDES accom near Union Station. Departs Jun 20/ggv/ua. **UPGRADE** to 4-star Renaissance Dupont Circle for $22 per night. **ADD** city tour for $23.

New York City Independence Day
Air + 3 Nights 4-Star — $479
70 Park Avenue Hotel — + taxes & fees $158
INCLUDES Manhattan accom. Departs Jul 2/wsv/ws.

Cruise & Stay

Orlando
Air + 3 Nights + 4-Night Cruise
$499
Champions World Resort, Carnival Sensation — + taxes & fees $354
INCLUDES airfare to Orlando, 4-night cruise sailing roundtrip Port Canaveral visiting Freeport and Nassau, and a total of 3 nights accom near entertainment and shopping. **BONUS** complimentary shuttle to Walt Disney World Theme Parks, Sea World and Universal Studios included. Departs Jul 13/ggv/ccl/ts.

All-inclusive Vacations

Riviera Nayarit
6 Nights 4.5-Star — $175
Riu Jalisco — + taxes & fees $357
Departs Jun 15/swg/wg.

Punta Cana 7 Nights 4-Star — $195
Grand Paradise Bavaro — + taxes & fees $390
Departs Jun 15/swg/wg.

Riviera Maya 7 Nights 4.5-Star — $275
Barcelo Maya Beach — + taxes & fees $357
Departs Jun 15/swg/wg.

Jamaica 7 Nights 4-Star — $290
Sunset Jamaica Grande — + taxes & fees $347
Departs Jun 15/swg/wg.

Europe

London
Air + 7 Nights
$560
President Hotel — + taxes & fees $480
INCLUDES central accom near Russell Square. Departs Jun 20/vth/wg. **ADD** Red Rover Thames hop-on, hop-off Tour for $16.

Glasgow
Air + First 2 Nights 4-Star — $306
Hilton Garden Inn Glasgow City Centre — + taxes & fees $580
INCLUDES central accom located on the banks of the River Clyde. **BONUS** daily breakfast included. Departs Jun 19/vth/ts.

Paris Air + 7 Nights — $795
Best Western Ronceray — + taxes & fees $524
INCLUDES accom near Montmartre village. **BONUS** daily breakfast included. Departs Jul 26/swg/wg.

Istanbul
Air + 7 Nights 4-Star — $949
Aziyade Hotel — + taxes & fees $470
INCLUDES airport transfers and accom near the Hagia Sophia and Blue Mosque. **BONUS** daily breakfast included. Departs Aug 5/vth/ts.

LOWEST AIRFARE GUARANTEE
We will beat any airfare quote or you fly free.†

1 866 485 7092 — TEXT Join our Insider Club for hot deals. Text YYZ to 131 600 — flightcentre.ca — Visit us in store.

Conditions apply. Ex: Toronto. Air only prices are per person for return travel unless otherwise stated. Package, cruise, tour, rail & hotel prices are per person, based on double occupancy for total length of stay unless otherwise stated. All-inclusive vacations include air. Prices are for select departure dates and are accurate and subject to availability at advertising deadline, errors and omissions excepted, and subject to change. Taxes & fees include transportation related fees, GST/HST and fuel supplements and are approximate and subject to change. ◊Price is per person for quad occupancy (2 adults & 2 kids ages 2-17). vth/ts=transat, swg/wg=sunwing, wsv/ws=westjet, acv/ac=air canada, ggv=gogo vacations, ua=united airlines, ccl=carnival cruise. † We will beat any written quoted airfare by $1 and give you a $20 voucher for future travel. "Fly Free" offer applies only where all "Lowest Airfare Guarantee" criteria are met but Flight Centre does not beat quoted price. Additional important conditions apply. For full terms and conditions visit www.flightcentre.ca/lowestairfareguarantee-flyfree. Head office address: 1 Dundas St W Suite 200, Toronto, ON. Call for retail locations. ONT. REG #4671384

Sectarian tensions rise in Myanmar

Clashes. President blames violence on grievances, vengeance of ethnic groups

With residents cowering indoors, security forces patrolling a tense town in western Myanmar collected bodies Monday from homes burned to ashes in some of the country's deadliest sectarian bloodshed in years.

The conflict along ethnic and religious lines has left at least seven people dead and hundreds of homes torched since Friday and poses one of the biggest tests yet for Myanmar's new government as it tries to reform the nation after generations of military rule. The handling of the unrest will draw close scrutiny from Western powers, which have praised President Thein Sein's administration and rewarded it by easing years of harsh economic sanctions.

Thein Sein declared a state of emergency in the region late Sunday and pleaded for an end to the "endless anarchic vengeance," warning that if the situation spun out of control, it could jeopardize the democratic reforms he has begun.

The unrest — triggered by the rape and murder last month of a Buddhist girl, and the lynching of 10 Muslims in apparent retaliation — stems from long-standing tensions.

The region's Rohingya Muslims are seen by the government as illegal migrants from Bangladesh and are not officially recognized among Myanmar's ethnic minorities. Although some are recent settlers, many have lived in Myanmar for generations. The government position has rendered the Rohingyas effectively stateless, and rights groups say they have long suffered discrimination. THE ASSOCIATED PRESS

A resident throws a bucket of water at a house in flames in Sittwe, Myanmar, Monday. KIHN MAUNG WIN/THE ASSOCIATED PRESS

Vatican

Health details of ex-bank chief published

The Vatican said Monday it "truly regrets" the publication of a letter from a psychotherapist detailing the mental health of the Vatican's recently ousted bank chief.

The letter, published Saturday, appeared aimed at further discrediting and humiliating the Vatican bank's ex-president, Ettore Gotti Tedeschi, once a top papal adviser. The board ousted Tedeschi, accusing him of failing to do his job, leaking documents and impeding the Vatican's efforts to be more financially transparent.

THE ASSOCIATED PRESS

New Jersey

Yacht explodes near vacation spot

A motor yacht with people aboard exploded on Monday near a popular summer vacation spot and quickly sank, but no injuries were immediately confirmed, the U.S. Coast Guard said.

Twenty-one people were aboard the yacht, the Blind Date, when the blast occurred Monday afternoon about 17 nautical miles due east of Sandy Hook, in central New Jersey, authorities said. Everyone aboard apparently made it on to life rafts, according to a Coast Guard spokesman, who said there were unconfirmed media reports of at least seven injuries. The cause of the blast was unknown.

THE ASSOCIATED PRESS

South Asian 'Spring'?

Supporters of Bangladesh's 18-party opposition alliance hold a mass rally in Dhaka, Bangladesh, Monday. The opposition led by former prime minister Khaleda Zia is demanding that the government restore a caretaker government system to oversee the next general elections slated to be held in 2014.

ZIA ISLAM/THE ASSOCIATED PRESS

Former Penn State University assistant football coach Jerry Sandusky arrives at court Monday for trial. GENE J. PUSKAR/THE ASSOCIATED PRESS

Ex-football coach a serial predator, court hears

Jerry Sandusky. Trial of former Penn State assistant coach, who's charged with abusing 10 boys, begins

The prosecutor called Jerry Sandusky a serial predator in opening statements Monday, while a defence lawyer said the young men accusing the former Penn State assistant football coach of sexual abuse had a financial interest in the outcome.

Senior Deputy Attorney General Joseph McGettigan III opened Sandusky's highly anticipated trial Monday by telling jurors that the 68-year-old retired coach was a pedophile who took advantage of fatherless children or those with unstable home lives and sexually abused them for years.

McGettigan said he would prove that the abuse included oral and anal sex involving boys Sandusky met through a children's charity.

Sandusky faces 52 criminal counts that he sexually abused 10 boys over 15 years, allegations he has denied.

THE ASSOCIATED PRESS

Dark day for college ball

Sandusky's lawyer, Joe Amendola, said the young men who would take the stand are accusers, not victims. He said jurors may find it odd that Sandusky showered with children, but that it was innocuous, and part of Sandusky's upbringing.

- Two Penn State administrators are awaiting trial on charges they failed to properly report suspected abuse and lied to the grand jury.
- His arrest and the fallout led to departures of longtime football coach Joe Paterno and the university president.

Dongguk University

Lawsuit against Yale thrown out

A U.S. judge has dismissed a lawsuit against Yale University by a South Korean university that claimed it lost tens of millions of dollars after Yale damaged its reputation.

Dongguk University claimed in the 2008 lawsuit that Yale wrongly confirmed that an art history professor Dongguk hired earned a doctorate at the school.

Court papers say Shin Jeong-ah later had a scandalous affair with an aide to South Korea's president at the time.

Dongguk sued Yale for more than $50 million, saying it lost that amount in government grants, alumni donations and the costs of building a law school the government later refused to approve.

The judge dismissed allegations of defamation and negligence, saying there was a lack of evidence of malice.

THE ASSOCIATED PRESS

Red Hot Chili Peppers

Drummer Chad Smith booed

The drummer for the Red Hot Chili Peppers was booed at an Ohio show, highlighting the deep football rivalry between Ohio State University and the University of Michigan.

Drummer Chad Smith was booed by a large crowd at Ohio State University last week after he began to sing a few lyrics to Michigan's fight song.

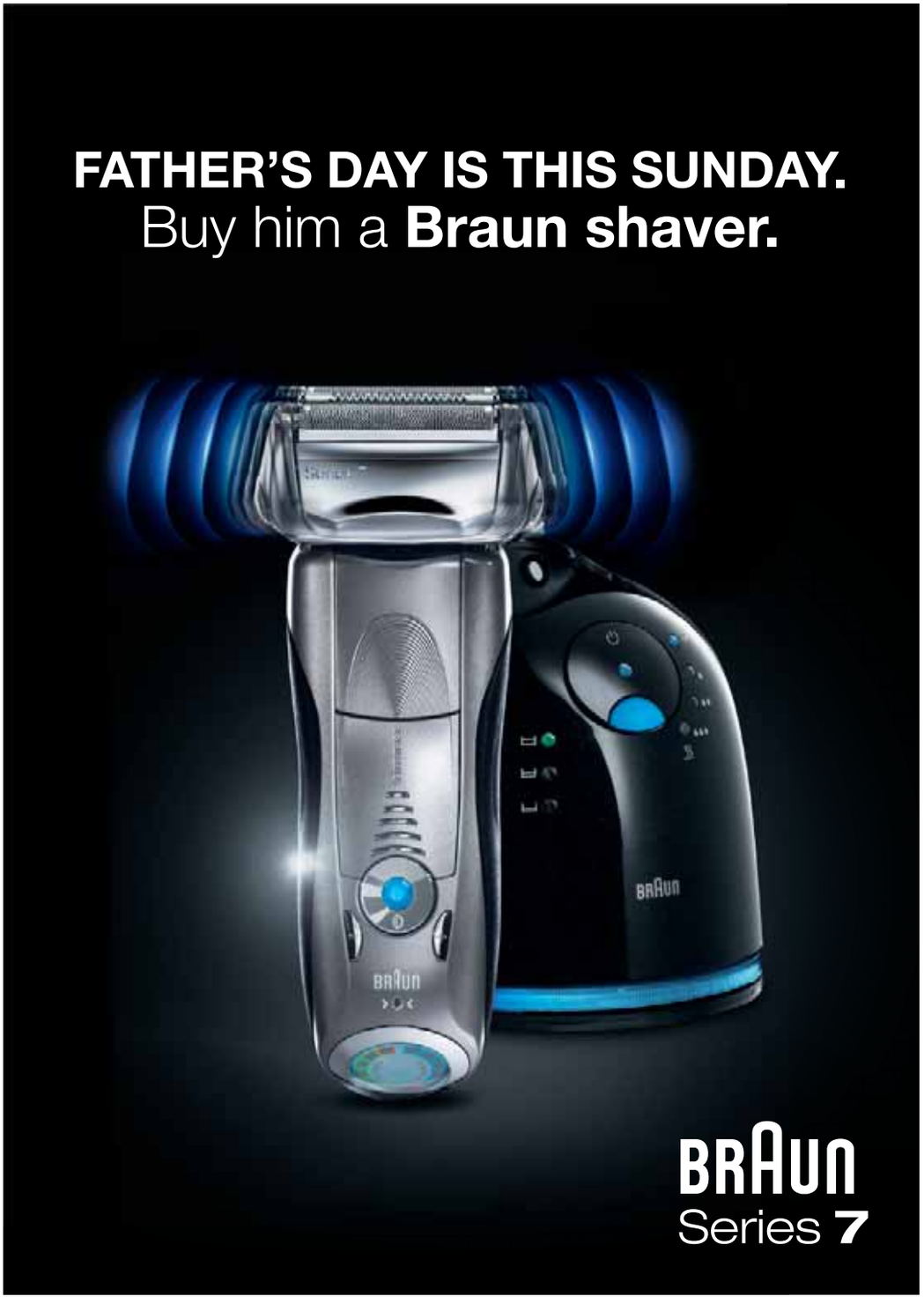
Smith walked around the stage after the band's encore performance last Monday and threw his drumsticks into the crowd.

Then he grabbed the microphone and began to sing the lyrics to "The Victors."

The Columbus crowd immediately began to boo him as he dropped the microphone and walked away.

Smith didn't attend Michigan but grew up in the Detroit area.

THE ASSOCIATED PRESS



Greek extremist suing politicians he attacked on TV

Avoided arrest. Golden Dawn party spokesperson claims he was hit first

The Greek extreme-right party spokesman who caused an uproar last week by slapping one female politician on live TV and throwing a glass of water on another has sued the two women as well as the television channel that hosted the news show.

The move Monday by Ilias Kasidiaris, the 31-year-old spokesman for the extremist Golden Dawn party, is the latest twist in a bizarre political saga. Kasidiaris himself avoided an arrest warrant for the confrontation last Thursday, resurfacing late Sunday after the warrant had expired.

Kasidiaris appeared at an Athens court Monday, flanked by other party members, to submit lawsuits against Communist Party candidate Liana Kanelli and Syriza party member Rena Dourou on charges of alleged unprovoked insults and against Antenna television for alleged illegal detention.

Ilias Kasidiaris
PETROS KARADJIAS/THE ASSOCIATED PRESS

Authorities had issued an arrest warrant for Kasidiaris after he threw water over Dourou and then slapped Kanelli hard three times across the face during a heated discussion on a morning political show Thursday. A video of that show has been widely seen on the Internet.

Under Greek law, an arrest warrant for a misdemeanour must be carried out by midnight the day after the act has occurred, in which case a trial is immediate. If the suspect is not apprehended within that time frame, the case turns into a judicial procedure in which a trial date is set, often for several months or even years later. Kasidiaris laid low immediately after the incident, but resurfaced Sunday evening at the opening of a Golden Dawn office in an outlying part of Athens.

Kasidiaris argues that he was provoked by insults during the television show and that the 58-year-old Kanelli hit him first with a newspaper.

THE ASSOCIATED PRESS

Thwarting Russian protesters

An investigator guarded by Russian police officers carries a box after a police search in Russian opposition leader Alexei Navalny's apartment in Moscow on Monday. Russian investigators searched the apartments of several protest leaders and called them in for questioning Tuesday, making it difficult if not impossible for them to lead a mass demonstration against President Vladimir Putin planned for the June 12 national holiday. LEONID LEBEDEV/THE ASSOCIATED PRESS

Litter removal

KKK group wants to adopt a highway in Georgia

A Ku Klux Klan group is trying to join Georgia's Adopt-A-Highway program for litter removal, creating a quandary for state officials.

The International Keystone Knights of the KKK applied last month to adopt a short stretch of Route 515 in the Appalachian Mountains.

THE ASSOCIATED PRESS

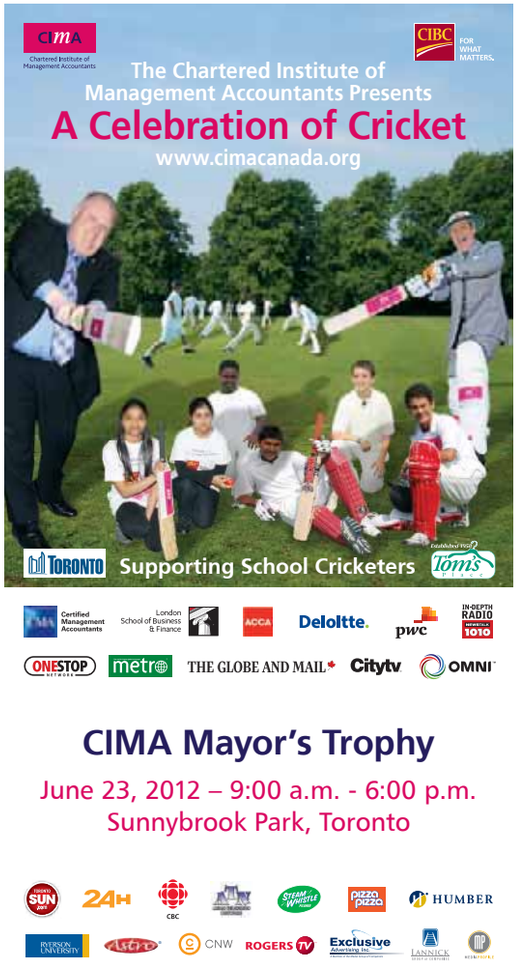
Ironic

Kindness of America writer shot

A man who is hitchhiking across the U.S. and writing a memoir called The Kindness of America was hurt in a random, drive-by shooting, authorities said.

Ray Dolin was sitting by a rural highway in Montana waiting for a ride Saturday when a man drove up, shot him in the arm and drove off, a sheriff said. Dolin approached the truck thinking the driver was offering him a ride, the sheriff said.

THE ASSOCIATED PRESS


CIMA Chartered Institute of Management Accountants
CIBC FOR WHAT MATTERS.
The Chartered Institute of Management Accountants Presents
A Celebration of Cricket
www.cimacanada.org
TORONTO Supporting School Cricketers
Established 1969 Tom's
Certified Management Accountants
London School of Business & Finance
ACCA
Deloitte.
pwc
IN-DEPTH RADIO 1010
ONESTOP
metro
THE GLOBE AND MAIL
Citytv
OMNI
CIMA Mayor's Trophy
June 23, 2012 – 9:00 a.m. - 6:00 p.m.
Sunnybrook Park, Toronto
SUN
24H
CBC
STEAM WHISTLE
pizza pizza
HUMBER
RYERSON UNIVERSITY
Astro
CNW
ROGERS TV
Exclusive Advertising Inc.
LANNICK

Toronto Memory Program

DO YOU KNOW SOMEONE WITH ALZHEIMER'S DISEASE?

Toronto Memory Program is now conducting a research study evaluating an investigational medication for those with Alzheimer's disease.

PARTICIPANTS MUST BE:

- Between 50 and 80 years of age
- Diagnosed with Alzheimer's disease and may have had a possible stroke(s).

There is no cost associated with participation. For more information, call Toronto Memory Program at 416-386-9606 or write to us at research@memorydisorders.ca

Toronto Memory Programs is an OHIP funded clinic specializing in diagnosis and treatment of Alzheimer's disease and related disorders.

(416) 386-9761
1 VALLEYBROOK DRIVE, SUITE 400
TORONTO, ONTARIO, M3B 2S7
TORONTOMEMORYPROGRAM.COM

I'm always fascinated by the way memory diffuses fact.
Diane Sawyer

HERZING COLLEGE
Put yourself in high demand with a career as a
COMMUNITY SERVICES WORKER or MEDICAL OFFICE ADMINISTRATOR
JUNE START DATES!
CALL NOW: 1.888.639.2273
HEALTHCARE CAREERS IN DEMAND
With our aging population, careers in healthcare have never been stronger. To meet this demand, Herzing College offers two diploma programs that include internships to gain work experience right away.
Why Choose Herzing College?
• Educating students in Toronto since 1968
• Internship with every diploma program
• Excellent full-time Career Services Department
• Instructors with industry experience
• You will focus on one subject at a time
• Conveniently located in the Toronto Eaton Centre
• Student Loans & Grants available if you qualify
• No classes on Fridays!
Join us on facebook.com/herzingtoronto
www.herzing.ca Toronto Eaton Centre Campus

Real estate crash in Toronto, Vancouver unlikely: TD Bank

Housing market. Condos at greatest risk in both cities, but there may be enough demand to absorb the supply, report finds

Vancouver and Toronto home prices will probably experience a relatively mild downturn — of about 15 per cent — in two to three years, but not the dramatic drop that hit the United States a few years ago, according to a report by the Toronto-Dominion banking group.

TD said Monday the 15 per cent decline in Canada's two most expensive cities is likely in a few years but it will be gradual, rather than the sudden drop of 30 per cent seen in the U.S. real estate market after it peaked in late 2007.

Market Minute

DOLLAR 96.97¢ US (-0.4¢)

TSX 11,401.78 (-98.85)

OIL $82.70 US (-$1.40)

GOLD $1,596.80 US (+$5.40)

Natural gas: $2.218 US (-8.1¢)
Dow Jones: 12,411.23 (-142.97)

The bank's analysis is consistent with other warnings that Vancouver and Toronto real estate is generally overpriced, but supported by low interest rates and a stable economy.

That's not likely to change this year unless there's a major economic shock from outside the country, the TD report said.

In the meantime, TD says Vancouver's real estate market is stabilizing after soaring last year and Toronto prices appear poised for a robust increase.

"Some observers might point to the recent data in Vancouver as evidence that housing activity is going through a long-awaited correction. But the jury remains out. As we've pointed out, despite the recent pull-back in sales, the market remains in balanced territory and underlying prices are continuing to expand," wrote TD economists Derek Burleton and Leslie Preston.

"In our view, Vancouver's market is likely to show increased stability over the remainder of this year. Meanwhile, there appears to be little stopping Toronto's market from recording robust gains and continuing to play catch-up with its West Coast counterpart."

THE CANADIAN PRESS

Are you overweight or obese and suffer from Obstructive Sleep Apnoea (OSA)?

It has been shown that weight loss can have a beneficial effect on the severity of your OSA and your overall health.

We are seeking volunteers for a clinical study involving a novel treatment that has been shown to cause weight loss in overweight and obese people.

Qualified Participants must:

- Be 18-64 years of age
- Be overweight or obese (BMI ≥ 30 kg/m²)
- Have severe or moderate OSA
- Not have type 1 or type 2 diabetes
- Not be able to use or do not want to use Continuous Positive Airway Pressure (CPAP) treatment
- Be able to attend 13 visits over a period of 36 weeks (8 months)

Qualified Participants will receive:

- The investigational medication
- Medical care
- Diet and exercise counseling
- Pedometer
- Compensation for your time and travel will also be provided.

For more information please call our research coordinator at:

TORONTO SLEEP INSTITUTE
586 Eglinton Ave E, Suite 208
Bayview/Eglinton
Phone: 416 488 6980 ext. 28
e-mail: research@medsleep.com

NN8022-3970 Version 2.0 CA 23-Apr-2012

comwave®
Home Phone

Home Phone
Unlimited Calling
To over 60 countries including
Pakistan & India

You can keep your existing phone number

Unlimited LOCAL $14.95 /Month
• Unlimited local calling • 14 free features

Unlimited CANADA $19.95 /Month
• Unlimited local calling • 14 free features
• Unlimited CANADA calling

Unlimited GLOBAL $29.95 /Month
• Unlimited local calling • 14 free features
• Unlimited North America calling
• Unlimited calling to almost 60 countries

Now includes Unlimited calling to Pakistan & India

Limited time offer
6 Months FREE

CONSUMER CHOICE AWARD 2012 BUSINESS EXCELLENCE
Ranked #1
Home Phone Service
Consumer Choice Award

1-866-543-5097

While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time. HOME PHONE USES 9-1-1 has certain limitations versus traditional 9-1-1. All Unlimited Plans do not include calls to the Yukon, Nunavut, N.W.T., Alaska and Hawaii. The 6 Months Free Promotion is based on a 1-YR term and includes a 30-day Satisfaction Guarantee period. If you are not 100% completely satisfied, you may terminate the service anytime within the Satisfaction Guarantee Period with no further obligation. If you transfer your existing phone number from your current provider to Comwave within the first 30 days, you will receive an additional 3 months free for a total of 6 months free. Comwave's residential plans and features are to be used for residential, non-commercial use. A combination of factors is used to determine abnormal use. Unlimited usage is subject to our reasonable usage policy and terms of service. Terms and conditions apply, see www.comwave.ca for details.

THERE'S NO DEFENCE FOR DIGITAL SNOOPING

SHE SAYS...
Jessica Napier
metronews.ca/shesays

I hate to admit it, but sometimes I can't resist the urge to take a nosy peek through the contents of my boyfriend's cellphone.

I've never felt suspicious of him, maybe just a bit curious as to what I might find. Fortunately, I've never discovered any incriminating materials or made any startling revelations about our relationship. All I ever find is a series of missed calls from his mother and an embarrassingly low Angry Birds score.

I spy with my little eye

"While feeling the desire to pry into password-protected belongings isn't intrinsically wrong, acting upon it certainly is."

Even though my occasional smartphone spying is relatively harmless, I always feel foolish and irritated with myself afterwards for acting like a jealous teen. Being in a grown-up relationship requires a certain level of trust. So while feeling the desire to pry into password-protected belongings isn't intrinsically wrong, acting upon it certainly is.

For some people, a logged-in Facebook account or an unlocked iPhone is just too tempting. If you do give in to the urge, it's always a disappointing experience. You'll never find a series of text messages to his or her friends about how amazing you are. Best-case scenario, you'll scroll through a series of boring work emails and perhaps a few photos of the two of you. At worst, you'll catch your partner in a hazardous web of secrecy and lies.

So why do we spy even though we know that no good can come from it? The desire to play detective can stem from many things: Suspicions of foul play, insecurity or jealousy. But whatever the reason, even if it is just innocent curiosity, there's no respectable excuse for violating your partner's privacy.

Not only is it morally questionable to breach someone's personal property, it can be an emotional minefield. Hacking into a Facebook account to find proof of infidelity might validate your jealousy, but it isn't going to make you feel any better. The catch-22, of course, is that you can't confront your adulterous other half without exposing your own immature, unethical behaviour.

Happy, healthy relationships are the result of hard work and open communication. If you're not satisfied with face-to-face dialogue and feel the need to go behind the other person's back, well, then something isn't right.

Ultimately, there is no excuse for betraying your partner's trust in the name of private investigation. So think before you act and be honest with yourself — you're not doing it to learn more about his or her taste in apps, you're hoping to find something incriminating.

And remember, if you go looking for something bad, you're probably going to find it.

Unearthing China's past

THE ASSOCIATED PRESS

Warriors revealed

Standing tall, again, centuries later

A terracotta warrior is unearthed at the excavation site inside the No. 1 pit of the Museum of Qin Shihuang Terracotta Warriors and Horses in Xi'an, in central China's Shaanxi province, in this photo taken on Saturday.

Chinese officials said archaeologists unearthed 110 terracotta warriors that laid buried for centuries. THE ASSOCIATED PRESS

Researchers unearth statues at the excavation pit. The statues were originally built to guard the tomb of China's first emperor. THE ASSOCIATED PRESS

Historic find

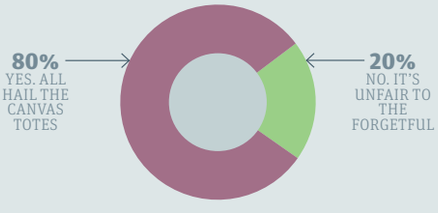
"The most significant discovery this time around is that the relics that were found were well-preserved and colourfully painted."

Shen Maosheng, deputy head of the Museum of Qin Shihuang Terracotta Warriors and Horses archaeology department, speaking to the AFP of the three-year project.

Look and you shall find. GETTY IMAGES

Metropolitan Panel Register at metropolitanpanel.ca and take the quick poll

Should cities ban plastic bags?



Twitter

@csargautis: Sad to be missing @CeremonyHC & many other @nxnefest acts this weekend. Someone please go and scream very, very loud for me.

@LincolnWayNight: I see some retro @BlueJays jersey right now

@RyanCHickman: Brett Lawrie vs Bryce Harper tonight. This should be good!

@apopatia: Have so much respect for Sheva,, being 35 and scoring for your country. Hope I can be just like him #classispermanent

@WONDIFRXH: I love love love love love when tall guys hug me and just wrap their arms around my head.

@FatimaMMorgado: #10SignsShesTheOne You thought about her when you read this tweet.

metro **President and Publisher** Bill McDonald • **Editor-in-Chief** Charlotte Empey • **Deputy Editor** Fernando Carneiro • **Managing Editor, Toronto** Tarin Elbert • **Managing Editor, News & Business** Amber Shortt • **Managing Editor, Life & Entertainment** Dean Lisk • **Vice-President, Sales** Quin Millar, **National Sales Director** Peter Bartrem • **Retail Sales Manager** Joshua Green • **Distribution Manager** Steve Malandro • **Vice-President, Business Ventures** Tracy Day • **Vice-President, Marketing & Interactive** Jodi Brown • **Vice-President, Finance** Phil Jameson • **METRO TORONTO** 625 Church St., 6th Floor Toronto ON M4Y 2G1 • **Telephone:** 416-486-4900 • **Fax:** 416-482-8097 • **Advertising:** 416-486-4900 ext. 250 • adinfotoronto@metronews.ca • **Distribution:** toronto_distribution@metronews.ca • **News tips:** toronto@metronews.ca • **Letters to the Editor:** torontoletters@metronews.ca

MEMBERS GET

THE HOT NEW BLACKBERRY® SMARTPHONE FOR $0.

Plus, get 100 MB of data on the house for three months when you hook up any jam-packed Talk & Text plan.

BlackBerry Curve.
with Dedicated BBM™ Button

$0

GET HOOKED UP WITH OUR $25/mo. TALK & TEXT PLAN.

- 100 Canada-Wide Anytime Minutes
- **UNLIMITED** Canada-Wide Weekends and Evenings from 7pm
- **UNLIMITED** Canada, U.S. and International Text & Picture Messaging OR Voicemail & Call Display
- BONUS! 100 MB of Data

+ Exclusive Member Access & Deals

SCENE™ THE BODY SHOP® H&M

virginmobile.ca/blackberry

Virgin mobile

IT'S BETTER TO BE A MEMBER

Virgin mobile · THE SOURCE · FUTURE SHOP · Walmart · BEST BUY · BEST BUY mobile · WIRELESSWAVE · booth wireless · WIRELESS etc... · COSTCO WHOLESALE · THE MOBILE SHOP · VIRGIN MOBILE AT MUCH

Limited time offer. One-time activation fee ($35) may apply to each line. Taxes extra. 911 monthly fees apply in NB (53¢), NS (43¢), PEI (50¢), SK (62¢) and QC (40¢). Unlimited Text & Picture Messaging applies to messages sent from Canada and excludes premium text messages. Blackberry® device and data offer ends July 11, 2012, and is available with new Blackberry® smartphone activation on a three-year term or the Virgin Mobile SuperTab™ with a Talk & Text plan. After the first three months of the free 100 MB data, the then current rate (now $15/month) applies thereafter. Upon early termination, price adjustments apply; see your Service Agreement for details. Subject to change without notice and cannot be combined with other offers, unless otherwise indicated. Phone and some colours may not be available at retailers. See virginmobile.ca for complete details and restrictions. Screen image simulated. Member Benefits subject to change/cancellation at any time without notice. BlackBerry®, RIM®, Research In Motion®, BBM™ and related trademarks, names and logos are the property of Research In Motion Limited and are registered and/or used in the U.S. and countries around the world. Used under licence from Research In Motion Limited. All other trademarks, trade names, logos and product names may be the trademarks of their respective owners. The VIRGIN trademark and family of associated marks are owned by Virgin Enterprises Limited and used under licence. All other trademarks are trademarks of Virgin Mobile Canada or trademarks and property of the respective owners. © 2012 Virgin Mobile.

MOBILE ENABLED

†0% purchase financing offered on approved credit by TD Auto Finance Services for 84 months on new or demonstrator 2012 Chevrolet Sonic. Rates from other lenders will vary. Down payment, trade and/or security deposit may be required. Monthly payment and cost of borrowing will vary depending on amount borrowed and down payment/trade. Example: $15,975 at 0% APR, the monthly payment is $190.18 for 84 months. Cost of borrowing is $0, total obligation is $15,975. Offer is unconditionally interest-free. Freight ($1,495) and air tax ($100 if applicable) included. License, insurance, registration, PPSA, applicable taxes and fees not included. Dealers are free to set individual prices. Offers apply to qualified retail customers only. Limited time offer which may not be combined with certain other offers. GMCL may modify, extend or terminate offers in whole or in part at any time without notice. Conditions and limitations apply. See dealer for details.

DVD reviews

Sherlock Holmes: Game of Shadows

Director. Guy Ritchie

Stars. Robert Downey Jr., Jude Law, Jared Harris

It was elementary that there'd be a sequel after the success of Robert Downey Jr.'s first muscular evocation of the Sleuth of Baker Street. But did it have to be this mechanical? Teamed again with Jude Law as his bromantic partner Dr. Watson, Downey gets off a few good lines and achieves some mild suspense. But his first screen pairing with Prof. Moriarty (Jared Harris), the classic Holmes nemesis, is drained of passion for much of the picture. Returning director Guy Ritchie favours endless versions of slo-mo previews of action sequences. Downey, Law and Ritchie need to do some detective work to find more compelling scripts, if this franchise has hope.
PETER HOWELL

In Darkness

Director. Agnieszka Holland

Stars. Robert Wieckiewicz, Benno Furmann

The shorthand description of In Darkness, a stirring work by Polish director Agnieszka Holland, is that it's a subterranean version of Schindler's List. This film and the Steven Spielberg Oscar winner both feature accidental heroes, people moved by circumstance to aid Hitler's prey. Schindler's counterpart is Leopold Socha (Robert Wieckiewicz). He makes In Darkness seem as much a description of his soul as it is of tunnel life beneath the streets of Nazi-occupied Lvov, Poland.
PETER HOWELL

Adam Sandler and Andy Samberg star in That's My Boy, which opens Friday. HANDOUT

Funnyman Sandler ramps up the raunch

That's My Boy. Actor treads into R-rated comedy territory for the first time — with Andy Samberg in tow

NED EHRBAR
Metro World News in Hollywood

Folks who aren't the biggest fans of Adam Sandler's brand of humour might find it hard to believe, but he's never starred in an R-rated comedy — until his latest, That's My Boy, that is. While his rare dramatic efforts generally get the restricted rating, Sandler has stuck firmly in PG-13 territory when it comes to his comedies. And it's paid off for him. In the past five years, only two films starring Sandler — the drama Funny People and last year's dismal Jack and Jill — have grossed less than $100 million at the U.S. box office, and worldwide his movies have pulled in $3.2 billion. So if playing to the middle school crowd had proved so lucrative for him, why risk ramping up the raunch now?

"I've done some stuff in the past few years where I've cursed a bit and it felt good," Sandler admits, though he says his decision to go with the R-rated That's My Boy was purely motivated by the story itself. "It was just a funny script. I liked the idea, and I liked the idea of hanging out with everybody."

But certainly for Sandler — who has proved a savvy producer and executive with Happy Madison Productions — that's not really it. After all, in the past few years R-rated comedies have become a viable proposition for studios once again, especially with the success of films like the Hangover and Bridesmaids. For a man that's made millions keeping it clean, such a sea change couldn't have gone unnoticed.

"It was fun to speak the way that I speak in my bathroom," Sandler says. "I grew up cursing a lot. It felt natural. My parents told me to stop. They weren't enjoying my albums, and they weren't enjoying a lot of the things I did with my life. And then, my father passed away and he's not here to yell at me anymore. I bullied my mother and said, 'Here comes some more dirtiness.'"

Still, as much fun as Sandler had, he insists he's still taking everything on a project-by-project basis — though that of course could change if That's My Boy performs well. "If a movie comes to me that is rated R and I like it and connect with it, I would do that," he says. "But it wasn't a choice. I don't know what I'm doing next. I never know what's coming next."

SNL memories

Sandler's words of advice

Co-starring with Andy Samberg — who recently announced his departure from Saturday Night Live — gave SNL alum Adam Sandler a chance to think about his own departure from the long-running comedy show 17 years ago. "You're scared when you go. SNL is a home," Sandler says. "There are 20 shows a year and you're definitely going to get on some of them and get to do your thing. When that goes away, there's no life jacket. You're just on your own and you've gotta figure it out."

2

SCENE

Scene in brief

Jersey Shore's Cortese arrested

A Jersey Shore cast member has been arrested in the New Jersey town where the MTV show is based. Seaside Heights Police Chief Tommy Boyd tells WNBC TV in New York that Deena Cortese was arrested Sunday afternoon on a disorderly conduct charge. Boyd says a borough officer saw Cortese "a little intoxicated" and standing in the middle of a street, slapping cars that were driving by. Boyd says Cortese was taken to police headquarters and later released on a summons. MTV publicists did not immediately respond to requests for a comment, and a number for Cortese could not be located.
THE ASSOCIATED PRESS

On the web

A moody Mad Men season finale with Don Draper, a man who has it all, except contentment

IN THEATRES JUNE 22

YOU COULD WIN A TRIP FOR FOUR TO SCOTLAND!

Secondary prizes include a pair of passes to the advance screening of BRAVE!

Plan your Brave experience at:
Royal Scottish Tours
Visit royalscottishtours.com and plan your Scottish Vacation today!

VISIT clubmetro.com TO ENTER

To enter and for full contest details visit clubmetro.com

CIRQUE DU SOLEIL

AMALUNA

DIRECTED BY DIANE PAULUS

PRESENTED BY

Desjardins

GET YOUR TICKETS TODAY!
cirquedusoleil.com

OPENS SEPTEMBER 6
THE PORT LANDS

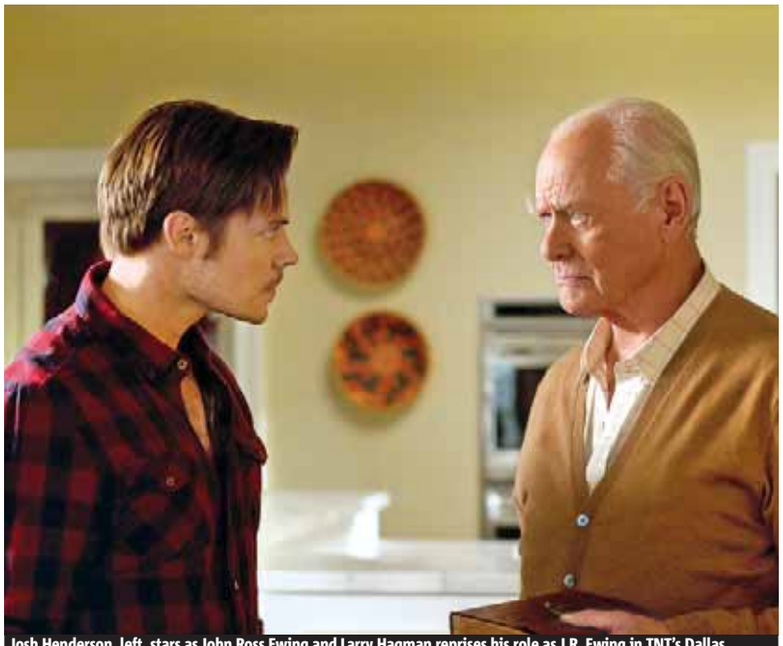
ENHANCE YOUR EXPERIENCE AND
MAKE THE NIGHT VIP ROUGE™
GROUP SALES AND ♿: 1-800-450-1480

OFFICIAL SPONSORS

INFINITI Inspired Performance · CGI · xerox · ROGERS

MEDIA PARTNERS

cbc.ca · metro



Josh Henderson, left, stars as John Ross Ewing and Larry Hagman reprises his role as J.R. Ewing in TNT's Dallas.
THE ASSOCIATED PRESS, TNT

Guess who's back?

Television. Dallas is reborn on TNT with new characters, conflicts and villainy — and JR Ewing, too

"I hate to hit a man below the belt, but you know I will," says JR Ewing. "No hard feelings."

No hard feelings at all, JR We're just feeling thrilled to have you back.

And as he resumes his special grade of sweet-crude villainy, TNT's resurrection of Dallas does the near-impossible. It reclaims the soapy and sinister charm that made this saga a hit for 14 seasons until relinquishing its hold on CBS' Friday lineup in 1991. And it ushers in a new generation of at-odds characters to supplement such timeless personalities as JR (Larry Hagman), his former wife Sue Ellen (Linda Gray) and his ever-upright brother Bobby (Patrick Duffy), while folding in contemporary plot lines, notably the push by Bobby's son Christopher to profit big from renewable energy — which, of course, is heresy to JR and his own son John Ross, whose veins flow with oil.

All this awaits viewers on the back-to-business Dallas (with a two-hour premiere Wednesday at 9 p.m. ET).

But wait! There's even more to look forward to: JR, undiminished by the passing years, is meaner and more diabolical than ever.

"In my wildest imagination," Bobby's wife Ann (played by Brenda Strong) wails at him, "I never dreamed you would stoop to this," to which JR advises, "Well, you're just gonna have to work on your imagination."

Showtime

- Dallas premieres Wednesday at 9 p.m. on Bravo and in the U.S. on TNT.
- The new version lovingly honours its grand heritage, including the proud theme music and opening titles, with their shifting panels of updated Texas imagery.

As the series begins, Bobby is preparing to sell Southfork to a conservancy that would guarantee the ranch's vast, pristine acreage can never be despoiled by oil rigs. Little does Bobby suspect that his nephew, John Ross, is already drilling Southfork land on the sly.

Across town, JR, who since we last saw him lost Ewing Oil and much of his fortune, resides in near-catatonic gloom at a retirement facility.

But never fear: News that Southfork is about to be sold jolts JR back to gleeful, vengeful life. His cold hawk eyes glisten. His tufted eyebrows rise like devil's horns. His wicked grin gleams.

"It feels like coming home," says Larry Hagman.

He's talking about the new Dallas and the opportunity to play JR again in the company of his Dallas pals. The only thing bothering the 80-year-old TV legend right now: the salsa before him needs a little kick. "You got any hotter stuff?" he asks the waiter.

Hagman, his Stetson parked on the table by his plate, has joined Linda Gray and Josh Henderson, who plays their son, at a barbecue restaurant in midtown Manhattan to talk with a reporter about the show.

"It moves so quick," says Hagman with a chuckle, referring to the brisk pace and twisted narrative. "The old shows just drag along: long, long pauses; come in for a close-up where the actor's doing nothing. On this show, they don't waste any time!"

"The attention to detail, that's what impresses me," says Gray, still beautiful at 71. She speaks of a meeting early on with one of the producers, "and he said, 'What do you think Sue Ellen should wear?' Most executive producers don't ask that. They leave it to the wardrobe people."

"Ohhhh, my God!" gasps Hagman, who has just sampled the revved-up salsa. "I need an Arnold Palmer to put that fire out!"

Henderson is known for playing the bad-boy nephew of Nicolette Sheridan on Desperate Housewives and his starring role on the 2005-06 FX drama series Over There as a soldier wounded in the Iraq war.

Born in Dallas 30 years ago and raised in Tulsa, Okla., he was familiar with Dallas from his childhood.

"I don't really remember watching it, because I was so young, but I knew it was a big deal. My meemaw watched it every week, and my aunt, who had kids in sports playing on Friday nights, saved up money to buy a VCR, which cost $1,000 in those days, to record Dallas while they went to the kids' games.

"That's how important Dallas was to them."

THE ASSOCIATED PRESS

Back on the scene with Sweet Emotion

Music. Aerosmith puts past troubles behind them as group embarks on summer tour and new album

Aerosmith's Joe Perry, left, and Steven Tyler are pictured at a news conference earlier this year to announce the band's Global Warming Tour, which begins this Saturday in Minneapolis. KATY WINN/THE ASSOCIATED PRESS

Aerosmith has flown with turbulence for most of the group's 40-year career, but things in the band seem to be absolutely blissful as a summer tour begins.

"We've already gone through all our problems," Steven Tyler said in a recent interview, laughing with Joe Perry.

Aerosmith has had its share of feuds, most recently in 2009, when Perry lashed out at Tyler after the American Idol judge fell off a stage during the band's concert tour and injured himself, forcing the band off the road. Perry questioned Tyler's dedication to Aerosmith and even floated the idea of a new lead singer, but they publicly made up.

"Joe and I were fighting for a while, that's no secret," Tyler said. "But whatever demons or realities were going on in the band, it happens with bands that stay together for 40 years and have the success that we have."

Perry agreed.

"It's only as good as those two hours on stage," the guitarist said. "The rest of it, I have no idea how it works. With Aerosmith, we put one foot in front of the other and hope for the best."

Aerosmith (which includes guitarist Brad Whitford, bassist Tom Hamilton and drummer Joey Kramer) starts the Global Warming tour with Cheap Trick on Saturday in Minneapolis. Later this summer is the release of the band's first studio album of all-new material since Just Push Play in 2001.

Music From Another Dimension marks the first time in a decade that Perry and Tyler wrote music together. Tyler says despite the time it took to get back to basics, once they did, it was like a "fine wine."

"It's the same bottle man. We just corked it. Everything that was cooking inside and fermenting to that just right year just happened to be now. It was the perfect time," Tyler said.

Perry said the album was 10 years in the making, with riffs he wrote back in 2002 and chord progressions from today. He feels they fit nicely in what he describes as "playing the old songs new and the new songs old" to keep the band lean and mean — part of Perry's commitment to keep Aerosmith from becoming a nostalgia act.

"There are bands that don't talk to each other for five years, and then get back together and go out and play their songs, and they turn into the best cover band of their own songs," he said.

"That's fine and well, but for us it will be always changing. We've been trying to write this record for 10 years, and we finally did."

THE ASSOCIATED PRESS

Quoted

"Joe and I were fighting for a while, that's no secret. But whatever demons or realities were going on in the band, it happens with bands that stay together for 40 years and have the success that we have."

Aerosmith frontman Steven Tyler on his relationship with guitarist Joe Perry

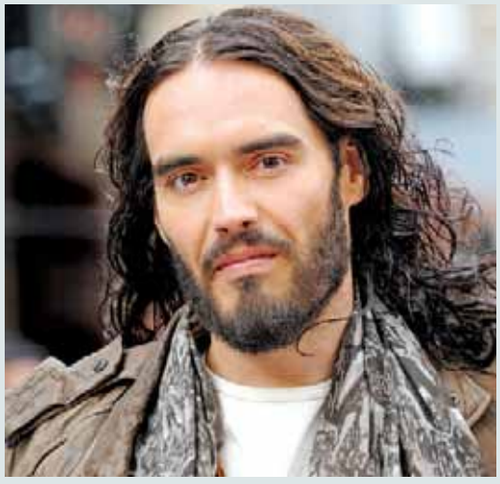
METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Brand is going for this look, thank you

THE WORD
Monica Weymouth
scene@metronews.ca



He was on home turf and brought his mom as a date, but even still, Russell Brand couldn't catch a break at the London premiere of Rock of Ages. While the comedian walked the red carpet for his new film, fans yelled that he looked like "Jesus" and a "homeless person."

Brand — like most people confined to skin-tight jeans and ornamental cowboy boots — didn't risk getting in a fight, instead taking it as a compliment.

"I'd like to play Jesus, and wasn't he homeless for a while too?" he answered, according to UK newspaper The Mirror.

He also admitted that his role as a rocker with a wild streak wasn't that much of a stretch.

"When I was lying on the toilet floor I thought, 'Hello, here we are again on my own,'" says Brand, who struggled publicly with drugs and alcohol before sobering up.

Lady Gaga ALL PHOTOS GETTY IMAGES

She's on the edge... of passing out: Gaga goes on post head bonk

Lady Gaga reportedly suffered a concussion after a backup dancer accidentally whacked her in the head with a pole during a concert in Auckland, New Zealand, according to Us Weekly.

But while she was seen staggering backward after the blow, the singer continued, finishing her show.

"Gaga has a concussion but she is going to be OK," her makeup artist, Tara Savelo, posted to Twitter Monday. "Can't believe she finished the show."

Getting the job done

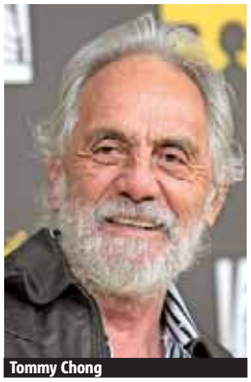
"Gaga has a concussion but she is going to be OK. Can't believe she finished the show."

Makeup artist Tara Savelo on Twitter

Beyond the Rack
LUXURY SAMPLE SALE
Up to 85% OFF MSRP
Beyond the Rack is hosting its first ever sample sale in Toronto with top designer brands to choose from at up to **85% OFF!**
Handbags, Footwear & Accessories
Brands to look for include **PRADA, GUCCI, COACH, DIOR, VALENTINO, DOLCE & GABBANA, CHLOE, JIMMY CHOO, FENDI, MARC JACOBS, YSL** and more...
3 DAYS ONLY
Handbags, Footwear, Jewelry, Watches, Scarves, Ties and more
Tues June 12 - Thurs June 14
The Capitol Event Theatre
2492 Yonge Street, Toronto
(5 blocks north of Eglinton)
SALE HOURS
Tuesday noon - 9pm
Wednesday & Thursday 10am - 9pm
Visa, MCard, Debit & Cash
Plenty of **Green P Parking** available
For more event information, click on
StyleDemocracy.com

Get the Career YOU Want in 5-12 Months!
We Speak Your Language!
416 840 3364 • 416 969 8845
• Para su consulta gratis en español, por favor llame a Lidia ext 224
• مشاوره متخصص فارسی زبان: " فیا " شماره تماس داخلی: 223
• 免费中文咨询—请电Jun分机228!
• Hindi, Punjabi aur Tamil mein salah ke liye, kripya extension 225 pe, Niyati ko phone karein
• Бесплатная консультация на русском языке & Consultație gratuită în limbă română: 416 646 5599 or 647 403 9661
Financial Assistance May Be Available To Those Who Qualify!
New: FREE English Courses for Our Students!
Health Care
• Personal Support Worker*
• Community Service Worker*
• Medical Office Assistant*
• Medical Receptionist
*with practicum
Law & Business
• Police Foundations (class starts in two weeks)
• Law Clerk with Practicum
• Legal Office Assistant
• Business Administration
• Conference & Event Planner
Accounting & IT
• Accounting & Payroll
• Web Designer
• Network Administration
• PC Support Specialist
• Computer Service Tech
• Canadian Security Course
Other Programs
• Marketing Coordinator
• Home Inspection
• Int'l Hospitality Management
• Sales Professional
• Over 40 Diploma Programs
Call to Try Our Classes For Free!
Free Second Career Information Session, call now to reserve a seat!
Academy of Learning Career and Business College
DOWNTOWN TORONTO (BayRiver)
1223 Bay Street • Suite 900
Toronto, ON • M5R 2A5
www.aoltoronto.com

Cannabis vs. cancer


Tommy Chong

Tommy Chong, one half of comedy duo Cheech & Chong and a longtime marijuana enthusiast, has revealed that he was diagnosed with prostate cancer — and he's using cannabis to treat the condition, according to CNN. Chong says he started seeing symptoms eight years ago "while incarcerated for selling drug paraphernalia," he says.

Chong is using hemp oil to fight his "slow state one" cancer, "so (legalizing marijuana) means a lot more to me than just being able to smoke a joint without being arrested," he says.

The rock don't mean a thing: J. Lo jewels not about nuptials

Jennifer Lopez stepped out recently with boyfriend Casper Smart — and an eye-catching diamond ring on her left hand, prompting engagement talk about the couple.

But Lopez is quick to shoot them down.

"Rumours! Don't be fooled by the rocks that I got," Lopez says in a statement on her website, quoting one of her hit songs.

"No engagement!"

Jennifer Lopez

Twitter

@nicolerichie
My cat wants to drop her last name and only go by "Gypsy", that egotistical bitch

@_juliannemoore
I am never listening to my dog about the NBA again.

@aplusk
Are we sure that banning Big Gulps in NY is constitutional?

@SethMacFarlane
From now on, songs are no longer allowed to use the words "baby" or "yeah".

Blake Lively

What a girl wants: The Blake Lively edition

Blake Lively, who is happily dating Green Lantern co-star Ryan Reynolds, looks for two things in a man: a sense of style and a passion for food. "It's definitely attractive when a man can dress well," Lively tells Marie Claire magazine. "What I love most is when someone, guy or girl, is effortless and has this old-timey sort of feel (that) you could take a snapshot of them and they could exist in any time period."

And as for the culinary side? "To be around me, you must love food or I'm the most obnoxious person you've ever met," she says.

"I'm in a big cooking phase. That's all I'll talk about."

ENTER NOW AT CLUBMETRO.COM
AND YOU COULD WIN
A VIP FLY AWAY
PACKAGE FOR TWO
TO LOLLAPALOOZA 2012
PLUS A 1-YEAR RDIO SUBSCRIPTION

THE SHINS will be performing at Lollapalooza

rdio
www.rdio.com
club metro
Lollapalooza
To register and for full contest details, visit clubmetro.com

WE NEED FEMALES

Are you a healthy,
FEMALE 40 YEARS
OF AGE OR OLDER?
Free of daily medications?

If so, you may be eligible for our upcoming clinical research studies:

Post-menopausal Females, 40 years of age and older.

- Study starts on Friday, June 24, 2012.
- 2 sessions with no return visits.
- Compensation is up to $1500 for completing the entire study.

CALL: 416-747-5246
Toll Free: 1-866-747-5246
Mon-Fri: 8-7, Sat-Sun: 10-6

BioPharma Services Inc.
4000 Weston Road, Toronto
www.biopharmaservices.ca

3 LIFE

Picks of the week

Summer skin pick

Kiehl's AÇAÍ Damage-Repairing Serum: Enriched with anti oxidant açaí berries, this super serum will help restore the tone and elasticity of your sun-damaged skin and ward off the first signs of ageing. Gently massage onto clean skin before you moisturize.
ROMINA MCGUINNESS

50%

According to a clinical trial published in the Canadian Medical Association Journal, taking iron supplements reduced fatigue by almost 50 per cent in women who are low in iron but not anemic.
METRO

On the Web

Study: Cutting isn't just a teen thing — even some seven-year-olds self-injure to cope with stress

Summer-skin guide

ADVICE. Don't let a sunburn ruin your summer holiday — or your health. Use the Fitzpatrick Skin Type chart, a skin classification system based on complexion, to determine your tolerance and resistant to the sun's UV rays.

ROMINA McGUINNESS
life@metronews.ca

Skin-care expert Michelle Moyer, founder of the Pulse Laser & Skin Care Center in New York, helps you identify your skin type, to help you have a sun-filled, but damage-free summer.

Define your type

- **You never or rarely tan and always burn.** Skin type 1
- **You often tan and rarely burn.** Skin type 2-3
- **You always tan and very rarely burn.** Skin type 4

TYPE 1: ala Lily Cole

Natural skin colour before sun exposure: extremely pale or ivory white.
You have: blonde or red hair and light eyes.
Reaction to sun exposure: you never tan.
Sensitivity: highly sensitive to the sun but resilient to peels.

SKIN TIPS:

- **SPF.** 30+ and clothing of UPF (Ultraviolet Protection Factor) of 30+
- **Risk of sunburn on a scale of (1-10).** 10
- **Risk of skin cancer.** high
- **Best time for sun exposure.** before 11 a.m. and after 5 p.m.

TYPE 2: such as Kim Kardashian

Natural skin color before sun exposure: light brown to olive.
You have: brown to dark brown hair with blue, green, hazel or brown eyes.
Reaction to sun exposure: you often tan but occasionally burn.
Sensitivity: Moderately sensitive to the sun.

SKIN TIPS:

- **SPF.** 30+ with a PPD factor 8 (Persistent Pigment Darkening)
- **Risk of sunburn (1-10).** 6
- **Risk of skin cancer.** medium
- **Best time for sun exposure.** before noon and after 4 p.m.

TYPE 3: such as Jennifer Lopez

Natural skin colour before sun exposure: brown to dark brown.
You have: dark brown to black hair and brown, blue or green eyes.
Reaction to sun exposure: you tan well and rarely burn.
Sensitivity: you're sensitive to peels.

SKIN TIPS:

- **SPF.** 15+ with a PPD factor 8 (Persistent Pigment Darkening)
- **Risk of sunburn (1-10).** 4
- **Risk of skin cancer.** low
- **Best time for sun exposure: before noon and after 4 p.m.**

TYPE 4: such as Naomi Campbell

Natural skin colour before sun exposure: dark brown or black.
You have: black hair and dark brown eyes.
Reaction to sun exposure: you tan very easily and have a very small chance of burning. **Sensitivity:** you are highly sensitive to facial treatments, but not the sun.

SKIN TIPS:

- **SPF.** 15+ with a PPD factor 8
- **Risk of sunburn (1-10).** 1
- **Risk of skin cancer.** low

Best time for sun exposure avoid the hours from noon till four

Best Health

Stretch before you garden

When you're out in the fresh air surrounded by plants and flowers, it's easy to forget you're actually exercising. In fact, you can burn 300 calories an hour gardening. In the summer issue of Best Health magazine, on newsstands now, you can find an article all about how the secret to getting the most out of your "garden workout" is an adequate warm-up and stretching. Here is some of that advice:
– Walk around outside for a few minutes to warm up, then do some gentle stretches of your hamstrings, quadriceps and lower back.
– Once you start gardening, change positions at least every 15 minutes.
– Use a kneeling pad to reduce stress on your knees.
– Use a wheelbarrow to carry heavy bags such as soil.
– Always wear sunscreen and a wide-brimmed hat.
– Keep a bottle of water handy to stay hydrated.

TO CLAIM YOUR FREE ISSUE OF BEST HEALTH MAGAZINE, GO TO BESTHEALTHMAG.CA/METRONEWS.

Thoughts on

Kindness

Ask yourself: have you been kind today? Make kindness your daily modus operandi and change your world. Whether you are giving or receiving, it is a gift to all involved. Kindness is in our nature; practice giving and receiving it freely.
NATASHA DERN IS THE HOST OF THE BUDDHA LOUNGE.

ADDvance TREATMENT CENTRES
A Specialized Attention Deficit Disorder (ADD) Treatment Centre
Diagnosis ★ Treatment
★ Ongoing Management Support ★
(Coaching, CBT, Counselling, Nutrition and Tutoring)
For children, teens and adults.
Call to find out more 416-792-2824
or contact us at info@addvancetreatment.com
124 Merton Street, Suite 103, Toronto, Ontario M4S 2Z2
www.addvancetreatment.com

Diabetetic? Easily filled up?
It could be Diabetic Gastroparesis.
After a meal, do you experience?
• Bloating
• Lack of appetite
• Nausea or vomiting
• Difficulty controlling blood sugars
You may be eligible to participate in a research study using an investigational medication.
Advances in Medicine happen because people like you choose to participatein clinical research studies. These studies are an important step in developing new treatments. Please consider helping.
Compensation for your time and travel will be provided.
LMC Making Healthy Easier. DIABETES • METABOLISM • ENDOCRINOLOGY
LMC DIABETES
1-866-701-ENDO (3636)
WWW.LMC.CA
LEARN MORE. GET HEALTHY.
| BAYVIEW | OAKVILLE | ETOBICOKE | THORNHILL | BARRIE | MARKHAM | BRAMPTON | CALGARY | MONTREAL |

DO YOU THINK YOU MIGHT HAVE SEASONAL AFFECTIVE DISORDER (SAD)? YOU COULD BE ELIGIBLE TO PARTICIPATE IN A BRAIN IMAGING STUDY!
Are you interested in how the seasons change your mood and affect the brain?
Inclusion criteria:
• Male or female, ages 18-40, in good physical health
• Currently not taking any medication
• Seasonal occurrence of depressive symptoms (i.e. depressed mood, lack of energy, sleep disturbance)
We will prioritize scan scheduling for SAD participants
Scans will be scheduled from June to August and repeated during the winter
COMPENSATION PROVIDED
(Participants will also receive a complimentary picture of their brain scan)
FOR MORE INFORMATION, PLEASE CALL:
(416) 535-8501 EXT. 6149
camh

Eatings disorders linked to genes

Genes play a big role in anorexia nervosa and bulimia. ISTOCK PHOTO

Epigenetics. Old views put to rest as new science reveals how genetics explain causes of anorexia nervosa and bulimia

CELIA MILNE
Metro Canada

There should be no guilt or shame with an eating disorder.

These feelings are common. But new research tells us that genes play a big role in anorexia nervosa and bulimia.

"There has been a pretty major shift in the way we understand the causes of eating disorders," says Dr. Howard Steiger, director of the Eating Disorders Program of the Douglas University Institute in Montreal. "The old view was that eating disorders resulted from family dynamics. Fingers were pointed at mothers who dieted or were over-protective."

A new science called epigenetics — how the environment influences gene expression — helps explain eating disorders. Essentially, some people carry a genetic vulnerability, which may be compounded by severe stress or adversity.

The final ingredient is dieting. "It is very new," says Dr. Steiger, who is a professor of psychiatry and psychology at McGill University.

Eating disorders are serious illnesses that often affect adolescent girls.

Between five per cent and 10 per cent may eventually die of factors related to the disorder.

When families wrack their brains to answer the question, "Why us?" they may not think of genes.

"A young girl might think, 'what's wrong with me?' Or her mother might think, 'Why did I diet when she was 10 years old' The reality is that people develop eating disorders, not because of some weakness of character, but because they carry susceptibilities to eating-disorder development that are then switched on by environmental pressures and too much dieting," says Dr. Steiger.

Quoted

"There has been a pretty major shift in the way we understand the causes of eating disorders."

Dr. Howard Steiger, director of the Eating Disorders Program of the Douglas University Institute in Montreal

MEN & WOMEN
We are looking for healthy volunteers to participate in clinical research studies.
You will be financially compensated upon completion of the study.

(416) 759-5554
www.pharmamedica.com
4770 Sheppard Avenue East Toronto, Ontario, M1S 3V6
PHARMA MEDICA RESEARCH INC.

NEED A RIDE?
Read metrodrive every Wednesday.

Are you a Healthy Person between 18 and 55 years of age?
If so, we want to hear from you!
Apotex is currently recruiting healthy men and women to participate in studies on pharmaceutical products.

CALL: 416-741-4256 Toll Free: 1-877-APO-CLNC (1-877-276-2562)
Hours: 8:30am to 5pm Monday to Friday
or register online @ www.apotex.ca
- YOU WILL BE PAID upon completion of the study
- Compensation may range from $800 to $3900 depending on the length of the study

APOTEX ADVANCING GENERICS

NATCM HEMORRHOIDS CENTRE
Website www.natcm.ca
To help retired seniors relief from financial stress, we offer 15% OFF for seniors over 65 yrs old!
Guaranteed Results!
And 5 Years Guarantee! No Surgery!
FOR: HEMORRHOIDS, FISSURE, FISTULA, POLYPUS, ANAL ECZEMA, ANAL ABSCESS
ONE LOCATION ONLY!
FREE Examination
CALL NOW
905-415-1777
Quickly stopped the bleeding, pain, and itching.
Over 3 million satisfied patients over the world were treated using our solutions since 1979!
WE ACCEPT COMPANY INSURANCE PLAN.

NEED COOL DESIGN TIPS?
Read metrohome every Thursday.

See why these Nova Scotia Donairs are a cult favourite

From the Donairs to the Apple Coleslaw, The Fuzzbox wins. STEPHANIE DICKISON

LUNCH RUSH
Stephanie Dickison
food@metronews.ca

Lineups 'til the wee hours, people boasting about their visit like it was an exclusive club — I had to check out whether Fuzzbox was worth all the fuss.

I found that it a-b-s-o-l-u-t-e-l-y was. Here's why:

• Nova Scotia Donairs (reg. $5.99) encompass spicy, crumbly, seasoned beef concealed under chopped tomatoes, onions and a thick, rich sweet sauce (evaporated milk, sugar, vinegar and garlic).

• A not-too-thick Clam Chowder ($3.99), studded with wide pieces of bacon (vegetarian option also available), actually tastes of clams.

• Donair Pogos (three pieces for $6.99) take donair meat to the next level when enveloped in this light, golden-brown batter.

• Finely minced Apple Coleslaw (small for $2.49) helps cut the cloying sweetness of the donair sauce.

• Owner Neil treats everyone like family.

• These are messy beasts. But the feel of donair sauce dripping down your elbows is just part of the experience.

Visiting the restaurant

The Fuzzbox

Address. 1246 Danforth Ave. (near Greenwood)

Phone. 416-769-1432

Website. thefuzzbox.ca

Rating. 5 out of 5

Licensed. No

Lunch with co-workers. Yes

Quick solo lunch. Yes

Business lunch. No

Breakfast Pie for dinner.
Try this savoury pie for the ultimate comfort meal

1. Bake pie shell in 200 C (400 F) oven according to package directions for a baked pie shell; set aside.

2. In a skillet, fry bacon until crispy, remove and drain on paper towels. Toss with maple syrup and set aside.

3. Heat sausage according to package directions and place on bottom of baked pie shell. Top with shredded cheese and half the bacon.

4. In a bowl, whisk eggs and milk. Season with salt and pepper. Pour into pie shell.

5. Bake in 180 C (350 F) oven 30 mins. until filling is almost set. Sprinkle with remaining bacon and bake for an additional 15 mins. or until egg mix has set. Let stand 5 mins. before serving. THE CANADIAN PRESS/MAPLE LEAF FOODS AND TENDERFLAKE/ EMILY RICHARDS (PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR, AND CHEF. VISIT, EMILYRICHARDSCOOKS.CA)

Ingredients

• 1 frozen deep-dish pie shell
• 6 slices reduced salt bacon, coarsely chopped
• 30 ml (2 tbsp) pure maple syrup
• 5 fully cooked sausage rounds
• 125 ml (1/2 cup) shredded cheddar cheese
• 5 large eggs
• 125 ml (1/2 cup) 2% milk
• Salt and pepper to taste

Addictive sweet heat

No grill handy? These Sweet and Sticky Honey Hot Wings can also be cooked on a rimmed baking sheet fitted with a metal rack. Roast them for 30 minutes at 400 F, then toss them with the barbecue-honey sauce and roast for another 20 to 25 minutes.

1. In bowl mix together the barbecue sauce and honey. Refrigerate until needed.

2. Divide the bottle of Frank's hot sauce evenly between the 2 plastic bags. Add half of the chicken to each bag, then seal the bag and turn to coat evenly. Refrigerate to marinate for at least 2 hours, or up to overnight.

3. When ready to cook, heat one side of the grill to medium, the other to low. Remove the barbecue-honey sauce from the refrigerator to warm to room temperature.

4. Open each bag just at corner and tip it over sink to drain the marinade. Add 2 tablespoons of olive oil and a pinch of salt to each bag, then reseal the bags and shake gently to coat. Using tongs, transfer the chicken to the cooler side of the grill.

5. Cover the grill and cook for 40 minutes, or until starting to brown. Remove the chicken from the grill and place in a large bowl. Pour the barbecue-honey sauce over the wings, then use tongs to toss them to coat well.

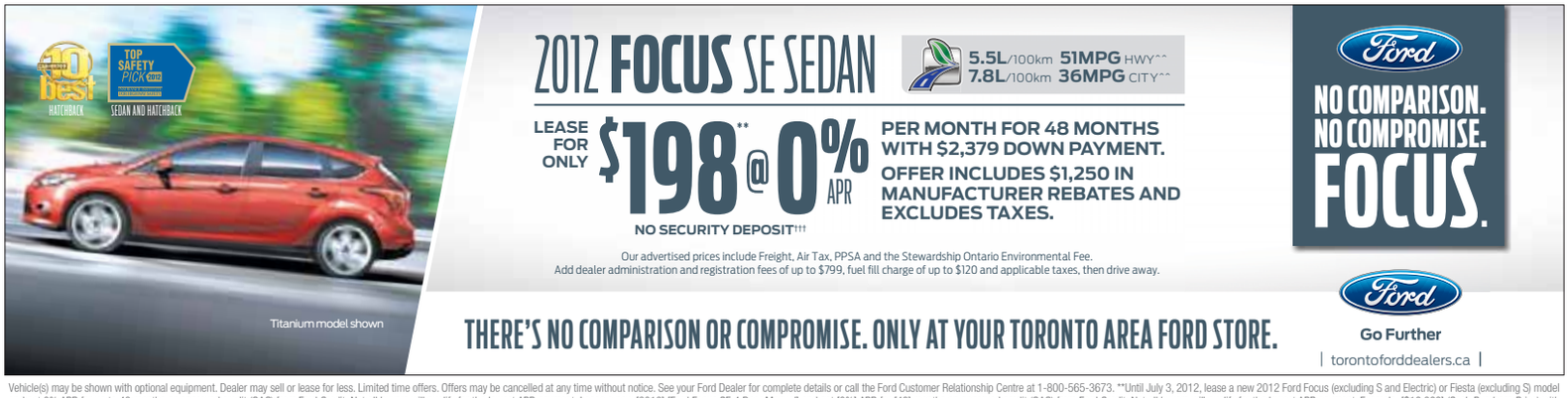
6. Place wings back on the grill for another 15 to 20 minutes. Remove from the grill and let rest for 5 minutes before serving.

THE ASSOCIATED PRESS/ ELIZABETH KARMEL, GRILLING AND SOUTHERN FOODS EXPERT AND EXECUTIVE CHEF AT HILL COUNTRY BARBECUE MARKET RESTAURANTS IN NEW YORK AND WASHINGTON, AS WELL AS HILL COUNTRY CHICKEN IN NEW YORK

Ingredients

• 1 cup molasses-based barbecue sauce
• 1 cup honey
• 12-oz bottle Frank's Red Hot Original Cayenne Pepper Sauce
• 2 gallon-size heavy-duty zip-close plastic bags
• 4 lbs chicken wings and/ or drummettes
• 4 tbsp olive oil, divided
• Fine-grain sea salt

This recipe serves six. MATTHEW MEAD/THE ASSOCIATED PRESS



Vehicle(s) may be shown with optional equipment. Dealer may sell or lease for less. Limited time offers. Offers may be cancelled at any time without notice. See your Ford Dealer for complete details or call the Ford Customer Relationship Centre at 1-800-565-3673. **Until July 3, 2012, lease a new 2012 Ford Focus (excluding S and Electric) or Fiesta (excluding S) model and get 0% APR for up to 48 months on approved credit (OAC) from Ford Credit. Not all buyers will qualify for the lowest APR payment. Lease a new [2012] [Ford Focus SE 4 Door Manual] and get [0%] APR for [48] months on approved credit (OAC) from Ford Credit. Not all buyers will qualify for the lowest APR payment. Example: [$16,869] (Cash Purchase Price) with [$2,379] down payment or equivalent trade-in, monthly payment is [$198] total lease obligation is [$11,883] optional buyout is [$7,379.64] cost of leasing is [$0] or [0%] APR. Offers include [$1,250] in manufacturer rebates. Taxes payable on full amount of lease financing price after any manufacturer rebate is deducted. Additional payments required for security deposit, NSF fees (where applicable), excess wear and tear, and late fees. Some conditions and mileage restrictions of [64,000km] over [48] months apply. A charge of 16 cents per km over mileage restrictions applies. Offers include freight, air tax, PPSA, Stewardship Ontario Environmental Fee but exclude administration and registration fees of up to $799, fuel fill charge of up to $120 and all applicable taxes. Taxes payable on full amount of lease financing price after any price adjustment is deducted. Vehicle shown is a Focus Titanium Hatchback for $25,479 after total manufacturer rebates of $1,250 deducted. †††Until July 3, 2012, Security Deposit payment is waived on a lease (Red Carpet leases, on approved credit from Ford Credit) of a new 2012 or 2013 model (excluding Shelby GT 500, Boss 302, Boss 302 Laguna Seca, E-Series, Transit Connect Electric, F-150 Raptor, F-Series Chassis Cabs, Medium trucks) . Security Deposit may be required by Ford Credit based on customer credit terms and conditions. ^^Estimated fuel consumption ratings for the [2012] Focus SE Sedan 2.0L-I4 5- speed manual. Vehicle shown is a Focus Titanium 2.0L- I4 6 speed auto: 7.3L/100km (39 MPG) city and 5.2L/100km (54 MPG) Hwy. Fuel consumption ratings based on Transport Canada-approved test methods. Actual fuel consumption will vary based on road conditions, vehicle loading and driving habits. ©2012 Ford Motor Company of Canada, Limited. All rights reserved.

Bread-and-butter rules

The bread bowl at a restaurant comes with a lot of etiquette rules. ISTOCK

CHARLES THE BUTLER
askcharlesthebutler@metronews.ca
For more, visit charlesmacpherson.com

Dear Charles the Butler,
Could you please explain the proper etiquette for slicing bread at the table? Sometimes restaurants serve a small loaf of bread, which is supposed to be cut at the table and shared by the patrons. Do I cut it just for myself or for everyone? I have to hold the other side of the bread while I'm cutting it — isn't this unsanitary for the other people at my table?
Rachel

Hello Rachel,

Lets start with the simplest ways to deal with bread at the table. If bread is served in a basket, already cut, then take one piece and put it on your bread-and-butter plate.

If you are served a small loaf in a restaurant, it would always be polite to cut several pieces and offer everyone at the table some of the bread.

In both cases you would always serve yourself last because it is polite to allow others to go before you. As well, hopefully the piece you were holding will become your piece.

Never draw attention to a task at the table; simply cut the bread, offer it around to everyone, then take your piece, all the while having conversations with everyone at the table. Now, just as an aside, technically it is the hostess who deals with offering bread and cutting it, however in a more casual restaurant setting, this is something anyone can do at the table.

Once you have the bread on your plate, how do you deal with butter?

Use the butter knife to take butter from the butter dish to your side plate, then return the butter knife to the butter dish.

Now break a small one-bite size piece of bread and use your butter spreader from your bread-and-butter plate to put a small amount of butter on your bread and eat the entire piece of bread all at once.

Remember, the only time you can ever butter an entire piece of bread and eat it is at the breakfast table.

Advice

Love your age and let the haters hate

TWO SISTERS
Andrea and Claire
Life@metronews.ca

Dear Sisters,
As a woman approaches 40, society and even popular culture begin to get nasty (in all sorts of ways). One particularly galling change though is that a 40-something woman enjoying a night out with the girls suddenly becomes labelled a "cougar" and is automatically reduced to a thing of ridicule — and this, regardless of her marital status. I hate that! So my question is, can a woman of a certain age still have fun? If so, how?
Miaow

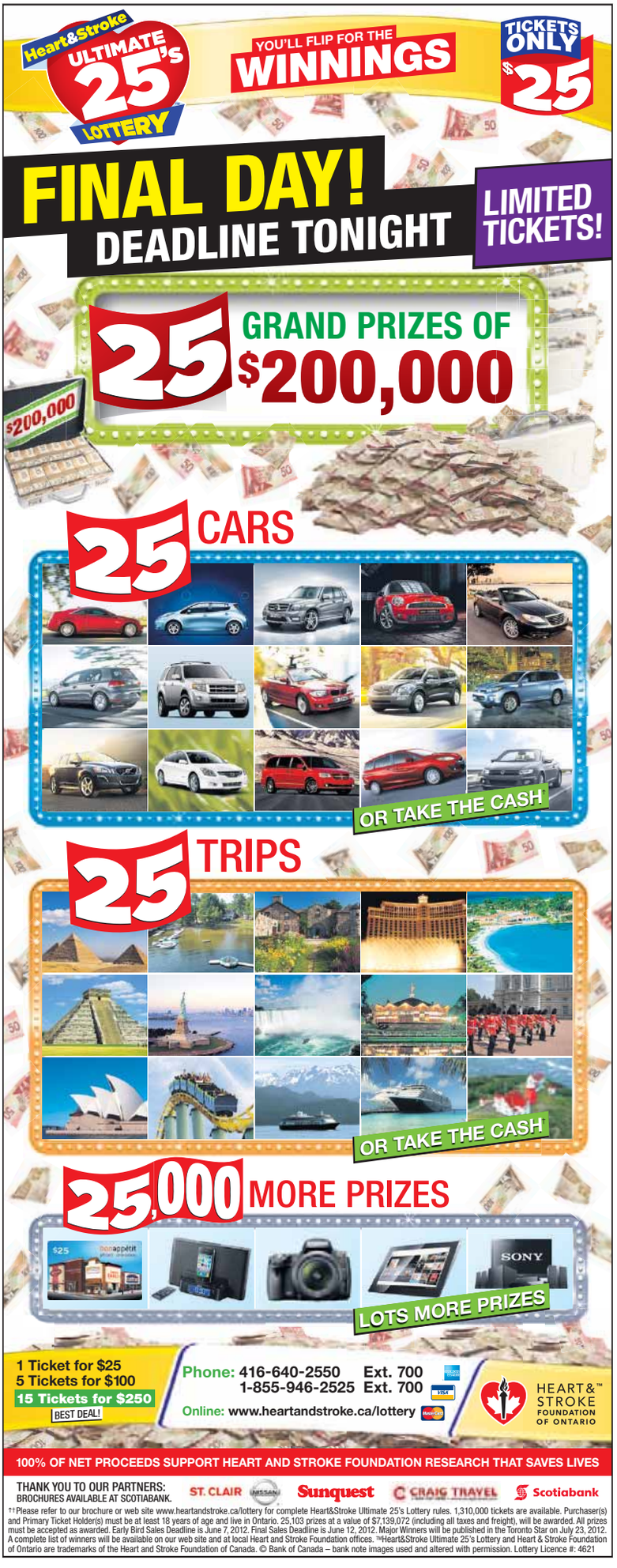
Claire: Dear Miaow,
Let's face it; women themselves invented this kind of name-calling, so before I share my infinite wisdom, promise me that in the name of all women — yes, even that Lucite-heel sporting, lip-liner-loving, wrinkled-cleavage-showing female of a certain age who's eyeing the barely pubescent waiter over there: do not participate.

As for my wisdom — we all know that one of the joys of approaching 40 is being happier in your own (slightly less firm) skin.

Get out there and let the opinions fall where they may — you've earned your pleasures along with every wrinkle.

Andrea: Dear Miaow,
I'm not a woman in my 40s. As a matter of fact, I somewhat dread that age where you're still young, hip and cool in every respect except on your driver's license. Reason being that validation suddenly has to be earned in a different way than a short skirt. Oh my, so much more work! Only recently, have I experienced the weird dread of being "the older woman"— working in the party scene and suddenly surrounded by gorgeous, stick-figured Chihuahuas who are SO excited for Breaking Dawn.

It's a quiet feeling of wisdom and patience, the same feeling that will help you through those moments where society tries to put you in a box. No one can replace your experience on this planet, and no product or low-cut dress can compete with it. Haters gonna hate!



Pay down your mortgage.

Just when you thought tax time was over. ISTOCK IMAGES

Uncle Sam wants you (and your tax)

It's that time again. Many Americans in Canada don't even realize they are required to file taxes in the country of their birth

YOUR MONEY
Alison Griffiths
money@metronews.ca
Twitter: @alisononmoney

Your taxes are well behind you for another year, right? Maybe not! For tens of thousands of Americans living here not to mention Canadian snowbirds, Uncle Sam wants you — to get in touch.

June 15 is the deadline for U.S. citizens to file a required tax return south of the border even if they have been in this country since infancy.

In the last year there was a rumble of panic among U.S. ex-pats as the IRS started flexing its muscle by threatening to chase down and punish those who had fallen behind in their tax returns. Many Americans in Canada don't even realize they are required to file in the country of their birth. Since then the IRS has relaxed their stance a bit but U.S. citizens still need to comply.

According to H&R Block Canada, U.S. citizens and green card holders (including those whose green card has expired) are required to file Form 1040 annually. Go to irs.gov and search for Form 1040.

Those who paid taxes in Canada will receive a foreign tax credit on their U.S. returns and if you are receiving CPP and or Old Age Security here they are exempt from U.S. tax.

Anyone who kept a U.S. home as a rental after moving to Canada, or has any other income south of 49, will have to declare it on the U.S. return.

The big tax surprise for many Canadian snowbirds is a requirement to communicate with the IRS. If you spent more than 121 days in the U.S. in 2011 or a total of 183 days over the past three years, Uncle Sam is interested.

Filing IRS Form 8840 (the Closer Connection Exception Statement for Aliens) is an annual requirement. You'll be asked about your Canadian ties including passport, family, car registration, where you are registered to vote and even your religious affiliation. Most snowbirds can demonstrate a closer connection to Canada than the U.S. so nothing else is needed.

Again, go to irs.gov, search Form 8840 and mail it to the Department of the Treasury, IRS Centre, Austin, Texas, 73301-0215.

Taxes — you can run but you can't hide.

ALISON GRIFFITHS IS THE AUTHOR OF COUNT ON YOURSELF: TAKE CHARGE OF YOUR MONEY. REACH HER AT GRIFFITHS.ALISON@GMAIL.COM OR ALISONGRIFFITHS.CA

Alison's money rule

"Uncle Sam wants an annual report from snowbirds and the American born."

The people in your 'hood

- **900,000 to 2.5 million.** The estimate of Americans living in Canada.

Owning your home shouldn't come at the expense of living.

Life adds up. Your finances should too.

CIBC Wealth Builder Mortgage™

GREAT LOW RATE

EARN $6,000 IN SAVINGS[1]

Wealth Builder Mortgage is an option available only on 5 year fixed-rate and Variable Flex closed mortgages of $75,000 or more. Mandatory CIBC deposit account no monetary value and can only be redeemed according to the rules established by Aeroplan Canada Inc. Aeroplan Miles cannot be transferred to another person.

Moving house

Becoming a Kijiji master in one day or less

FUN AND FRUGAL
Leslie Scorgie
money@metronews.ca
Twitter: @Lesleyscorgie

Drum roll please…. After two-and-a-half months of scouring my over-priced local real estate market, I finally found "the one"; a home that I love. I stuck to my price and conditions, mainly the inspection and quick possession date, and my offer was accepted late on Friday night.

Now that I've officially got two weeks to get myself fully packed and moved into my new place, I'm faced with a new dilemma — too much of the wrong kind of furniture. My new place has less square footage and a more elegant/sleek feel to it, whereas my current home screams roomy southern comfort.

My furniture dilemma got me thinking about two things; first, how much we accumulate over the years and, second, how we can reduce what we own without losing loads of money.

I've learned two huge lessons about the accumulation of 'stuff' throughout my moving experience. First, "stuff" costs money. The less you have, the more you'll save. Second, if you don't need something any longer, rid yourself of it right away. What good is it to store a desk in your garage for five years if it's only going to collect dust? SELL IT!

Rather than tossing my furniture in the trash, I turned to Kijiji on Sunday morning to see whether I could sell my furniture to local buyers. Using my iPad and cellphone camera I created free compelling ads.

By Sunday afternoon more than 50 per cent of my stuff was sold. Plus, once buyers were in my house, many bought more items than what they originally came for. The buyers paid cash and moved the pieces out themselves.

I chalk the quick sales up to pricing the pieces competitively and taking nice photos.

I certainly didn't make a profit on any of my furniture, but considering I furnished my home for less than $5,000 over seven years by buying the bulk of it second hand through eBay, Kijiji, and Classified ads, I've recovered a fair chunk of change which I can now put towards my new furniture.

My second furniture downsize strategy has been to coordinate donations to local charities. Many charities will pick up the goods right from your front door. Others have drop-off locations. Depending on the organization and the quality/value of the donation, a valuable tax receipt may be issued.

Both Kijiji and donations are frugal ways to buy and sell various items. Additionally, they reduce waste because the items are reused and recycled by the new owners. But, avoiding the accumulation of 'stuff' is always the most frugal option of all.

You don't have to be a professional salesperson to make a profit on your stuff. ISTOCK IMAGES

Build up your savings.

In addition to a great low rate on a 5-year mortgage, you'll also benefit from flexible payment options to help you manage your cash flow.

Get $4,000 cash back up-front as well as $2,000 cash back over the term of your mortgage.[1] On a $400,000 mortgage. Conditions apply. Ask for details.

Ask about how you can earn up to 25,000 Aeroplan® Miles.[2]

aeroplan

CIBC FOR WHAT MATTERS.

for mortgage payments and deposit of cash back. Up front cash back amount is repayable if mortgage is discharged, transferred or renewed before maturity date. Other conditions apply. [2]Only one Aeroplan Account is eligible for Aeroplan Miles on your mortgage. Aeroplan Miles have
®Aeroplan is a Registered Trademark of Aeroplan Canada Inc. Offer expires June 30, 2012. For details, visit cibc.com/buildthousands. "Life adds up. Your finances should too." and Design and CIBC Wealth Builder Mortgage are TMs of CIBC. "CIBC For what matters." is a trademark of CIBC.

Breaking the mould

Motivating through movement. Young breakdancers put co-ordination, creativity to the test with fancy footwork

Gezim Topalli, left, performs for elementary school children with his mentor Drew Moore. The duo is part of a Halifax-based program that uses breaking to teach confidence and individuality to youth. ANDREW VAUGHAN/THE CANADIAN PRESS

The wide-eyed kids file into the school gym just as 17-year-old Gezim Topalli drops to the floor and spins on his head like a child's top.

"Whoa!" a few youngsters cry out, their eyes glued to the lithe boy with the muscular arms as he twists and turns effortlessly on the hard floor of Oldfield Consolidated Elementary in Enfield, N.S.

In an instant, a smirking Topalli is back on his feet, eager to teach his young audience the basics of breaking — or breakdancing, as it's commonly known — alongside his mentor, Drew Moore.

The duo is part of Concrete Roots, a Halifax-based program that uses breaking and hip hop to reach out to young people and encourage them to be themselves.

"We place a strong emphasis on creativity; you learn how to do a dance a certain way and then you're very much encouraged to break away from that and find your own style," says Moore, a professional B-boy and director of Concrete Roots.

"That's something that really appeals to a lot of kids. You see them light up."

The 32-year-old former teacher became interested in breaking after watching a music video by rap group Run DMC and DJ Jason Nevins as a teen.

The 1998 video for It's Like That features infectious beats and a high-octane dance battle between b-boys and b-girls.

Moore started teaching breaking in 2004 as a modest after-school program while working at a middle school in Milford, N.S. The program eventually expanded to schools in Halifax and has since held workshops and other programming as far away as Yukon.

Many of Concrete Roots' first students are now instructors with the program. They host free drop-in practices for anyone who wants to try their hand — and feet — at the intricate manoeuvres.

The program has also spawned several dance crews, including Eastern Bloc, made up of b-boys all originally from Eastern countries. Among its members is Topalli, who came to Canada from Kosovo as a child.

The Grade 12 student attended his first Concrete Roots lesson a couple of years ago with one goal in mind: learning to do a head spin.

"When I break, it feels good," says Topalli, who's since taken up salsa and other dance.

"It feels like I'm in the moment and everybody's having fun. It's a good vibe."

Using breakdancing as a means to engage youth some four decades later isn't unique to Concrete Roots.

Stephen Leafloor has been teaching breaking to youth in aboriginal communities for about six years as part of his program, Blueprint for Life. Recently, he began working with young aboriginal offenders at correctional facilities.

He says breaking is more than fancy footwork — it helps teach confidence and co-operation while celebrating youth and spontaneity.

"For us, it's about healing and it's a way of helping provide a modern-day survival tool kit for young people to use and adapt to their own culture and identity," says Leafloor, a social worker and b-boy.

THE CANADIAN PRESS

Dance to your own beat

> "We place a strong emphasis on creativity; you learn how to do a dance a certain way and then you're very much encouraged to break away from that and find your own style."
>
> **Drew Moore**
> Director of Concrete Roots.

Beginnings of the break

Story behind the steps

- Breaking emerged from the gritty boroughs of New York City in the 1970s as a street-based dance, and flourished as hip hop grew in popularity
- Dancers would duke it out in so-called battles, each one trying to outshine the other with an innovative move.

Workplace Law

You think you know, but you have no idea

WORKPLACE LAW
Daniel Lublin
dan@toronto-employmentlawyer.com
Twitter: @danlublin

Most employees cling to beliefs about workplace rights they gleaned from media, friends or researching online.

But many of these "perceived" rights often do not exist.

Here are some of my favourite misconceptions:

Discrimination means unequal treatment

It is not discrimination if you are simply treated unfairly or differently. Discrimination laws only protect differential treatment based on a defined set of personal characteristics, such as age, race, gender or disability. Employees can be treated differently based on any other grounds, without any form of legal protection.

Similarly, there is no legal requirement that promotions or bonuses be assessed fairly.

An employer may decide, often arbitrarily, who it wishes to promote and how it will compensate its employees. It is entitled to show favouritism, as long as its decision is not based on personal characteristics, such as race, religion or gender.

An employee is entitled to overtime pay for any additional hours worked.

Unless an unemployment contract states otherwise, overtime pay is only required for hours worked in excess of the statutory standards, which vary among provinces.

Many employees do not realize that they can be required to work for longer than nine to five, without an entitlement to overtime pay.

There is a right to sick leave

There is no statutory or legal requirement to provide employees with paid time off from work due to an illness.

Although many employers have policies that do provide a few days' sick leave each year, it is not because they are compelled to do so.

Without such a policy, if an employee is off work and sick, she need not be paid for that time.

If I work through lunch, I can leave work early

This is one of my favourite misconceptions.

Employees often believe they can make up lost time or "trade" a break or lunch for an early departure.

However, most provincial employment standards laws require that a 30-minute lunch be taken, at least, every five hours.

Therefore, even if an employer were to agree to such a "trade" (and few would do so), it would still be illegal.

DANIEL A. LUBLIN IS AN EMPLOYMENT LAWYER WITH WHITTEN & LUBLIN.

You're the best!

> "[An employer] is entitled to show favouritism, as long as its decision is not based on personal characteristics, such as race, religion or gender."

GEORGE BROWN COLLEGE School of Continuing Education

Make a difference in community services

Become a Personal Support Worker with George Brown College

The Personal Support Worker (PSW) Certificate offered through Continuing Education at George Brown College prepares students to work with seniors (and other clients) in long-term care and chronic care facilities, private homes, supportive housing and assisted-living centres.

These are just some of the benefits of our PSW Certificate:

- Courses are offered part-time, so classes are held on weekday evenings.
- You commit (and pay) on a course-by-course basis.
- You can complete the certificate within two years.
- There are three intakes a year – September, January and April.
- You can apply for a financial bursary.

For more information about the PSW Certificate, visit our web site at
coned.georgebrown.ca/community

Looking to gain the skills needed for a successful career?

To learn how, sign up for one of these free information sessions:

- June 19
- July 11 and 24

Each session starts at 6 pm at our St. James campus (200 King St. E.).

To reserve a seat, call Chandra Jewan at 416-415-5000, ext. 2126.

METRO CUSTOM PUBLISHING
PRESENTED BY

THE CONCEPTS OF CONCEPTION

PLANNING AHEAD CAN HELP IMPROVE THE SUCCESS IN CONCEIVING A BABY

Mothers-to-be need to do some health-related homework before they start trying to get pregnant. "There are certain things women can do to improve their success in conceiving," says Dr. Lynne McLeod, a high-risk obstetrician at the IWK Health Centre in Halifax.

While the onus is on potential moms to take good care of themselves, men should put healthy habits in place, too.

McLeod advises following these steps to help ensure conception and pregnancy success:

OPTIMIZE YOUR WEIGHT

A healthy weight in a normal body mass index (BMI) range is optimal for conception. "Obesity leads to increased risks to mom and baby in pregnancy, labour and delivery," says McLeod. "It may also be more challenging to get pregnant if you're not a healthy weight."

LEAD A HEALTHY LIFESTYLE

That means following Canada's Food Guide for nutrition and quitting smoking and drinking, since alcohol has adverse effects on pregnancy (for the record, recreational drugs are also taboo). Check with your doctor to see if it's safe to continue taking prescription medications.

TAKE FOLIC ACID

This B vitamin helps the body make healthy new cells and reduces the risk of neural-tube defects such as spina bifida in pregnant women. "Women should take folic acid every day in a multivitamin for three months prior to getting pregnant and during the first three months of pregnancy," says McLeod.

TRACK YOUR PERIODS

The timing of ovulation is one of the most important things a woman should understand about her body because it's a determining factor in getting pregnant. "If you don't have a regular menstrual cycle, it will make it more challenging to figure out when you're ovulating," says McLeod.

GET YOUR GUY ON THE HEALTHY BANDWAGON

"Men have a part to play in the preconception phase, too," says McLeod. "The healthier both partners are, the better the chances of conception success." For example, wearing very tight underwear and regular soaks in hot tubs can negatively affect sperm production. Dads-to-be should also not use any recreational drugs.

SEE A PRECONCEPTION SPECIALIST

If there are factors in your personal or family history that put you at higher risk of pregnancy complications such as advanced maternal age, obesity or medical conditions such as diabetes or high blood pressure, it's a good idea to meet with a high-risk obstetrician. "He or she can offer specialized care that will help lead to successful conception and pregnancy," says McLeod. *– Jane Doucet*

TROUBLE GETTING PREGNANT? SPECIALISTS ARE THERE TO HELP

Infertility is defined as not getting pregnant after 12 months of having unprotected sex. About 15 per cent of those trying to get pregnant over that time period won't conceive, but not everyone should wait a year to find out if something is wrong.

"For example, if the woman isn't having a period or the man has had testicular cancer, they should have a consultation from the outset," says Dr. Clifford Librach, a fertility specialist at Women's College and Sunnybrook hospitals and the director of the CReATe Fertility Centre in Toronto.

If a woman is trying to conceive in her late 30s or early 40s, she shouldn't wait a year to seek help either.

"Age is a major factor in conception," says Librach. "There really is such a thing as a biological clock. The 20s and early 30s are the optimal biological time to get pregnant, but some people aren't in a position to do so at that age."

If you are having trouble conceiving, Librach advises following these steps:

MEET WITH A FERTILITY SPECIALIST

You will need a referral from your family doctor. "It's best to see someone with special training in fertility as opposed to a regular obstetrician/gynecologist," says Librach. The specialist will ask questions about the partners' medical history and arrange tests to check the woman's hormone levels, uterus, ovaries and Fallopian tubes, and the man's sperm.

FOLLOW THE SPECIALIST'S RECOMMENDATIONS

If a woman isn't having a regular period, she can take medication to help her ovulate. If her Fallopian tubes are blocked or she has uterine fibroid tumours, she may be able to have surgery to correct those problems. And a man's sperm problem can be investigated "There are ways to treat people now that are much more advanced than 20 to 30 years ago," says Librach.

REDUCE STRESS

It can be upsetting when conception doesn't happy quickly, which doesn't help matters. "There is evidence that stress affects hormones and shuts down the reproductive system," says Librach. "But it's not enough to tell couples to take a vacation and relax. By the time they see a specialist, they've already tried that." Calming practices such as acupuncture, yoga and meditation may help augment treatment success.

BE PATIENT

Sometimes nothing is wrong medically but the timing just isn't right. "If a couple keeps trying without fertility treatment," says Librach, "some of that 15 per cent who couldn't get pregnant in the first 12 months will get pregnant in the next year."

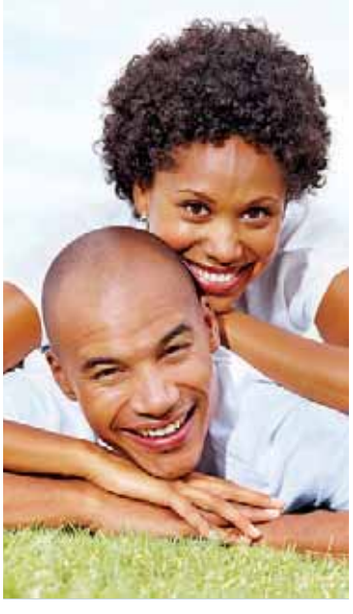
METRO CUSTOM PUBLISHING
PRESENTED BY

TRY NOT TO STRESS: GO FROM 'HAVE TO' TO 'WANT TO'

WHEN YOU'RE TRYING TO GET PREGNANT AND TRACKING OVULATION, THE TWO MOST FERTILE DAYS ARE SO IMPORTANT

But sometimes it can make sex seem more like a chore and less pleasurable. With a little patience, creativity and communication, trying to conceive can be a fun and intimate experience for both you and your partner.

Introducing a personal massager into your relationship can be a new way to enhance your shared sexual experience, adding more pleasure and fun into trying to get pregnant. In fact, according to the 2011 Leger Marketing Survey, more than 80 per cent of people who have used a personal massager have used it with their partner, so it can be a natural addition.



This is important as stress and the negative feelings associated with planning to have a baby can actually affect your chances of getting pregnant, according to babyhopes.com. Increasing intimacy with your partner can help lead to a happier, more relaxed, and more positive you.

Personal massagers, such as TROJAN® Vibrating Tri-phoria® are now available at many major drug, food and mass retail locations where TROJAN® condoms are sold, and online at TrojanVibrations.ca.

KNOW YOUR TWO BEST DAYS TO CONCEIVE

There are only about two days a month when you are most likely to get pregnant. An ovulation test, like the FIRST RESPONSE® Digital Ovulation Test, can help you pinpoint your two best days to try to conceive.

GET TO KNOW YOUR CYCLE

- Every month ovulation happens when an egg matures, leaves your ovary, and travels down one of your Fallopian tubes.
- Ovulation is primarily triggered by a monthly surge in Luteinizing Hormone, or LH. This happens in the 24 to 36 hours before ovulation.
- For your best chance at getting pregnant, have intercourse within 24 to 36 hours after detecting the LH surge.
- Menstrual cycles can vary from 20 to 44 days, so the day of the month you ovulate can vary significantly. Most women don't ovulate exactly at mid-cycle. So much variation can make it difficult to find your peak fertility.
- Using an at-home ovulation test can help improve your chances of determining when is the right time for you to get pregnant.

DID YOU KNOW?

Drinking excessive amounts of liquid can dilute the LH in your urine. Therefore, it's best to reduce your liquid intake for two hours before testing.

EXPERTS RECOMMEND

Know More

If you are on the birth control pill, experts recommend you stop using it one to two months before trying to conceive. This will give you the opportunity to better understand your body and get to know your cycle. Look for an alternative contraceptive method — for instance, the maker of TROJAN® brand condoms offers many different varieties of condoms to choose from.

Note: *If you are unsure about your cycle length or when to start testing, call First Response toll-free at 1-800-268-3186, from Monday-Friday, between 7 a.m. and 5 p.m. ET.*

KNOW IF YOU ARE PREGNANT ALMOST AS SOON AS YOUR BODY DOES

Early pregnancy is a vital time for fetal development. Being able to know if you are pregnant sooner helps you get a head start on making healthy choices for yourself and your baby.

FIRST RESPONSE® has the only test that tells you five days before your expected period. When you are waiting to find out if you are pregnant, one day can feel like a lifetime. Using the FIRST RESPONSE® Early Result Pregnancy Test means you will know as soon as possible — no other home pregnancy test tells you sooner!**

YOU MIGHT BE PREGNANT IF . . .

- You miss your period.
- Your breasts are tender or swollen, or have raised glands in the area around the nipple.
- You experience "morning sickness" (nausea and/or vomiting).
- You have to urinate more frequently.
- You see blue and pink lines under your breasts and on your abdomen.
- You have unusual food cravings.

***Read product packaging for more information on testing early. In clinical testing, FIRST RESPONSE® Early Result Pregnancy Test detected the hormone levels in 62 per cent of women five days before their expected period; in 78 per cent of women, four days before their expected period; in 87 per cent of women, three days before their expected period; and in 98 per cent of women, two days before their expected period.*

INTRODUCING THE FIRST RESPONSE® DIGITAL OVULATION TEST

- It knows your body. It's the only ovulation test that actually detects your own personal LH surge. It detects and tracks your personal daily baseline levels of Luteinizing Hormone to detect your personal LH surge, unlike other ovulation tests that use a preset "average" level to determine the surge.
- Unmistakable YES+/NO- results. YES+ means try to conceive in the next 24-36 hours; NO- means continue to test daily.
- Unsurpassed accuracy — More than 99 per cent accurate.*
- Comes with 20 test sticks and a digital reader for a one-month supply.

Visit 1stresponse.ca for a downloadable ovulation calculator to help you keep track!

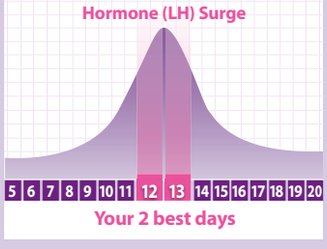
**More than 99 per cent accuracy in detecting LH surge in laboratory studies (read complete directions for use on carton). Certain medication conditions and drugs can adversely affect the reliability of this test for predicting ovulation. For details, visit 1stresponse.ca.*

Every woman is unique.
FIRST RESPONSE® Ovulation Test understands that.

FIRST RESPONSE® Digital Ovulation is a revolutionary new ovulation test that can accurately detect your 2 best days to conceive.

Unlike most tests that use a preset average, the FIRST RESPONSE® Digital Ovulation Test has a Digital Reader that remembers your Luteinizing Hormone (LH) levels and is able to detect your own unique LH surge to determine the best time for you to become pregnant.[1]

Knowing the best time to conceive can be a real guessing game, especially for women with irregular periods. New FIRST RESPONSE® Digital Ovulation Test understands that. It's a breakthrough home-use ovulation test that can accurately identify a woman's most fertile days based on her individual hormone levels. Making it easier for couples to determine their best days to conceive.



How the FIRST RESPONSE® Digital Ovulation Test works.

The FIRST RESPONSE® Digital Ovulation Test identifies your 2 best days to become pregnant by detecting a surge of Luteinizing Hormone (LH) in your urine. An increase in LH means your body is ready to release an egg (ovulation). If you have intercourse within 24-36 hours after detecting the LH surge, you're more likely to become pregnant.

1 Data on file, Church & Dwight Co., Princeton, NJ 2011

2 Over 99% accurate in detecting the LH surge in laboratory studies (based on directions for use).

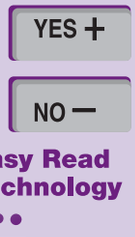
FIRST RESPONSE® Digital Ovulation Test understands your body.

FIRST RESPONSE® Digital Ovulation Test has advanced technology that can detect your unique LH surge based on your daily Luteinizing Hormone (LH) levels.[1]

With the FIRST RESPONSE® Digital Ovulation Test you begin daily testing on Day 5 of your period. Hormone levels recorded from Days 5, 6, and 7 of your period are saved into the Digital Reader's memory to set your baseline and determine your unique LH surge level. Continued testing from that point will allow you to determine your own unique LH surge, the time when you're most likely to become pregnant if you have intercourse within 24-36 hours of detecting the surge.

Trust the test with unsurpassed accuracy.

When it comes to detecting a woman's unique LH surge, laboratory studies show FIRST RESPONSE® Digital Ovulation Test to be over 99% accurate, unsurpassed by any other test in the market. And our exclusive EasyRead™ technology provides unmistakable YES+/NO- results to eliminate the guesswork out of detecting your best days to conceive.[2]



FIRST RESPONSE OVULATION

For your best chance to conceive, trust the test designed for you.

1stresponse.ca/ovulation

METRO CUSTOM PUBLISHING
PRESENTED BY

YOUR HEALTHY PREGNANCY

EATING WELL, REST AND EXERCISE ARE PARAMOUNT

Know your limits. That's what Terri Coles advises other pregnant women to keep in mind for a healthy pregnancy.

"I didn't want to admit at first that I was more tired than usual, or queasy. I didn't want to feel limited before I was even showing," says Coles, a 30-year-old Toronto woman pregnant with her first child. "But once I cut things back a bit and got more rest, I definitely felt better."

What else can you do to foster a healthy pregnancy? Ann Douglas, author of The Mother of All books series, shares her top tips to stay healthy over your nine-month stint.

EXERCISE … FOR TWO (OR THREE!)

"Pregnancy is the perfect time to make physical fitness part of your regular routine as a family," says Douglas. "That way, once your baby arrives, you'll be in the habit of taking an after-dinner stroll, for example. You won't have to think twice about remaining active after baby or modelling an active lifestyle to your growing child."

TRY YOGA

Pregnancy yoga classes give you a chance to meet other pregnant women in the neighbourhood. "And you're participating in a prenatal fitness activity that helps to prepare your mind, body, and soul for the challenges of birth and motherhood," says Douglas.

REST, REST, REST

Don't think of sleep as an indulgence, says Douglas. "Instead, sleep is another type of fuel that your body needs to help you take the best possible care of your baby," she notes. "So give in to the waves of fatigue — the kind that makes it almost impossible for you to keep your eyes open when you arrive home from work. Your body is trying to tell you something: You need more rest. Pay attention and nurture your body by giving it what it needs."

WATCH WHAT YOU EAT

The lemonade, ice cream and pickles cravings will come. But also be sure to watch what else you eat. Along with taking prenatal vitamins and folic acid daily to help develop the baby's brain, spine and skull, Health Canada recommends eating at least 150 grams of cooked fish weekly. (Fish is thick with omega-3 fats and nutrients to help with the growth of your baby.)

ALSO KNOW WHAT YOU CAN'T EAT

Health Canada recommends avoiding alcohol and nicotine during pregnancy. Caffeine should also be limited — but check with your health-care provider to determine how much caffeine, if any, you can have per day.

– Astrid Van Den Broek

WHAT YOU WILL NEED WHEN BABY COMES HOME

Do you need a Miracle Blanket? How about a diaper warmer for your soon-to-arrive baby? "It's easy to over shop for baby," says Ann Douglas, author of The Mother of All books series.

So here are her top tips on what you will really need once your baby comes home.

- Change station: This could be a change table or simply a changing pad attached to a dresser top. "Some parents find it works well to set up one or more mini-change stations around the house," says Douglas.
- Newborn and Size 1 diapers and wipes.
- Comfortable nursing chair with foot support.
- Bassinet, playpen or crib.
- Dresser for baby's clothes
- Baby clothes. (For the early months, Onesies and sleepers will do.)
- Baby blankets. "Treat any crib blankets you receive as wall decorations," notes Douglas. "Babies shouldn't sleep with blankets due to the increased risk of sudden infant death syndrome (SIDS)."

THE THREE TRIMESTERS

Found out you are pregnant? Congratulations! Here is a look at the 40 weeks of pregnancy.

FIRST TRIMESTER (WEEKS 1-12)

This is the trimester of waiting … and often nausea. "Once you find out that you're pregnant, you spend the next two months waiting to see if the pregnancy is likely to thrive," notes Ann Douglas, author of The Mother of All books. "The rise of miscarriage drops significantly after the first trimester." This trimester also comes with symptoms such as headaches, constipation, bloating, frequent urination and tender breasts. "Once you reach the six-week pregnancy mark, you may find you experience mild nausea or out-and-out vomiting under certain circumstances," adds Douglas, noting that about one in five women don't experience any nausea or vomiting in pregnancy. If nausea is a problem, try to avoid an empty stomach — your nausea may worsen at that point.

SECOND TRIMESTER (WEEKS 13-27)

This is the glory trimester: For many women the nausea and vomiting is gone, you start to feel the baby move … yet you aren't uncomfortably large yet. "And as the pregnancy continues, the movements become strong enough for them to be noticed and felt by other people," says Douglas.

THIRD TRIMESTER (WEEKS 28-40)

This is the home stretch, says Douglas. "Third trimester complaints include frequent trips to the washroom because your uterus is pressing down on your bladder, a sore back, swollen ankles from fluid retention, and insomnia," notes Douglas. Baby is really growing. So how can you feel your best during this body-shifting time? Douglas recommends maintaining a healthy pregnancy by eating well and sleeping when your body craves it. Also, look for women in your neighbourhood who are pregnant and experiencing the same things you are. "You'll appreciate their support and friendship, both during your pregnancy and after your babies arrive," Douglas says.

Pampers®

P&G
WORLDWIDE PARTNER

1 Get Pampers® CRUISERS® with 3-Way Fit™

2 EARN 2X Gifts To Grow POINTS

on specially marked Pampers® "Go Canada Go" packs while supplies last. Offer ends August 31, 2012.

Pampers gifts to grow rewards™

3 Redeem for CANADA GEAR

while supplies last.

Visit us on facebook
facebook.com/pamperscanada

© 2012 P&G

METRO CUSTOM PUBLISHING PRESENTED BY

DEFYING THE ODDS OF NATURE

IVF CANADA HAS BEEN CREATING FAMILIES SINCE 1983

For Dr. Perry Phillips, there is no greater joy than handing over a newborn baby to its parents. That is, unless he is handing the baby to previously infertile parents.

"That's even more special," says the Toronto-based obstetrician/gynaecologist and co-director of IVF Canada, the country's first fertility clinic.

It was nearly 30 years ago when Phillips and three of his OB/GYN colleagues at Toronto East General Hospital — Dr. Sam Batarseh, Dr. Murray N. Kroach and Dr. George Hon Woo — established the LIFE Program, Canada's first treatment program for infertility via in vitro fertilization (the technique of fertilizing human eggs outside the body before implanting in the womb).

"IVF was being done in the States and elsewhere, but not here," recalls Phillips. "We were sending all of our patients to the States."

In 1983, the foursome made medical history by achieving Canada's first IVF pregnancy. With this success came increasing demand from across the country and the world, and five years later, they founded IVF Canada — their private facility in Toronto housing state-of-the-art labs, clinics and surgical facilities — where they treat an average of 500 patients per year with various fertility treatments and assisted reproductive technologies.

In the decades since they began, the team has continually defied the odds of nature, giving thousands of people experiencing problems conceiving their dream of having a biological child. Among the milestones, not only did IVF Canada achieve the first IVF pregnancy in Canada, but also the first twins and other multiples born via IVF, the first baby born from a frozen embryo, the first baby born from a donor egg, the first gestational surrogacy pregnancy and birth, and the first pregnancy and birth for ICSI (intracytoplasmic sperm injection).

"Everything really hinges on the quality of the laboratory because that's where the scientific advances take place," explains Phillips. "We've been blessed with very good laboratory science people, particularly our laboratory biologists. They're key to success in this."

IVF Canada's reputation remains in such high esteem that in 2009, Sir Robert Edwards, the Nobel Prize-winning British physiologist who first developed in vitro fertilization in 1968, joined as an honorary director.

– Heather Buchan

THE NUMBERS

Infertility is a global issue that is estimated to affect between nine to 15 per cent of people child-bearing age. It is estimated that approximately four million babies are born globally by IVF each year. Approximately 20 per cent of Canadian couples experience varied difficulty getting pregnant.

IVF CANADA & LIFE PROGRAM

A leader in the field of Assisted Reproductive Technologies (ART's), IVF Canada/LIFE Program is a free-standing surgical facility offering the most advanced reproductive technologies available for the treatment of male and female infertility.

Our personalized patient care, consideration of couples with unique circumstances and timely access to treatment has made us the most patient-focused and accessible private IVF clinic in Canada.

Our mission is to provide comprehensive, quality advanced reproductive medical services in a safe, compassionate and effective environment that leads to the ultimate family unit.

Our vision is to be a leader in the practice of reproductive medicine within the scope of an independent health care facility. To continue to strive to introduce and implement new and expanding services with vision towards providing the utmost help in creating families.

IVF Canada & The LIFE Program
2347 Kennedy Road (Suite 304), Scarborough, Ontario, M1T 3T8
Telephone: (416) 754-1010 • **Fax:** (416) 321-1239
Email: info@ivfcanada.com • **Website:** www.ivfcanada.com

IVF CANADA
creating families since 1983

Life PROGRAM

25 IDEAS TO COOL DOWN

When it's blistering hot outside, here are 25 great ways to cool down.

FIRST, REDUCE THE HEAT IN THE HOUSE

1 During the day, close the windows and use shades and blinds to keep the warmer outside air out.

2 Tilt horizontal blinds upwards, according to BC Hydro —this will block heat but still allow light in.

3 Change window dressings to light coloured curtains, etc., which also reflect the heat out.

4 Replace heat-emitting incandescent bulbs with compact fluorescent light bulbs, says Lauren Mangion, Healthy Homes adviser at Green Calgary, an urban environmental non-profit organization.

5 Apply low E reflective film to your windows to reflect heat away. Available at hardware stores.

6 Open windows at night to let cooler outside air in.

7 Plant deciduous shade trees on the southern and western sides of the house, says Mangion.

NEXT, PLAN YOUR ACTIVITIES AROUND THE WEATHER

8 Stay put if it's high noon ... plan activities for early in the morning or late in the day when it's cooler, says Mo Hagan, VP of operations, GoodLife Fitness, London, Ont.

9 Immerse yourself — in a public pool or a lake.

10 Run through a sprinkler with your kids.

11 Spend time at an air conditioned shopping mall, public library, movie theatre or other public space.

12 Midday, relax in an easy chair in the shade and use cooling cucumber slices as a compress on your forehead.

DRESS COOL

13 Wear loose fitting, light-coloured clothing.

14 When Hagan runs in the heat, she soaks a cap in cold water and wears it. This will work if you're gardening, too.

CAMERON SPENCER/PHOTODISC/THINKSTOCK

15 Wear long hair up and off your neck.

REFRESH YOURSELF

16 Keep mist toner spray in the fridge and spritz your face!

17 Hagan suggests that you put rolled up, dampened hand towels in the fridge — to cool down, wipe your face with one or put it around the base of your neck.

18 Store foot cream in the fridge and massage into hot, tired feet. Mint lotion is particularly refreshing because it leaves a cooling sensation.

19 Use ceiling fans, says Mangion — in the summer, they should turn counter-clockwise so they are pushing air down.

20 Make the bed with (cool) white satin sheets.

EAT, DRINK & CHILL

21 Plan easy meals that don't require the stove or oven, says Fran Berkoff, registered dietitian, Toronto. Instead, barbecue and prepare cool, crispy salads.

22 Freeze mandarin segments, cherries and grapes and use them instead of ice cubes in cold water, says Hagan. They take longer to melt, and they taste good, too.

23 Always drink lots of water and other liquids, says Berkoff.

24 Allrecipes.com provides this delicious slushy recipe: Combine four cups cubed seedless watermelon and 10 ice cubes in a blender. Add ⅓ cup lime juice, ¼ cup sugar and ⅛ tsp salt. Blend until smooth and enjoy.

25 The cold, juicy summer fruits are most refreshing, says Berkoff ... enjoy peaches, melons and oranges, too.

– Ylva Van Buuren

YOUR SUMMER STAIN REMOVAL GUIDE

Handy tips to help you get through the stains of summer.

CLOROX2® STAIN FIGHTER

BURGER BOO-BOOS.

Mmm, juicy burgers with ketchup... too bad it's all over your favourite t-shirt!

PRETREAT: Apply Clorox2® Laundry Stain Remover Spray directly on stain. Let stand for 5–10 minutes.

LAUNDER: Wash immediately with your favourite detergent and one Clorox2® Stain Fighter and Colour Booster concentrated pack. Check that the stain is gone before putting it in the dryer.

TWO SCOOPS OF TROUBLE.

Half of your daughter's ice cream is on the ground. The other half landed on her shirt.

PRETREAT: Apply Clorox2® Laundry Stain Remover Spray with foaming action formulated with TripleSolve™ Technology to penetrate, dissolve and eliminate stains. Let stand for 5–10 minutes (don't let dry on fabric) and rinse.

LAUNDER: Wash as usual with your favourite detergent and one Clorox2® Stain Fighter and Colour Booster concentrated pack.

THE GRASS IS ALWAYS GREENER...

...on your kids' pants.

PRETREAT: Apply Clorox2® Laundry Stain Remover Spray directly on stain. Its foaming action will help loosen dirt and break down grass stains. Let stand for 5–10 minutes.

LAUNDER: Wash immediately with your favourite detergent and one Clorox2® Stain Fighter and Colour Booster concentrated pack.

SCAN HERE TO LEARN MORE

This guide was brought to you by CLOROX2® STAIN FIGHTER

NOW WITH TRIPLESOLVE™ TECHNOLOGY

Eliminates tough stains the 1st time.

LOOK FOR IT IN THE LAUNDRY AISLE

Available at Walmart
Save money. Live better.

HUMBER
The Business School

ADR SKILLS BENEFIT ALL CAREERS

THE ALTERNATIVE DISPUTE RESOLUTION POSTGRADUATE CERTIFICATE

ADR SKILLS WILL GIVE YOU A COMPETITIVE EDGE IN ANY JOB MARKET.

ADR CERTIFICATE 15061

LOCATION: Lakeshore Campus

ADMISSION: Admission requirements to the Postgraduate program include a bachelor's degree. Please submit your degree to the Admissions Office attention: Postgraduate ADR program – Admissions Clerk, ext. 3214, Lakeshore Campus

CONTACT: Wanda Buote, B. Ed, MBA, CHRM
Associate Dean, Lakeshore Campus
416.675.6622 ext 3800
wanda.buote@humber.ca

TO REGISTER: Call the registration office at 416.675.5005

For more information or to register online, visit **business.humber.ca/ce**

FULL-TIME OR PART-TIME CERTIFICATE

A 12-COURSE CERTIFICATE STARTING IN SEPTEMBER!

ADR. 500 70 – Introduction to ADR: Mediation, Negotiation, Arbitration
Monday, Sept. 10 – Dec. 17 (45 hours) | 12:40 pm - 3:20 pm
An introduction to conflict analysis, negotiation, mediation and arbitration. Gain insight into the practice of ADR and will have the opportunity to develop effective negotiation and mediation skills.

ADR. 501 70 – Court Documentation and Process
Tuesday, Sept. 4 – Dec. 11 (45 hours) | 4:20 pm - 6:55 pm
This course examines the role of mediation and pre-trials in settling litigated disputes in the Ontario Small Claims Court and the Ontario Superior Court of Justice.

ADR. 502 70– Administrative Tribunals: Practice
Thursday, Sept. 6 – Dec. 13 (45 hours) | 12:40 pm - 3:20 pm
Gain an understanding of the rules of natural justice and the laws and procedures applicable when a matter is heard before an administrative tribunal rather than in the traditional court system.

ADR. 503 70– Ethical Issues in ADR
Monday, Sept. 10 – Dec. 17 (45 hours) | 4:20 pm - 6:55 pm
Explore ethics in both a broad and specific sense, not only from the view of the role that the conflict resolution practitioner plays, but also with a look at self-reflection.

ADR. 504 70– Advocacy Skills for ADR Professional
Wednesday, Sept. 5 – Dec. 17 (45 hours) | 4:20 pm - 6:55 pm
An introduction to advocacy skills, this course will focus on students gaining the public speaking skills required for the role as a conflict resolution professional.

ADR. 505 70– Community Mediation
Thursday, Sept. 6 – Dec. 13 (45 hours) | 4:20 pm - 6:55 pm
This course will examine the impact conflict has on one's community and the role a mediator plays in assisting the community to resolve the conflict.

MLB

Testimony wraps up at Clemens perjury trial

His large frame towering over the microphone, Roger Clemens leaned forward at the podium and declared to the judge: "Yes sir, I am not testifying."

The government presented three rebuttal witnesses Monday after the defence rested its case at the Roger Clemens perjury trial.

The trial will determine whether Clemens lied when he told Congress in 2008 that he never used steroids and human growth hormone. Closing arguments will be heard Tuesday. The case could go to the jury Tuesday afternoon.

THE ASSOCIATED PRESS

French Open

Nadal makes history with 7th title in Paris

Rafael Nadal was worried.

A guy so unflinching, so nearly unbeatable at the French Open, got a case of nerves during the 18 hours he and Novak Djokovic waited for the restart of their rain-interrupted final at Roland Garros.

Instead of focusing on how close he was to winning a record seventh French Open, Nadal grew increasingly wary of the other possible outcome: A loss in a fourth consecutive Grand Slam final against Djokovic, who was trying to become the first man since 1969 to collect four straight major titles.

When play was halted on Sunday, Nadal was clinging to an shrinking lead. But the King of Clay overwhelmed the No.1-ranked Djokovic for the nine games they played Monday, wrapping up a 6-4, 6-3, 2-6, 7-5 win.

"You never know if you're going to win another one," said the second-ranked Nadal, who now owns 11 Grand Slam titles.

"I don't know if I am the best or not," he added. "I am not the right one to say that." THE ASSOCIATED PRESS

Rafael Nadal celebrates on Monday in Paris.
THE ASSOCIATED PRESS

The Kings celebrate as time expires during Game 6 at the Staples Center in Los Angeles. JULIE JACOBSON/THE ASSOCIATED PRESS

Kings take seat on NHL throne

NHL. Los Angeles seals deal by scoring three times in first during Devils' major penalty

It was worth the wait.

After 45 long years, including two near-misses in the last week, the Los Angeles Kings have finally been crowned Stanley Cup champions. The party kicked off before the first period even ended Monday as Los Angeles romped to a 6-1 series-clinching victory over the stunned New Jersey Devils.

The game turned on a penalty that should immediately erase Marty McSorley's 1993 illegal-stick call as the most memorable in Kings history. Devils forward Steve Bernier was given a five-minute major for boarding just over 10 minutes into the game after bloodying Rob Scuderi with a hard hit from behind, and Los Angeles made him pay.

First captain Dustin Brown got a puck behind Martin Brodeur. Then Jeff Carter followed. By the time Trevor Lewis made it 3-0 at 15:01, the Staples Center crowd knew the Kings had all the goals they needed.

After all, Jonathan Quick didn't allow more than that in any game during a dominant run through the playoffs. The Kings goaltender was awarded the Conn Smythe Trophy as playoff MVP for his dominant performance in goal.

Quick didn't face a lot of shots in Game 6. His toughest task was staying composed as the score went up.

"As much as you keep pushing it out of your mind it'll creep back in," he said. "Especially when you get that four-goal lead and it's hard for it not to creep into your head a little bit. But you keep reminding yourself how dangerous of a team they are, and the second you become relaxed and get your mind off what you're supposed to be doing, that's when they'll take advantage of you."

The Devils were the first team since 1945 to even force a Game 6 in the Stanley Cup final after trailing 3-0 in the series, and the clincher highlighted why the task of coming all the way back is so daunting. There's no room for bad bounces or bad luck.

New Jersey was where it wanted to be after weathering an early storm and killing off a minor penalty. And then Bernier crashed into Scuderi. The most difficult part of that penalty for the Devils was the fact it came just seconds after Jarrett Stoll had hit Stephen Gionta from behind without a call.

Series over.

The Devils were shaken and their hopes of forcing a Game 7 were soon shattered. It's extremely rare to see a team score three times on a major penalty, especially against a New Jersey penalty kill that was the NHL's best in the regular season at 89.6 per cent. They couldn't maintain that level in the playoffs.

Carter added another goal in the second period while Adam Henrique got the Devils on the board just over a minute before the intermission. However, there was no doubting the outcome as the final 20 minutes ticked away and resignation started to settle in on the New Jersey bench.

"It's pretty awesome, obviously, when you have a three- or four-goal lead with five minutes left and you know what these guys are capable of doing, then you start seeing it on the bench," Kings coach Darryl Sutter said. "It's the feeling ... seeing them so happy and the work that you go through."

THE CANADIAN PRESS

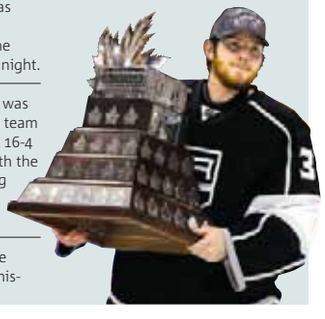
Game 6

Kings	Devils
6	1

Quick answer to Conn Smythe question

No one will be overlooking Jonathan Quick now.

- The Kings goaltender was given the Conn Smythe Trophy after clinching the Stanley Cup on Monday night.
- It was no contest. Quick was the backbone of a Kings team that went on a stunning 16-4 run in these playoffs, with the goaltender only allowing three goals in a game on two occasions.
- His playoff statistics were among the best in NHL history: A .946 save percentage and 1.41 goals-against average to go with three shutouts.



4 SPORTS

MLB

"I want a ball called a ball and a strike called a strike. Figure out how to do it."

Boston Red Sox manager Bobby Valentine, who was still steamed about umpiring on Tuesday, a day after being ejected, and said technology should be used to eliminate human error in calling balls and strikes.

MLS

"I thoroughly enjoyed it. I hope the lads did. That's what it's all about."

New Toronto FC head coach Paul Mariner, after training with the team Monday and putting the Reds through their paces for the first time since his hiring last week.

On the web

Majority owner Michael Heisley has been trying to sell his Memphis Grizzlies for years to just the right person, and the Illinois billionaire finally found his buyer. Heisley said Monday he has an agreement to sell the team to Robert J. Pera, a 34-year-old billionaire from California. Scan the code for the story.

MLB

AMERICAN LEAGUE

EAST DIVISION	W	L	Pct	GB
New York	35	25	.583	—
Tampa Bay	35	25	.583	—
Baltimore	34	26	.567	1
Toronto	31	30	.508	4½
Boston	29	32	.475	6½
CENTRAL DIVISION	**W**	**L**	**Pct**	**GB**
Chicago	33	27	.550	—
Cleveland	32	27	.542	½
Detroit	28	32	.467	5
Kansas City	24	34	.414	8
Minnesota	24	35	.407	8½
WEST DIVISION	**W**	**L**	**Pct**	**GB**
Texas	35	26	.574	—
Los Angeles	32	29	.525	3
Seattle	27	35	.435	8½
Oakland	26	35	.426	9

NATIONAL LEAGUE

EAST DIVISION	W	L	Pct	GB
Washington	36	23	.610	—
Atlanta	34	27	.557	3
Miami	32	29	.525	5
New York	32	29	.525	5
Philadelphia	29	33	.468	8½
CENTRAL DIVISION	**W**	**L**	**Pct**	**GB**
Cincinnati	32	27	.542	—
Pittsburgh	32	27	.542	—
St. Louis	31	30	.508	2
Milwaukee	28	32	.467	4½
Houston	26	34	.433	6½
Chicago	20	40	.333	12½
WEST DIVISION	**W**	**L**	**Pct**	**GB**
Los Angeles	39	22	.639	—
San Francisco	34	27	.557	5
Arizona	30	30	.500	8½
Colorado	24	35	.407	14
San Diego	20	41	.328	19

INTERLEAGUE

Monday's results
Washington 6 Toronto 3
Miami 4 Boston 1
N.Y. Yankees 3 Atlanta 0
L.A. Angels at L.A. Dodgers
Sunday's results
Toronto 12 Atlanta 4
Arizona 4 Oakland 3
Baltimore 5 Philadelphia 4 (10 inn.)
Chicago Cubs 8 Minnesota 2
Cleveland 4 St. Louis 1
Detroit 7 Cincinnati 6
Houston 11 Chicago White Sox 9
L.A. Angels 10, Colorado 8
L.A. Dodgers 8 Seattle 2
N.Y. Yankees 5 N.Y. Mets 4
Pittsburgh 3 Kansas City 2
Tampa Bay 4 Miami 2
Texas 5 San Francisco 0
Washington 4 Boston 3
Tuesday's games — All Times Eastern
Pittsburgh (Lincoln 3-1) at Baltimore (W.Chen 5-2), 7:05 p.m.
Washington (Wang 1-2) at Toronto (H.Alvarez 3-5), 7:07 p.m.
Boston (Buchholz 6-2) at Miami (Buehrle 5-6), 7:10 p.m.
Cleveland (J.Gomez 4-4) at Cincinnati (Cueto 6-3), 7:10 p.m.
N.Y. Mets (C.Young 0-0) at Tampa Bay (Cobb 2-2), 7:10 p.m.
N.Y. Yankees (Sabathia 7-3) at Atlanta (Minor 3-4), 7:10 p.m.
Arizona (I.Kennedy 5-5) at Texas (Lewis 4-5), 8:05 p.m.
Detroit (Scherzer 5-4) at Chicago Cubs (Maholm 4-5), 8:05 p.m.
Milwaukee (Greinke 7-2) at Kansas City (Mendoza 2-3), 8:10 p.m.
Philadelphia (K.Kendrick 2-5) at Minnesota (Blackburn 2-4), 8:10 p.m.
Chicago White Sox (Quintana 1-1) at St. Louis (Wainwright 5-6), 8:15 p.m.
Oakland (Colon 5-6) at Colorado (Guthrie 3-4), 8:40 p.m.
L.A. Angels (Williams 6-3) at L.A. Dodgers (Harang 5-3), 10:10 p.m.
San Diego (Richard 2-7) at Seattle (F.Hernandez 4-4), 10:10 p.m.

CALENDAR

July 10 — All-Star game, Kansas City, Mo.
July 13 — Deadline for amateur draft picks to sign with selection team.
July 22 — Baseball Hall of Fame induction, Cooperstown, N.Y.
July 31 — Last day to trade a player without securing waivers.
Aug 15-16 — Owners' meetings, Denver.

Monday's results
No Games Scheduled.
Sunday's result
Milwaukee 6 San Diego 5
Tuesday's game
All Times Eastern
Houston (Norris 5-3) at San Francisco (Bumgarner 7-4), 10:15 p.m.

NATIONALS 6, BLUE JAYS 3

Washington	ab	r	h	bi	Toronto	ab	r	h	bi
Lmrdzz lf	5	2	2	0	Lawrie 3b	4	0	1	0
Harper rf-cf-rf	4	2	3	1	Rasms cf	4	1	1	1
Zmrmn 3b	5	0	1	0	Bautist rf	2	0	0	0
LaRoch 1b	5	1	2	2	Encrnc dh	4	1	1	0
Morse dh	4	0	1	1	KJhnsn 2b	4	0	0	0
Dsmnd ss	5	0	2	1	YEscor ss	4	0	0	0
Espinos 2b	4	0	1	0	Cooper 1b	3	0	0	0
Berndn cf	1	0	0	0	YGoms ph	1	1	1	2
Nady pr-rf	1	0	0	0	Arencii c	3	0	0	0
Ankiel cf	1	1	1	1	RDavis lf	3	0	0	0
Flores c	4	0	1	0					
Totals	**39**	**6**	**14**	**6**	**Totals**	**32**	**3**	**4**	**3**

Washington	202	000	110	— 6
Toronto	100	000	002	— 3

E—Zimmerman (3), Cooper (1). DP—Toronto 1. LOB—Washington 9, Toronto 5. 2B—Lombardozzi (8), Flores (3), Encarnacion (13). HR—LaRoche (11), Ankiel (4), Rasmus (9), Y.Gomes (3). SB—Harper (4). SF—Morse.

Washington	IP	H	R	ER	BB	SO
E.Jackson W,3-3	8	3	2	2	3	3
S.Burnett	1	1	1	1	0	2
Toronto						
Morrow L,7-4	0	1	1	1	0	0
Beck	3 2-3	3	3	2	2	3
L.Perez	2 1-3	6	1	1	0	1
Frasor	1	2	0	0	0	1
Cordero	1	2	1	1	0	1
Villanueva	1	0	0	0	0	0

Morrow pitched to 1 batter in the 1st.
L.Perez pitched to 2 batters in the 7th.
E.Jackson pitched to 1 batter in the 9th.
WP—Beck. PB—Arencibia.
T—3:03. A—18,513 (49,260) at Toronto.

ATHLETICS

MOSCOW CHALLENGE

Monday's results (distances in metres)
MEN
110 Hurdles — 1, Daniel Kiss, Hungary, 13.53 seconds. 2, Maksim Lynsha, Belarus, 13.60. 3, Konstantin Shabanov, Russia, 13.79. 4, Dominik Bochenek, Poland, 13.86. 5, Filipp Shabanov, Russia, 14.03. 6, Nikita Voronov, Russia, 15.64.
200 — 1, Aleksandr Brednev, Russia, 20.58. 2, Ainsley Waugh, Jamaica, 20.63. 3, Christian Malcolm, Britain, 20.90. 4, Aleksandr Khyutte, Russia, 20.91. 5, Konstantin Petryashov, Russia, 21.05. 6, Vyacheslav Kolesnichenko, Russia, 21.13.

NHL PLAYOFFS

STANLEY CUP FINAL

(Best of 7)
NEW JERSEY (E6) VS.LOS ANGELES (W8)
(Los Angeles leads series 3-2)
Monday's result
New Jersey at Los Angeles
Saturday's result
New Jersey 2 Los Angeles 1
Wednesday's game — All Times Eastern
x-Los Angeles at New Jersey, 8 p.m.
x — played only if necessary.

SCORING LEADERS

	G	A	PT
Kopitar, LA	8	11	19
Kovalchuk, NJ	8	11	19
Giroux, Pha	8	9	17
D.Brown, LA	7	10	17
Parise, NJ	8	7	15
B.Richards, NYR	6	9	15
J.Williams, LA	4	11	15
Doughty, LA	4	10	14
Salvador, NJ	4	10	14
Briere, Pha	8	5	13
Zajac, NJ	7	6	13
M.Richards, LA	4	9	13
Henrique, NJ	4	8	12
Clarkson, NJ	3	9	12
Girardi, NYR	3	9	12
J.Carter, LA	6	5	11
Gaborik, NYR	5	6	11
Penner, LA	3	8	11
Callahan, NYR	6	4	10
McDonald, StL	5	5	10
Vermette, Phx	5	5	10
Anisimov, NYR	3	7	10
Zubrus, NJ	3	7	10
Del Zotto, NYR	2	8	10
Voracek, Pha	2	8	10
J.Staal, Pgh	6	3	9
Doan, Phx	5	4	9
Ovechkin, Wash	5	4	9
B.Schenn, Pha	3	6	9
Stepan, NYR	1	8	9
Yandle, Phx	1	8	9
Zidlicky, NJ	1	8	9
Elias, NJ	5	3	8
Boedker, Phx	4	4	8
Crosby, Pgh	3	5	8
Hartnell, Pha	3	5	8
Malkin, Pgh	3	5	8

Not including last night's game

TENNIS

FRENCH OPEN

Monday's result
Men's Singles — Championship
Rafael Nadal (2), Spain, def. Novak Djokovic (1), Serbia, 6-4, 6-3, 2-6, 7-5.

NBA PLAYOFFS

THE FINALS

(Best of 7)
All Times Eastern
OKLAHOMA CITY (W2) VS. MIAMI (E2)
Tuesday's game
Miami at Oklahoma City, 9 p.m
Thursday's game
Miami at Oklahoma City, 9 p.m.
Sunday, June 17
Oklahoma City at Miami, 8 p.m.
Tuesday, June 19
Oklahoma City at Miami, 9 p.m.
Thursday, June 21
x-Oklahoma City at Miami, 9 p.m.
Sunday, June 24
x-Miami at Oklahoma City, 8 p.m.
Tuesday, June 26
x-Miami at Oklahoma City, 9 p.m.
x — played only if necessary.

GOLF

PGA FEDEXCUP

Through June 10

	Points	Money YTD
1. Jason Dufner	1,735	US$3,800,172
2. Hunter Mahan	1,477	$3,211,068
3. Tiger Woods	1,404	$2,964,050
4. Zach Johnson	1,386	$3,033,525
5. Bubba Watson	1,372	$3,204,778
6. Rory McIlroy	1,372	$3,164,700
7. Phil Mickelson	1,307	$2,838,778
8. Matt Kuchar	1,300	$3,082,409
9. Carl Pettersson	1,258	$2,459,113
10. Rickie Fowler	1,169	$2,692,753
11. Johnson Wagner	1,124	$2,093,283
12. Justin Rose	1,121	$2,549,902
13. Luke Donald	1,070	$2,299,506
14. John Huh	982	$2,120,080
15. Kyle Stanley	981	$2,022,213
16. Mark Wilson	940	$1,953,639
17. Bill Haas	922	$1,887,862
18. Dustin Johnson	898	$1,815,950
19. Brandt Snedeker	888	$1,757,814
20. Ben Curtis	886	$2,154,480
21. Keegan Bradley	874	$1,710,477
22. Steve Stricker	855	$1,743,048
23. Martin Laird	847	$1,885,834
24. Jim Furyk	817	$1,662,555
25. Ben Crane	747	$1,508,555
26. Kevin Na	741	$1,637,637
27. Ernie Els	714	$1,444,378
28. Robert Garrigus	709	$1,329,838
29. Spencer Levin	695	$1,240,911
30. Louis Oosthuizen	672	$1,535,067
31. D.A. Points	662	$1,345,313
32. Webb Simpson	659	$1,295,197
33. Jonathan Byrd	641	$1,464,320
34. Ryan Palmer	641	$1,163,762
35. Matt Every	641	$1,365,897
36. Charlie Wi	626	$1,166,174
37. Charles Howell III	621	$896,483
38. Lee Westwood	618	$1,529,195
39. John Rollins	611	$1,183,937
40. Bo Van Pelt	610	$1,356,367
41. Ken Duke	604	$1,155,835
42. George McNeill	572	$1,020,035
43. Kevin Stadler	561	$1,035,276
44. Cameron Tringale	548$	1,010,016
45. Brian Davis	546	$941,543
46. Graeme McDowell	542	$1,131,568
47. John Senden	532	$925,578
48. Brendon de Jonge	516	$736,675
49. Sean O'Hair	514	$776,434
50. Sang-Moon Bae	510	$967,285
51. Aaron Baddeley	506	$991,289
52. Dicky Pride	503	$1,088,363
53. Ryan Moore	500	$933,709
54. Jeff Overton	495	$845,378
55. Rory Sabbatini	494	$962,940
56. Bud Cauley	492	$771,461
57. Scott Piercy	485	$852,965
58. Jimmy Walker	483	$871,808
59. Greg Owen	477	$827,163
60. Pat Perez	473	$795,467
61. Bryce Molder	460	$747,195
62. Seung-Yul Noh	456	$755,692
63. Jonas Blixt	455	$873,798
64. John Merrick	454	$746,633
65. Harris English	449	$818,206
66. Geoff Ogilvy	445	$744,108
67. Chris Stroud	440	$832,236
68. Greg Chalmers	434	$564,322
69. Tom Gillis	432	$726,804
70. Nick Watney	416	$735,659
71. Robert Allenby	415	$759,557
72. John Mallinger	410	$623,490
73. J.B. Holmes	410	$755,430
74. David Toms	409	$795,087
75. Ian Poulter	407	$862,992
76. Vijay Singh	400	$630,805
Also		
92. David Hearn	**350**	**$585,355**
103. Graham DeLaet	**302**	**$526,902**

CANADIAN TIMES COLONIST ISLAND OPEN

At Victoria
Par 70
Sunday's Final Round

Andrew Roque, $24,000	64-70-71-61—266
Lucas Lee, $11,700	65-69-70-65—269
Cory Renfrew, $11,700	**68-67-66-68—269**
Derek Gillespie, $7,200	**67-66-71-66—270**
Scott Harrington, $5,699	69-71-68-65—273
Matt Jager, $5,699	72-69-65-67—273
Nick Taylor, $4,799	**67-70-69-68—274**
Jeff Rangel, $4,799	70-68-66-70—274
Tyler Aldridge, $4,350	69-70-68-68—275
Roger Sloan, $3,750	**71-68-69-68—276**
Mark Hubbard, $3,750	73-68-67-68—276
Jaime Gomez, $3,750	69-70-67-70—276
Matt Hoffman, $2,899	**70-72-70-65—277**
Wes Heffernan, $2,899	**69-70-68-70—277**
Matt Marshall, $2,899	67-69-70-71—277
James Allenby, $2,250	**68-70-71-69—278**
Adam Cornelson, $2,250	**73-67-69-69—278**
Wil Collins, $2,250	70-70-69-69—278
Gordy Scutt, $2,250	**67-68-73-70—278**
Vince Covello, $2,250	72-70-66-70—278
Kyle Kallan, $1,687	73-66-73-67—279
Jae Woo Im, $1,687	74-66-71-68—279
Ryan Williams, $1,687	**72-70-69-68—279**
Kyle Stough, $1,687	73-69-68-69—279
Nathan Leonhardt, $1,687	**69-69-70-71—279**
Jeff Burton, $1,687	67-71-68-73—279
Mitch Evanecz, $1,272	**71-71-72-66—280**
Brett Kanda, $1,272	71-71-72-66—280
Parker Lilly, $1,272	**68-71-73-68—280**
Thomas Hay, $1,272	**72-68-71-69—280**
Matt Johnston, $1,272	**70-68-72-70—280**
Alan McLean, $1,272	73-68-69-70—280
Brian Kontak, $1,272	71-68-70-71—280
Cody Slover, $1,272	68-73-67-72—280
Stuart Anderson, $883	**71-70-71-69—281**
Chris Killmer, $883	69-71-70-71—281
Kent Fukushima, $883	**70-67-72-72—281**
Wes Homan, $883	69-69-71-72—281
Boyd Summerhays, $883	68-70-71-72—281
Oliver Tubb, $883	**67-70-71-73—281**
Jesse Smith, $883	71-67-70-73—281
Darren Wallace, $883	**68-70-70-73—281**
Andy Matthews, $883	70-70-68-73—281
Matt Daniel, $883	**70-71-67-73—281**
Paul Peterson, $883	67-68-71-75—281
Chris Cunningham, $883	69-70-67-75—281
Peter Campbell, $584	**72-70-71-70—283**
Adrian Cord, $584	**69-71-72-71—283**
Also	
Steven Lecuyer, $300	**72-70-76-69—287**
Darren Griff, $300	**69-71-76-73—289**

SOCCER

WORLD CUP QUALIFYING

NORTH, CENTRAL AND CARIBBEAN ZONE

Tuesday's games
All Times Eastern
GROUP A
At St. John's, Antigua
Antigua vs. Jamaica, 7 p.m.
At Guatemala City
Guatemala vs. U.S., 10 p.m.
GROUP B
At San Salvador, El Salvador
El Salvador vs. Mexico, 9:30 p.m.
At Georgetown, Guyana
Guyana vs. Costa Rica, 9 p.m.
GROUP C
At Toronto
Canada vs. Honduras, 8:30 p.m.
At Panama City
Panama vs. Cuba, 9:05 p.m.

EURO 2012

FIRST ROUND

All Times Eastern
GROUP A
Tuesday's games
At Wroclaw, Poland
Greece vs. Czech Republic, noon
At Warsaw, Poland
Poland vs. Russia, 2:45 p.m.
GROUP B
Wednesday's games
At Lviv, Ukraine
Denmark vs. Portugal, Noon
At Kharkiv, Ukraine
Netherlands vs. Germany, 2:45 p.m.
GROUP C
Sunday's results
At Gdansk, Poland
Spain 1 Italy 1
At Poznan, Poland
Croatia 3 Ireland 1
GROUP D
Monday's results
At Donetsk, Ukraine
France 1 England 1
At Kiev, Ukraine
Ukraine 2 Sweden 1

MLS

EASTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
D.C. United	15	8	4	3	28	19	27
New York	13	8	3	2	26	18	26
Kansas City	12	8	3	1	17	10	25
Columbus	12	5	4	3	13	13	18
Chicago	13	5	5	3	15	17	18
Houston	12	4	4	4	13	15	16
New England	13	5	7	1	18	18	16
Montreal	13	3	7	3	15	21	12
Philadelphia	11	2	7	2	8	14	8
Toronto	10	1	9	0	8	21	3

WESTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
Real Salt Lake	14	9	3	2	22	14	29
San Jose	14	8	3	3	27	17	27
Seattle	13	7	3	3	16	9	24
Vancouver	13	6	3	4	16	15	22
Colorado	13	6	6	1	20	18	19
Chivas USA	13	4	6	3	9	14	15
Portland	12	3	5	4	12	15	13
Dallas	15	3	8	4	15	24	13
Los Angeles	13	3	8	2	15	21	11

Sunday's result
Vancouver 3 Houston 1
Saturday, June 16 — All Times Eastern
Dallas at Houston, 5 p.m.
Colorado at Vancouver, 7 p.m.
D.C. United at Philadelphia, 7 p.m.
Seattle at Montreal, 7:30 p.m.
Columbus at New England, 7:30 p.m.
Toronto at Kansas City, 8:30 p.m.
Real Salt Lake at Chivas USA, 10:30 p.m.
Sunday, June 17
New York at Chicago, 5 p.m.
Portland at Los Angeles, 8 p.m.

NASL

	GP	W	L	T	GF	GA	Pt
Puerto Rico	10	6	2	2	19	7	20
San Antonio	10	5	1	4	14	9	19
Minnesota	10	4	1	5	15	13	17
Fort Lauderdale	11	3	4	4	15	18	13
Tampa Bay	11	3	5	3	11	15	12
Edmonton	10	3	5	2	11	10	11
Carolina	11	2	4	5	18	20	11
Atlanta	11	1	5	5	11	22	8

Sunday's result
Edmonton 1 Fort Lauderdale 0
Saturday, June 16 — All Times Eastern
Carolina at Atlanta, 7:30 p.m.
Edmonton at Fort Lauderdale, 7:30 p.m.
San Antonio at Puerto Rico, 7:30 p.m.
Tampa Bay at Minnesota, 8:30 p.m.

REAL SPORTS.
YOUR SOCCER DESTINATION.
Visit clubmetro.com for your chance to win 1 of 25 VIP packages* to watch the Final Match, LIVE in Maple Leaf Square.
club metro .com
REAL SPORTS APPAREL
REAL SPORTS BAR & GRILL
MAPLE LEAF SQUARE
*COMPLETE RULES & REGULATIONS AT CLUBMETRO.COM

Roller-coaster playoff ride for Bosh

NBA. Heat forward's emotional post-season could end with title

Miami Heat forward Chris Bosh is interviewed during practice on Monday in Oklahoma City. Game 1 of NBA finals between the Heat and the Oklahoma City Thunder is scheduled for Tuesday. SUE OGROCKI/THE ASSOCIATED PRESS

Chris Bosh has watched the birth of his son, collapsed to the court in agony with a strained abdominal muscle, seen his team sputter many times during nine games without him, then dealt with the death of a masseuse who was stricken at his home.

And all since this Miami Heat playoff run began.

"I think about those things every day," Bosh said.

His run of emotional ebbs and flows in recent weeks is on the upswing again. He's returning to the NBA finals, and if the Heat are going to win it this time Bosh likely will have to play a major role when they take on the Oklahoma City Thunder starting on Tuesday night.

His importance is unquestioned, at least by the Heat.

Where he exactly fits in the rotation these days, that's still in some doubt. Bosh says it's "irrelevant" as long as he's getting minutes.

He didn't start any of the three games he played in the Eastern Conference finals against the Boston Celtics. But with the series — and the entirety of a championship-or-bust season — on the line in the fourth quarter of Game 7, Bosh hit perhaps the most important shot of all, a three-pointer that helped kickstart what became a 20-6 run to end the game.

Bosh may be viewed as the third wheel of Miami's Big Three by those on the outside. Within the Heat locker room, maybe no other player is more valued, especially by the other two sides of the superstar Heat triangle, LeBron James and Dwyane Wade.

"Chris is big," James said after Game 7.

"Huge," Wade added.

"Game ball automatically goes to him," James continued. "Without his production tonight, we don't win.... We haven't had that type of activity, that firepower off the bench, since we got here. It's unique. It's very unique that CB is coming off the bench, but it may be something great for us."

THE ASSOCIATED PRESS

Guarding the Thunder

Heat wary of Westbrook

The Miami Heat know there's another all-star point guard standing between them and the championship after surviving a steady threat of Rajon Rondo triple-doubles to reach the NBA finals.

Russell Westbrook poses a different kind of triple threat with his blazing speed, defensive intensity and often deadly shooting. He brings the Oklahoma City Thunder into the finals playing some of the best basketball of his young career.

Heat guard Dwyane Wade said Monday he considers Westbrook "the most athletic guy in the NBA for what he does." Wade will share responsibilities in guarding Westbrook when the series starts with Game 1 on Tuesday night in Oklahoma City.

THE ASSOCIATED PRESS

Tennis

Raonic opens tournament with 19 aces in victory

Canadian Milos Raonic defeated Philipp Petzschner 7-5, 7-6 (1) in his opening match at the Gerry Weber Open on Monday.

Raonic, the No. 5 seed from Thornhill, Ont., served 19 aces in the straight-sets victory over the German, who made it to the final of the 2011 event. Raonic will next play Ze Zhang of China, who overcame another German, Tobias Kamke, 6-4, 7-6 (2).

Philipp Kohlschreiber began his title defence at the grass-court tournament with a win over wild card Dustin Brown in an all-German matchup.

The 163rd-ranked Brown twice pushed Kohlschreiber to a tiebreak, before the eighth-seeded defending champion won 7-6 (4), 7-6 (4) in one hour 23 minutes.

The 28-year-old Kohlschreiber will face Lukas Kubot after the Pole beat Jarkko Nieminen of Finland 6-4, 6-4.

Rafael Nadal, who won his record seventh French Open title earlier Monday, and five-time winner Roger Federer, both have byes to the second round.

THE ASSOCIATED PRESS

Canada focused on next opponent

After Canada's men's soccer team overcame the scorching heat and spotty pitch to upset Cuba on foreign soil last Friday, coach Stephen Hart allowed his players a brief time to revel in the result.

Then they promptly filed those feelings away.

Canada hosts Honduras on Tuesday in the second game of the third round of CONCACAF World Cup qualifying. Another victory would give Canada six points and some considerable breathing room heading into a two-month break.

"(I told them) the usual stuff: enjoy the moment for a couple of hours and then understand that you've achieved nothing, we've achieved nothing," Hart said after practice Monday at BMO Field.

The 77th-ranked Canadians defeated Cuba 1-0 on Friday, while No. 46 Panama defeated 55th-ranked Honduras 2-0 in the other game in the group.

After Tuesday's matchup, the national side, gunning to make its first World Cup appearance since 1986, takes a break before picking up World Cup qualifying again in September.

Stephen Hart GETTY IMAGES FILE

"It's going to be massive for us. We don't want to go into the next two months with any regrets of what could have been if we'd won maximum points," said David Edgar, whose well-placed cross led to Olivier Occean's goal versus Cuba.

The Canadians played through soaring heat on Friday that left Hart joking that he just hoped his players "didn't die." They also played a man short after keeper Lars Hirschfeld was shown a red card for handling the ball outside of the box.

Milan Borjan played well as Hirschfeld's replacement, immediately facing a dangerous free kick.

"It was difficult because I didn't warm up or anything, it was a tough situation to come in on, winning 1-0, a free kick on the 18-yard box..." Borjan said. "But the guys gave me the confidence, the coaches they gave me confidence, so it was good."

He'll be Canada's goalkeeper against Honduras while Hirschfeld serves a one-game suspension.

Hart said he has faith in whichever Canadian keeper he has in net, saying there's little difference between the two.

"New goalkeeper, different name," Hart said. "Other than that, the players wouldn't be picked if I didn't think they could do the job."

THE CANADIAN PRESS

Quoted

"OK, it's a home game, but I think Honduras has too much experience to be desperate."

Canada head coach Stephen Hart on the mindset of Honduras following a loss

Co-host triumphs. Shevchenko scores two as Ukraine beats Sweden

Andriy Shevchenko made his coach look brilliant, scoring two great headers Monday to give Ukraine a 2-1 win over Sweden at the European Championship.

After Zlatan Ibrahimovic had given Sweden the lead in the 52nd minute, Shevchenko responded by heading in the equalizer just three minutes later and then added the winner in the 61st.

The victory gives Ukraine a serious chance of advancing from Group D after England and France drew 1-1, while Sweden faces an uphill battle to remain in the tournament.

Group D

Ukraine	Sweden
2	1

Oleh Husyev of Ukraine and Olof Mellberg of Sweden vie for the ball during a Euro 2012 Group D match on Monday in Kyiv. LAURENCE GRIFFITHS/GETTY IMAGES

Shevchenko is already a national icon in Ukraine and carried the hopes of the team going into the tournament. In front of a sea of yellow and blue in the packed Olympic Stadium, he certainly didn't disappoint. He rewarded the faith coach Oleg Blokhin showed in the veteran.

Showing flashes of the scorer's instinct that once made him one of the world's top strikers, Shevchenko beat Olof Mellberg to a cross for his first goal and then met a corner to head the ball inside the near post for the second.

That set off shouts of "Sheva" that may reverberate throughout the nation for a long time.

Shevchenko was given a well-deserved standing ovation as he was taken off in the 81st minute.

THE ASSOCIATED PRESS

Turf trouble. Spain considers protest to UEFA over stadium grass

Spain was considering filing an official protest to UEFA over the state of the pitch at Gdansk's PGE Arena after Italy's refusal to consent to extra watering left it dry for their opening European Championship game.

Spain coach Vicente del Bosque as well as players Andres Iniesta, Xavi Hernandez and Cesc Fabregas all complained about the turf following Sunday's 1-1 Group C draw, which affected the defending champions' passing game.

Spain's bid may come too late, however, as UEFA rules say any protests lodged during the tournament "must be presented in writing ... within a maximum of 12 hours of the end of the match." Otherwise, captain Iker Casillas would have had to make an official protest in the presence of Italy captain Gianluigi Buffon during the match. THE ASSOCIATED PRESS

Rule book

12

UEFA rules state that any protests lodged during the tournament "must be presented in writing ... within a maximum of 12 hours of the end of the match."

No change

Russia coach pledges more attacking play

Don't expect any major changes to Russia's lineup or attacking style of play when the team takes on Poland at the European Championship.

The Russians beat the Czech Republic 4-1 in their opening Group A match, and they will next face the co-hosts on Tuesday.

"There's not much reason to make big changes," Russia coach Dick Advocaat said Monday.

The way the Russia forwards cut through the Czech defence on Friday elevated Advocaat's team to the ranks of tournament favourites, and the Dutch coach knows a win against Poland would guarantee a quarter-final place with a match to spare.

THE ASSOCIATED PRESS

Joleon Lescott of England heads the ball past Hugo Lloris of France during a Euro 2012 Group D match on Monday in Donetsk, Ukraine. IAN WALTON/GETTY IMAGES

France and England trade goals in draw

Rivals deadlocked 1-1. France winless at a major tournament since 2006 World Cup

England held on for a 1-1 draw with France on Monday at the European Championship, giving the Group D favourites one point each.

Joleon Lescott put England in the lead with a header in the 30th minute, and Samir Nasri levelled for France shortly before halftime with a strike into the bottom corner.

The draw means France has still not won a match at a major tournament since the 2006 World Cup. The national team, however, is unbeaten in its last 22 matches.

"I think we have to be happy with that," France coach Laurent Blanc said. "We were too timid at the start, there was a bit of pressure that got to us, and then we got better actually after we conceded the goal — that's when we started playing."

England took the lead when captain Steven Gerrard curled in a free kick from the right after Patrice Evra had fouled James Milner, and Lescott was able to nod the ball past France goalkeeper Hugo Lloris.

France's equalizer was all about one-touch football as Florent Malouda, Evra and Franck Ribery flicked the ball around the left side of England's penalty area to free up space for Nasri, who put in a low shot before England goalkeeper Joe Hart could react.

After running away in celebration, television replays showed Nasri had shouted "Ferme ta geule," or "Shut your mouth," as he looked in the direction of the England bench. He then brought his finger to his lips as if to tell someone to hush.

THE ASSOCIATED PRESS

Men down

England's injury curse extends to the coaching staff at the European Championship.

Roy Hodgson has already lost four members of the squad to tournament-ending injuries and now goalkeeping coach Ray Clemence is going home for surgery.

The former England goalkeeper snapped an Achilles' tendon while warming up the 'keepers before England's 1-1 draw against France on Monday.

Hodgson says "the hoodoo with injuries continues ... he's in an awful lot of pain and has to go back to England for an operation."

Midfielders Gareth Barry and Frank Lampard, defender Gary Cahill, and goalkeeper John Ruddy have been forced out of Euro 2012 with injuries.

THE ASSOCIATED PRESS

French let victory slip away

Wilting in the heat and technically inferior to the French, England escaped with a draw from their first European Championship opener.

And France, with the flair and guile England lacked for most of the match, will be ruing a missed opportunity.

"The side that played the most football was France," France coach Laurent Blanc said.

That was borne out in the statistics.

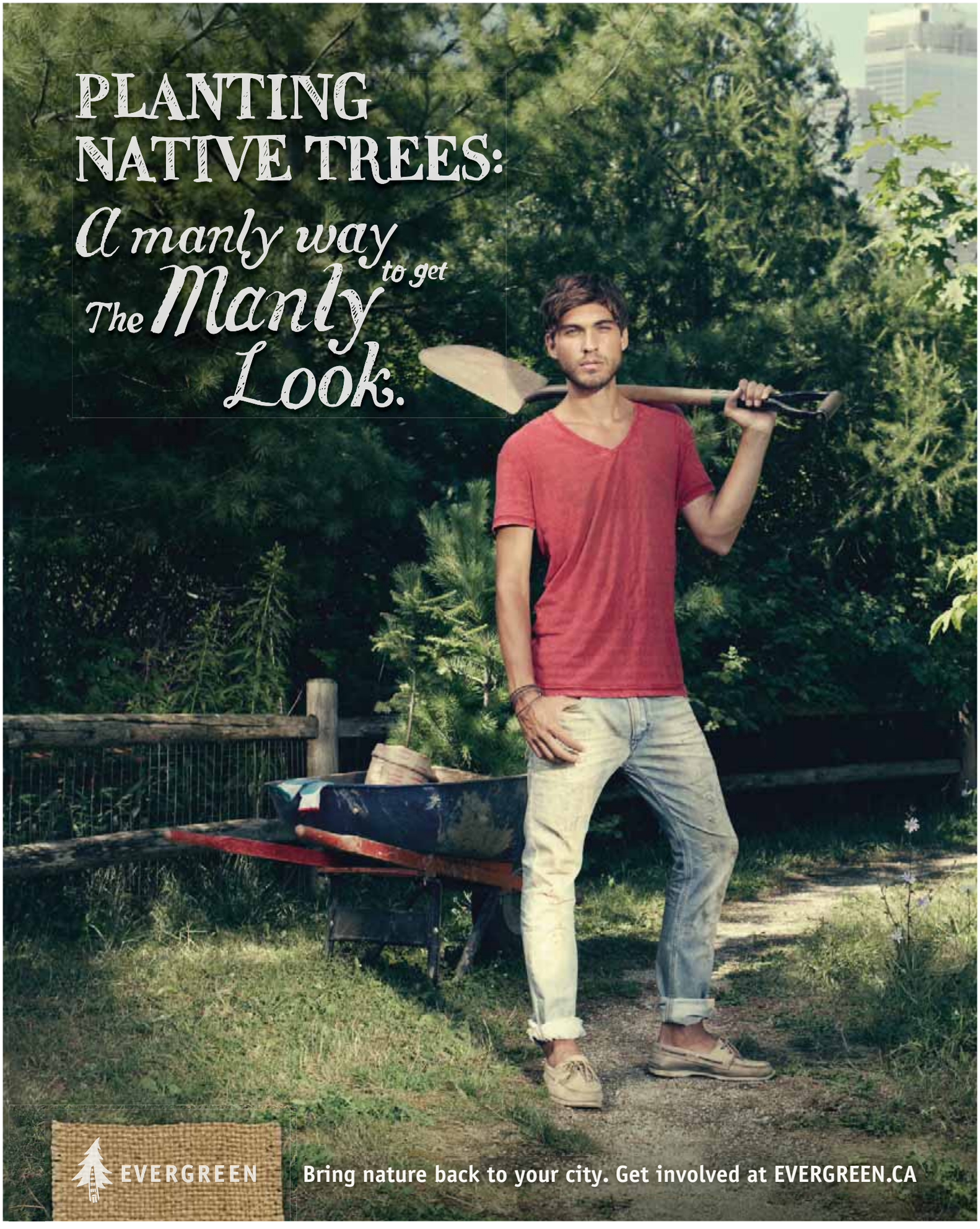
While the French completed 634 passes, their opponents managed just 307 while having less than 40 per cent of possession in what was largely a containment exercise by Roy Hodgson's side.

France defender Patrice Evra compared England's defensive tactics with Chelsea's in the Champions League last season. But they succeeded for the London club, which dispatched Barcelona and then overcame Bayern Munich to lift the European Cup last month.

"We are frustrated," Evra said. "I think we played much better. In the end it was a draw and we are a little bit frustrated. At times it was like there were 15 bodies on the field."

THE ASSOCIATED PRESS

James Milner of England clashes with Franck Ribery of France during their match on Monday. LARS BARON/GETTY IMAGES


PLANTING NATIVE TREES:
A manly way to get The Manly Look.
EVERGREEN
Bring nature back to your city. Get involved at EVERGREEN.CA

Nats smack around Jays after Morrow leaves with injury

MLB. Washington cruises after Toronto ace checks out in first inning with abdominal strain

Adam LaRoche hit a two-run homer and Edwin Jackson pitched eight strong innings Monday as the Washington Nationals defeated the Toronto Blue Jays 6-3.

The night started off on the wrong foot for the Jays, who lost starter Brandon Morrow after just nine pitches in the first inning with a strained left oblique. He's listed as day-to-day.

Rookie sensation Bryce Harper had three singles and a walk and Rick Ankiel hit a solo homer for the Nationals, who won their fourth in a row against a Toronto bullpen that was forced to use five pitchers in Morrow's absence.

Colby Rasmus and Yan Gomes homered for the Blue Jays, who were held to three hits and two runs by Jackson (3-3) in the opener of a three-game interleague series.

Jackson departed after Edwin Encarnacion led off the ninth with a double. Sean Burnett replaced Jackson and promptly gave up a pinch-hit home run before getting J.P. Arencibia to ground out to end the game.

Morrow left in discomfort while facing a 2-1 count against Harper in the first. He walked from the field to the dugout and down the stairs to the clubhouse unassisted after being checked out by trainers and manager John Farrell.

Chad Beck came on for Morrow and gave up Harper's single to score Steve Lombardozzi, who was at second after a leadoff double.

Harper went to third when first baseman David Cooper was charged with an error on Ryan Zimmerman's hard-hit ball. Michael Morse followed up with a sacrifice fly to score Harper.

Beck, who has been closing with triple-A Las Vegas and has usually been limited to one inning with the Jays, lasted 3 2-3 innings before being replaced by Luis Perez with two out in the fourth. Beck allowed three runs, two earned.

The Blue Jays (31-30) got one back in the bottom of the first on the ninth homer of the season by Rasmus.

LaRoche hit his 11th home run of the campaign to make it 4-1 with two outs in the third after Harper walked.

THE CANADIAN PRESS

Monday's game

Nationals	Blue Jays
6	3

Jays lock up draftees

The Blue Jays have signed 22 of the 44 players selected in the 2012 baseball draft, including first-round pick D.J. Davis.

- Davis, a 17-year-old left-handed hitter, batted .373 with seven home runs and 27 RBIs in 26 games this season of Stone County High School in Wiggins, Miss. The outfielder, one of Toronto's two first-round picks, was selected 17th overall.

Blue Jays starter Brandon Morrow leaves in the first inning with manager John Farrell on Monday at Rogers Centre.
BRAD WHITE/GETTY IMAGES

Colborne admits to playing injured with Marlies

Joe Colborne skates with the Leafs last December. BRUCE BENNETT/GETTY IMAGES FILE

Toronto Maple Leafs prospect Joe Colborne will spend the summer recovering from wrist surgery after revealing Monday he was dealing with the injury most of the season.

"I've been battling a wrist injury all year and we're going to take care of that over the next week or so," said Colborne, whose AHL Toronto Marlies were swept by the Norfolk Admirals in the Calder Cup final. "Hopefully I'll be ready by camp."

The six-foot-five forward wouldn't say when the injury first happened but his statistical decline points towards late 2011.

The Calgary native started the season with the Marlies in October, scoring 10 goals in his first 12 games and recording 19 points in 13 contests. He was called up by the Leafs on Nov. 19.

He had four points in six NHL games, but when he returned to the Marlies his production started to decline.

In his first 13 games back with the AHL club, Colborne scored only once.

Despite six multi-point games in his first 10 outings, he recorded just two more all season. His shot production drastically declined upon his return and at one point he went minus-11 in a 12-game span near the end of the season.

In total he had just six goals in the final 51 games of the season and finished the year with 39 points in 65 games.

"I don't want to make excuses but it's not fun and it didn't make it any easier," Colborne said of his wrist.

THE CANADIAN PRESS

Injured Leaf hopefuls

Colborne joins Matt Frattin, who has already had surgery to repair torn meniscus

- Nazem Kadri said on Monday that he missed the Calder Cup final with a separated shoulder.
- Frattin plans to be back in September, along with Colborne while Kadri said his injury should be healed within a week or two.

Euro 2012

Fans speak out against alleged racism aimed at Italy's Balotelli

A Spanish football fans' group says that "about 200 supporters" racially abused Italy forward Mario Balotelli at a European Championship match.

The group, which is affiliated with the Football Supporters Europe network, says some fans "started monkey chants" when Balotelli, who is black, touched the ball during a 1-1 draw between Spain and Italy on Sunday in Gdansk, Poland.

Balotelli said before Euro 2012 that he would leave the field to protest racial abuse in Poland and Ukraine.

THE ASSOCIATED PRESS

Italy's Mario Balotelli.
GETTY IMAGES FILE

NHL

MacTavish gets another shot in Edmonton

The Edmonton Oilers have hired former coach Craig MacTavish to be the team's senior vice-president of hockey operations.

MacTavish, 53, was head coach of the Oilers for eight seasons from 2000 and 2009, including Edmonton's run to the Stanley Cup final in 2006 when they lost in seven games to the Carolina Hurricanes. The London, Ont., native was fired in 2009 after the Oilers missed the playoffs for a third straight season.

MacTavish spent this past season coaching the Vancouver Canucks' AHL affiliate the Chicago Wolves.

THE CANADIAN PRESS

NFL

Ochocinco gets shot with Dolphins

Receiver Chad Ochocinco signed with the Miami Dolphins Monday, four days after being released by the New England Patriots. The signing came after Ochocinco had a tryout with Miami, who are thin at the position.

THE ASSOCIATED PRESS

CLASSIFIEDS CUSTOMER SERVICE: 1 800 527-6767 – MONDAY TO FRIDAY 8:30 AM TO 6:00 PM (ATL) Metro requests that advertisers check their advertisement upon publication and advise Metro immediately if there are any copy errors in the advertisement as published. Metro will not be responsible for any error other than an incorrect insertion due to any act or omission of Metro. In any event Metro will only be responsible for one incorrect insertion of any particular ad regardless of the number of times such ad is run incorrectly. Metro's liability for any such error is limited to the amount actually paid by the Customer for a single publication of the advertisement in the space the ad is run. In no event shall Metro be liable for any non-insertion of any advertisement or any reason whatsoever. All copy is subject to the approval of the management of Metro. Metro reserves the right to classify all advertisements.

HELP WANTED

General Help

15 CUSTOMER SERVICE POSITIONS
Training provided to candidates.
$650-$850/week to start. **MON- FRI**
Call to book interview **416-901-6672**

Full Time & Seasonal Positions Available!
NOW HIRING for all positions. Customer Service, Marketing, Sales, Management. No Exp Req. Students Welcome. **416-479-0134**

Promo Marketing Tele Pros Wanted
Want an honest, fun & profitable working environment, no BS? It's worth the call. Commission only. **647-288-2604**

Education

CCE offers Language Classes at $7/h
ESL, French, Spanish, computer lessons etc.
TOEFL, IELTS, ECA, Student Visa at low fees
www.ccet.ca or call **416-926-0540**

Skilled and Technical Help

DRIVERS/MECHANICS REQUIRED
WASTECO is a leader in waste & recycling industry in the GTA. DZ Lic. Drivers & T-310 Lic. Mechanics required. Excellent compensation & benefits. Fax or email to sgomes@wasteco.com or apply in person at **WASTECO**, 161 Bridgeland Av. Toronto - Fax 416-787-6210.

Management

Growing Med Spa Chain with multiple locations is seeking EXPERIENCED Spa Managers
Apply to jobs@renewbeauty.ca

AUTOMOTIVE

Cars & Trucks for Sale

2009-63,000K ACCENT L - MUST SELL
Under Hyundai Warranty - Single owner - Excellent inside/outside condition - Great gas saver. $6,500 NEGOTIABLE - 416-209-9849

find us
follow us
like us
metro

Cars & Trucks Wanted

*** We Pay $200-$5000 ***
For YOUR scrap Cars & Trucks!
Call 647-705-9416
FREE TOWING

We Pay $325 to $5000 for Scrap Cars, Vans, Trucks & Cube Vans
24/7 and FREE TOWING
416-419-3300

RENTALS

Houses for Rent Unfurnished

RENT TO OWN
If you have a small down payment, I have a nice home for you. Less than perfect credit OK. Call Melissa 1-888-398-8835 ext. 2

ANNOUNCEMENTS

Spiritual

ANGELS, MASTERS, AND INNER GUIDES
Open Discussion, Wed., June 13, 7:30-9pm
Beaches Community Center 55
97 Main St, Toronto
meetup.com/Toronto-Spiritual-Experiences-Group

Tired of going to the cottage?
Place your ad in Metro classifieds
metroclassifieds.ca
1 800 527-6767

SERVICES

Legal

AFFORDABLE LEGAL HELP. TRAFFIC TICKETS, LANDLORD AND TENANT DISPUTES, SMALL CLAIMS, PROVINCIAL OFFENCES
(416)742-4242 www.paralegal4you.ca

Charged with a Criminal Offence?
DUI, Fraud, Assault, Theft?
Call Goodman Berman Mehta LLP
416-654-7070 for a **FREE** consultation

Psychics

Pandit: RAVI VERMA
Expert in Palm Reading & Face Reading
If you have Troubles...?
He can Solve them & make your LIFE TROUBLE-FREE
Enemy Problems * Sexual Prob * Court
Demonic Forces * Sickness * Business
Love * Money * Child * All Negativity
I can Handle any Problem
Removes Black Magic & Gives Immediate Protection
416-662-7629
Albion & Islington

Mr. IBRAHIM
AFRICAN PSYCHIC MEDIUM
I can help you out of despair.
Reunite lovers forever
Happy Marriage.
Stop divorce, stress & depression.
Success in business.
Court cases.
Protection against evil.
Remove bad luck.
Hopeless cases.
OVER 27 YEARS EXPERIENCE
QUICK RESULTS
BY APPT. 416-783-3910

Indian Spiritual Astrologer
Pandit: Sai Nath
Solves Problems related to Love, Business, Marriage, Education, Job, Court, Children Mistake, Jealousy, Sexual, Personal Matters, Etc...
647-530-6276

Psychics

World Famous Indian Astrologer
Pandit: JAGANNATH
The Pandit is Expert in Solving problems related to Family, Health, Education, Court, Business, Children, Marriage, Enemy, Job Etc
Also he Treats Black Magic and gives Protection by Pooja and God Blessings
ALL RELIGIONS WELCOME
647-765-8622, 416-616-0252
2005 Islington Ave., Unit B1 North York, M9L 2K9

Most Powerful Spiritualist
PANDIT: GANESH BABAJI
Know your Past, Present & Future
All Religions Welcomed
100% Satisfaction
Specialist in :
Financial Matters, Love, Family Prob., Health, Depression, Enemy, Job, Wealth Black Magic, Jadoo, Voodoo, Witchcraft
Removes Black Magic & Gives Protection in 2 days
647-857-6799
(Kennedy & Lawrence, Opp Dollarama)

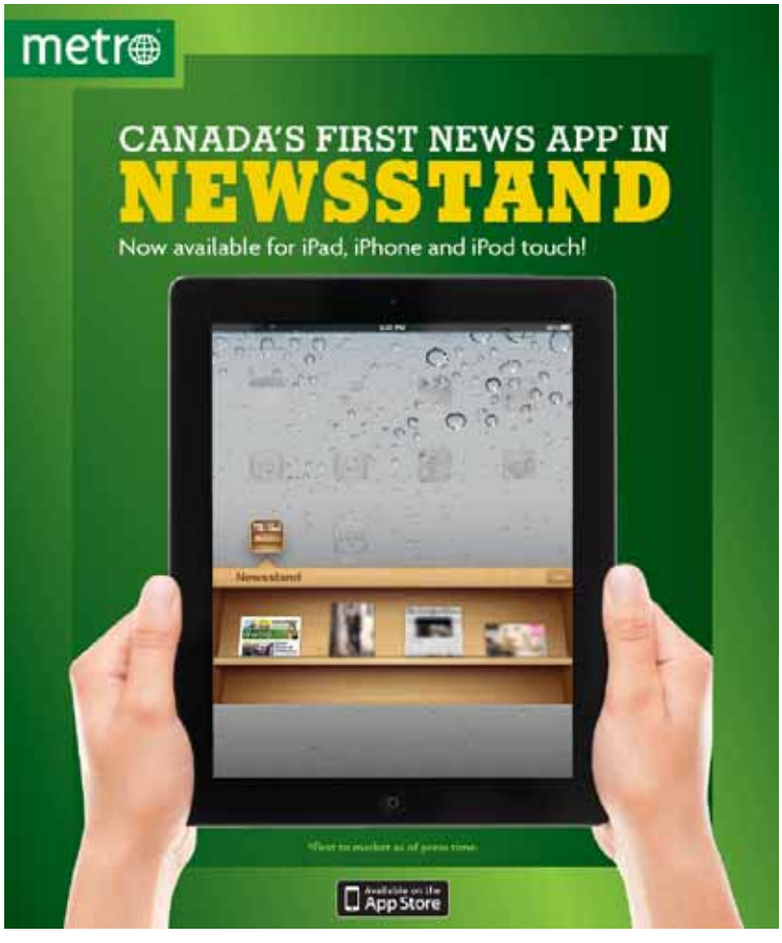
World Famous Astrologer & Spiritualist
Pandit HARIKESH
The Pandit is Expert in treating Black Magic, Voodoo, Jadoo, Evil Spirits, Obeau & Bad Luck.
Also he removes problems like Money, Family, Divorce, Children, Job,love and any kind of problems Ect.
ALL RELIGIONS WELCOME
647-761-9945

Psychics

Indian Famous Astrologer
Mr Jagadish
Pandit is specialist in all kinds of Astrology
He solves your all problems
Marriage, Business, Job, Enemy, Sexual, Family, Children Health, Love, Depression, Obaau, Vodoo etc.
100% Guarantee
I CAN HANDLE ANY PROBLEM
Remove Black Magic and Bad Luck in 2 Days and gives immediate protection
All Religious Welcomed
647-532-8224
1290 Finch Ave. W, North York (Keele & Finch)

World Famous Astrologer & Spiritual Healer
Mr Samba Shiva
Experienced Fortune Teller
He Provides Solutions on problems like Marriage, Love, Business, Job, Enemy, Husband-Wife, Horoscope, Education Etc
He is Specialist in Removing Black Magic, Jadoo,Voodoo, Witchcraft, Demonic forces & gives Protection
647-721-7199

Gotta old couch you wanna get rid of?
Place your ad in Metro classifieds
metroclassifieds.ca
1 800 527-6767



FINANCIAL

OVERWHELMED BY DEBT?
Call the Licensed Debt Professionals™
GET OUT OF DEBT!
- Avoid Bankruptcy
- 1 Low Monthly Payment
- No Interest Charges
- Stop Collection Calls
- Government Licensed Proposal Administrators

David Sklar, C.A., CIRP, Trustee
Get the Facts for FREE 310-9200
(NO AREA CODE NEEDED)
DAVID SKLAR & ASSOCIATES INC.
Licensed Credit Counsellors · Licensed Proposal Administrators · Trustee in Bankruptcy
HEAD OFFICE: 245 FAIRVIEW MALL DRIVE, SUITE 720, TORONTO, ON, M2J 4T1
NORTH YORK ▪ TORONTO ▪ PICKERING / AJAX ▪ MISSISSAUGA / ETOBICOKE ▪ BRAMPTON
For more information visit us online at www.DavidSklar.com

MONEY PROBLEMS?®
Make One Small Monthly Payment For all your DEBTS!
NO NEED FOR BANKRUPTCY
- Stop Collection Calls
- Reduce Your Debts
- Stop Wage Garnishment
- Stop Interest Right Away
- Re-Establish Your Credit

gta credit
Contact us for a FREE & CONFIDENCIAL meeting with one of our Govt. Registered Counsellor
Call Now: 310-7700 (no area code required)
Visit: GtaCredit.Com
10 Convenient Locations: Ajax - Brampton - Barrie - Hamilton - London - Mississauga North York - Oshawa - Scarborough - Downtown Toronto

CREDIT PROBLEMS? Reduce Your Debts
Consolidate All Your Debts Into
One Small Monthly Payment & Pay NO Interest
$ SAVE $ MONEY
We beat any offer in Ontario GUARANTEED!
We offer free credit checks
416-900-2324
www.empireonecredit.com
EMPIREONE CREDIT SOLUTIONS
Free One on One Consultation
SCARBOROUGH 250 Consumers Rd. Suite 810 | OSHAWA 286 King St. W. Suite 303 | NORTH YORK 1111 Finch Ave. W. Suite 207 | MISSISSAUGA 165 Dundas Ave. W. Suite 307

MORTGAGES 5 Yr Fixed - 3.04%* 5 Yr Variable - 2.85%*
MORTGAGE INTELLIGENCE INC.
- Purchase/Refinance
- Pre-approvals
- Debts Consolidation
- Consolidate Credit Cards & LOC
- Consolidate 1st & 2nd Mortgages
- Self Employed/ Salaried
- Credit Issues

* Conditions apply, OAC.
Rohit Dhawan, AMP, Mortgage Broker FSCO Lic# M08001358
416-816-4444 or rohit.dhawan@migroup.ca
FSCO# 10428, Central Office: 5770 Hurontario St., Suite 600, Mississauga, ON. L5R 3G5

MoneyProvider.com
$500 Loan and more
No credit refused
Fast, easy and secure
www.moneyprovider.com
1-877-776-1660

MORTGAGE APPROVED!
- 1st and 2nd Mortgage for any purpose.
- Refinance to 87%. Purchase to 95%.
- With rates at historic lows, now is the time to re-finance your home!
- Consolidate cards into 1 payment
- Self-employed? Stated income.
- Good and bad credit are welcome!
- Behind in Mortgage Payments?

WE CAN HELP!
HOMELAND MORTGAGE
416-519-3505
OR 647-273-5626
WWW.HOMELANDMORTGAGE.ORG
License # 11991

DEBT RELIEF
Are you drowning with debts?
Let us help you:
- consolidate debts, low monthly payments
- settle your debts without a bankruptcy
- reduce the amount to pay back, no interest
- stop harassing creditors and collection calls

Nona Kumar
Estate Administrator
Credit Counsellor
Free Confidential Consultation
Direct Line: 416-455-7709
RUMANEK & CO. LTD.
Administrators of Proposals, Trustee in Bankruptcy & Debt Consolidation Arrangements:
Head Office in North York, ON.
Offices in Scarborough & Mississauga.
Tel: 416-665-DEBT

PFS Need a loan?
Bankrupt? Proposal? Bruised Credit?
Get the LOWEST rates for bad credit personal loans in the GTA
- Car paid off - up to $20,000 (6 years or newer)
- Personal Loan up to $5,000 (1 year on job; $16/hr. min.req.)
- We help repair your credit!

Prudent Financial Services
416-634-2013
PrudentLoanApprovals.com

Matthew Wan
Mortgage Development Manager
647-530-6079
m.wan.nbc@videotron.ca
Take advantage of made-to-measure mortgage solutions
nbc.ca/mortgage
NATIONAL BANK

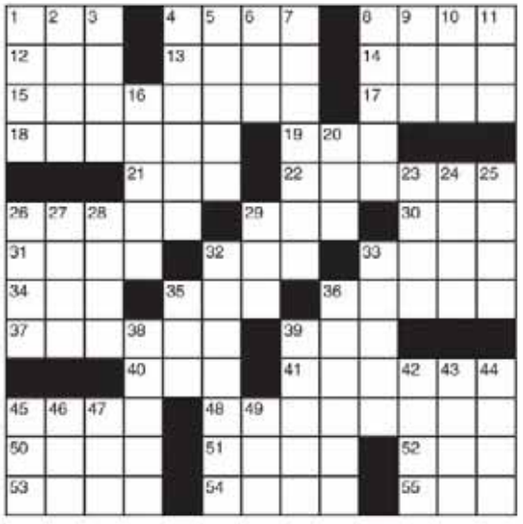
NEED MONEY?
✓No credit checks
✓Fast approvals
Call 1-866-499-5629
And get cash now!!
www.mynextpay.com

MORTGAGES
1st & 2nd Mortgages
Debt Consolidation
*Low Rates, *No Fees
Bad Credit Welcome
*CREDIT APPROVED
*terms and conditions apply Lic# 10154
MORTGAGE GENIE
www.mortgagegenie.org
416-667-9834

NEED COOL DESIGN TIPS?
Read metrohome every Thursday.

NEED A RIDE?
Read metrodrive every Wednesday.

Crossword



Across
1 Possessed
4 Charitable donations
8 Earth
12 Exist
13 Throb
14 Busy with
15 Tongue
17 Leftovers
18 Prey on the mind
19 Prior night
21 Lepidopterist's prop
22 Duration
26 For all to hear
29 Whammy
30 "7 Faces of Dr. —"
31 Conks on the noggin
32 Blackguard
33 Hamilton foe
34 Scratch (out)
35 Vagrant
36 Majorette's staff
37 Hang around
39 Chap
40 Peculiar
41 Ducked a big wedding
45 Fly high
48 Dull, tedious portion of a book
50 Overly proper one
51 Falco of "The Sopranos"
52 Paid player
53 Competent
54 Burpee buy
55 Bribe

Down
1 Head light
2 Speedy steed
3 Hideaways
4 Mistreated
5 Minimum
6 Periodical, for short
7 Pittsburgh athlete
8 Vamp
9 Inseparable
10 "— Impossible"
11 Realtor's offering
16 Category
20 Annoy
23 Fill till full
24 Tahitian dish
25 Trumpet
26 First victim
27 Trickster god
28 Tournament format
29 Drone
32 Spoils
33 Sluggish body of water
35 Cot
36 Distended
38 Overeat
39 Aladdin's ally
42 Energizes, with "up"
43 Modern-day money
44 Let fall
45 Resort
46 Scepter topper
47 Be below par
49 Honor in verse

Sudoku

4				7				3
	2				4	7	1	
	6		5	8				
	1					5		
5		8				9		1
		2					4	
				3	6		2	
	3	6	9				5	
7				5				8

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku

4	9	8	7	2	6	1	5	3
5	7	3	4	1	8	9	6	2
6	1	2	3	9	5	7	4	8
7	3	6	9	5	1	8	2	4
8	4	9	6	3	2	5	1	7
2	5	1	8	7	4	3	9	6
3	8	7	1	4	9	2	6	5
1	2	4	5	8	3	6	7	9
9	6	5	2	6	7	4	3	1

Yesterday's Crossword

M	O	H	R		O	P	E	C		H	O	P		
E	P	E	E		K	A	Y	O		I	K	E		
T	A	L	L	O	R	D	E	R		G	I	N		
A	L	P	A	C	A			A	S	H	E	N		
		I	T		A	L	L	O	W					
B	A	L	D		D	U	O		L	I	R	A		
E	G	O			I	D	O			R	E	P		
D	O	W	N		N	I	P		W	E	S	T		
		B	I	N	G	O		H	A					
P	L	E	B	E			P	O	R	T	I	A		
Y	E	A		S	H	O	R	T	H	A	N	D		
L	A	M		T	I	R	E		O	R	S	O		
E	N	S		S	P	R	Y		L	O	T	S		

Cryptoquip

How to play
This is a substitution cipher where one letter stands for another. Eg: If X equals O, it will equal O throughout the puzzle.

E YWEQHZMKWLQHS ZUZZQKH OUAP QH E TKKCQHS EWUE LQSOM YU TEAAUP M OU CQMTOUH MOQHC.

Yesterday's Cryptoquip: WHEN WILD ANIMALS ARE VERY MANNERLY, SHOULD YOU SAY THEY'RE ON THEIR BEAST BEHAVIOR?

Today's Cryptoquip Clue: Z equals S

For today's crossword answers and for expanded horoscopes, go to metronews.ca

Today 28°/15° Partly cloudy
Tuesday 24°/11° Rain 60%
©The Weather Network 2012

Horoscope

Aries | March 21 - April 20. The planets warn that if you are not careful you could spend a fortune today.

Taurus | April 21 - May 21. Write your goals down on a piece of paper and look at them at odd moments throughout the day.

Gemini | May 22 - June 20. Friends and work colleagues alike are relying on you to take the lead and show them the way, so push personal worries to the back of your mind and do what you can to assist them. You'll be assisting yourself too.

Cancer | June 21 - July 22. Others may bend the rules and get away with it but you must not allow yourself to be so tempted.

Leo | July 23 - Aug. 22. Follow your dreams wherever they may lead you, no matter how far that may be from where you are now.

Virgo | Aug. 23 - Sept. 22. It's quite possible that you will come into money over the next day or two, but if you do it's unlikely that you will hold on to it for long. There are just so many beautiful things you want to possess.

Libra | Sept. 23 - Oct. 22. Your rivals may seem confident but the fact is they are as scared of you as you are of them — maybe more so. Challenge them directly today and don't be surprised if they back down and let you win.

Scorpio | Oct. 23 - Nov. 21. Reach out to other people and help them feel good about themselves.

Sagittarius | Nov. 22 - Dec. 21. The problem you face today will require a certain amount of abstract thinking if you are going to solve it successfully.

Capricorn | Dec. 22 - Jan 20. Loved ones will forgive you almost anything today — if you say sorry and if your regret sounds genuine.

Aquarius | Jan. 21 - Feb 18. Resist the urge to criticize other people, both in your private life and in your working environment. In fact, go out of your way to give them your support, even if you don't think they deserve it.

Pisces | Feb. 19 - March 20. Discussions of all kinds will go well today, especially if you give those you deal with the impression that you are as eager for them to do well as you are to do well yourself.

SALLY BROMPTON

Caption Contest

"My mom says if I want to be cute I otter smile more."
Kassia & Jessica

MARK M. GASKILL/DETROIT ZOO/THE ASSOCIATED PRESS

Win!

You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

Read metro work every Monday and Wednesday for tips and trends in education and employment.

Only in Metro. News worth sharing.

FLIGHT CENTRE® Unbeatable
Niagara Falls Family Special, 2 Nights
$44°
Ramada Niagara Falls taxes & fees included
INCLUDES accom near Falls Avenue. Price per person based on family of 4. Travel Jun 20/ggv.
1 877 923 2248 | flightcentre.ca
Conditions apply. Ex. Toronto. Package price is per person, based on quad occupancy for total length of stay. Prices are for select departure dates and are accurate and subject to availability at advertising deadline, errors and omissions excepted, and subject to change. Taxes & fees include transportation related fees, GST/HST and fuel supplements and are approximate and subject to change. ggv=ggo vacations. Head office address: 1 Dundas St W Suite 200, Toronto, ON. Call for retail locations. ONT. REG #4671384

ROGERS™ authorized dealer

AJAX
Baywood Centre
AURORA
15483 Yonge St., Unit 2B
14785 Yonge St.
BOLTON
12612 Hwy. 50, Unit 15
BRAMPTON
30 Victoria Cres.
4520 Ebenezer Rd., Unit 6
253 Queen St. E, Unit 3
105 Kennedy Rd. S
499 Raylawson Blvd.
BROOKLIN
5969 Baldwin St. S, Unit 7
COBOURG
975 Elgin St. W, Unit B
ETOBICOKE
22 Dixon Rd.
6620 Finch Ave. W, Unit 4
GEORGETOWN
Georgetown Market Place
MAPLE
2943 Major Mackenzie Dr., Unit 4
MARKHAM
3636 Steeles Ave. E, Unit 101
9570 McCowan Rd., Unit 4
505 Hood Rd., Unit 12
7780 Woodbine Ave., Unit 3
4300 Steeles Ave. E, Unit E32
4300 Steeles Ave. E, Unit E67
8901 Woodbine Ave., Suite 218
3255 Hwy. 7 E, Unit E98
MISSISSAUGA
Meadowvale Town Centre
Square One
Dixie Outlet Mall
153 Lakeshore Rd. E
6325 Dixie Rd., Unit 1
3105 Dundas St. W, Unit 102
7955 Financial Dr., Unit B
808 Britannia Rd. W, Unit 2
25 Watline Ave., Unit 10
7205 Goreway Dr.
1100 Burnhamthorpe Rd.
3021 Argentia Rd.
789 Taunton Rd. E
1053 Simcoe St. N, Unit 4B
NEWMARKET
16715 Yonge St.
NORTH YORK
Sheridan Mall
1700 Wilson Ave., Unit 72
1905 Avenue Rd.
4367 Steeles Ave. W
149C Ravel Rd.
Fairview Mall
4905 Yonge St.
5815 Yonge St.
3111 Dufferin St.
3040 Don Mills Rd., Unit 178
Leslie Center
OAKVILLE
1027 Speers Rd., Unit 22
478 Dundas St. W, Unit 7
OSHAWA
Taunton Harmony Plaza
1053 Simcoe St. N, Unit 4B
PICKERING
Pickering Power Centre
Pickering Town Centre
611 Kingston Rd.
RICHMOND HILL
9196 Yonge St.
1480 Major Mackenzie Dr. E
10 West Pearce St., Bldg. B
Hillcrest Mall
9350 Yonge St.
10720 Yonge St.
Times Square Mall
SCARBOROUGH
Woodside Square
1571 Sandhurst Circle, Unit 502K
5095 Sheppard Ave. E
1800 Sheppard Ave. E
Cedarbrae Mall
1900 Eglinton Ave. E
3300 McNicoll Ave.
1291 Kennedy Rd.
2555 Victoria Park Ave.
411 Kennedy Rd.
3495 Lawrence Ave.
1448 Lawrence Ave. E
5661 Steeles Ave. E, Unit 5
19 Milliken Blvd., Unit U
THORNHILL
31 Disera Dr., Unit 140
Promenade Mall
Shops on Steeles
6236 Yonge St.
TORONTO
421 Dundas St. W, Unit G8
282 Queen's Quay W
1015 Lakeshore Blvd. E
1821 Queen St. E
275 College St.
604 Bloor St. W
1348 St. Clair Ave. W
1461 Dundas St. W
2 St. Clair Ave. E
272 Danforth Ave.
471 Eglinton Ave. W
662 King St. W, Unit 2
939 Eglinton Ave. E, Unit 106
154 University Ave., Unit 101
2200 Yonge St., Unit 104
2397 Yonge St.
9A Yorkville Ave.
East York Town Centre
2400 Bloor St. W
919 Bay St.
525 University Ave.
45 Overlea Blvd.
Oriental Centre Mall
1448 Lawerence Ave. E
10 Clock Tower Rd., Unit B1A
1118 Finch Ave. W, Unit 1
6236 Yonge St.
3850 Sheppard Ave.
280 Spadina Ave.
4438 Sheppard Ave. W, Unit 151
900 Dufferin St., Kiosk 4010
1000 Gerrard St. E, Unit K2
UXBRIDGE
11 Brock St. W
WHITBY
25 Thickson Rd. N
5969 Baldwin St. S
WOODBRIDGE
200 Whitmore Rd.

ROGERS plus

AJAX
15 Westney Rd. N
AURORA
14879 Yonge St.
91 First Commerce Dr., Unit 5
BRAMPTON
14 Lisa St., Unit C1
499 Main St. S., Unit 58
1088 McLaughlin Rd.
9980 Airport Rd., Unit 11
25 Peel Centre Dr., Unit 505A
25 Peel Centre Dr., Unit 742K
10025 Hurontario St., 118
ETOBICOKE
25 The West Mall, Unit 1963
3015 Bloor St. W
1735 Kipling Ave.
250 The East Mall, Kiosk #316
500 Rexdale Blvd., Unit H3B
1530 Albion Rd.
MARKHAM
9275 Hwy. 48, Unit 11
5000 Hwy. 7 E, Unit 412
7690 Markham Rd., Unit 1C
MISSISSAUGA
2150 Burnhamthorpe Rd. W
60 Bristol Rd. E
920 Southdown Rd., BLD H, Unit 7
5100 Erin Mills Parkway, Unit V205
4141 Dixie Rd.
1250 Eglinton Ave. W, Unit A16
NEWMARKET
1065 Davis Dr.
18075 Yonge St.
17600 Yonge St., Unit EE22
OAKVILLE
1500 Upper Middle Rd., Unit 2
240 Leighland Ave.
OSHAWA
285 Taunton Rd., Unit 20
419 King St. W, Unit 2272
RICHMOND HILL
1070 Major Mackenzie Rd. E
THORNHILL
9200 Bathurst St., Unit 26
TORONTO
618 Sheppard Ave. W
6758 Kingston Rd., Unit 12
730 Danforth Ave.
333 Bloor St. E
2120 Queen St. E
8 Wellesley St. E
1965-1971 Yonge St., Unit A
120 Front St. E
660 Eglinton Ave., Unit 104
3151 Yonge St.
808 York Mills Rd., Unit 15-17
2400 Eglinton Ave. W
2900 Warden Ave.
130 King St. W. Unit CW15
3401 Dufferin St., Unit 108
1 Yorkdale Rd., Unit 180
1 Dundas St. W, Unit 2010
220 Yonge St., Unit H014
112-10 Dundas St. E
2901 Bayview Ave., Unit 128A
329 Parliament St.
200 Bay St., Unit UC – 132B
2248 Bloor St. W
330 Bay St.
4980 Yonge St.
1080 Yonge St.
1 Blue Jays Way, Suite 1200
SCARBOROUGH
2490 Gerrard St. E
38 Ellesmere Rd.
300 Borough Dr., Unit 49
WHITBY
1549 Dundas St. E
3490 North Brock St.

Get yours before June 30

iPhone 4 now $0 Why wait any longer?

$0[1] with 3-yr. **FLEXtab** agreement on select plans

$549.99 month-to-month price

iPhone

Visit your local Rogers store today and find out how you can get it on your terms with Rogers new **FLEXtab.**™

FRIENDS CONNECT EXCITING text NETWORK TALK SHARE RELIABLE ACCESS CONNECT FREEDOM LIFE NETWORK CHAT
TALK FRIENDS SURF LIFE TEXT FIRST FAST FREEDOM EXCITING FRIENDS
CHAT ACCESS

Creating World-Leading Internet Experiences.

ROGERS™

ROGERS™ authorized dealer | ROGERS plus | WIRELESSWAVE | FUTURE SHOP | booth wireless | 2001 AUDIO VIDEO | BEST BUY | Walmart | BATTERIES N' gadgets | CELLULAPOINT

Offer available for a limited time while quantities last and subject to change without notice. **1** With new activation on any 3-yr. voice and data plan having min. $47.75 monthly service fee. Device Savings Recovery Fee and/or Service Deactivation Fee (as applicable) apply in accordance with your service agreement. FLEXtab balance corresponds to the sum of the Device Savings Recovery Fee and Additional Device Savings Recovery Fee. TM and © 2012 Apple Inc. All rights reserved. ™Rogers & Mobius Design and FLEXtab are trademarks of or used under license from Rogers Communications Inc. or an affiliate. Other brand names & logos are trademarks of their respective owners. © 2012 Rogers Communications.

KIA 2012 GRAND FINALE CLEAROUT

ONLY 5 DAYS LEFT!

3 PAYMENTS ON US SALES EVENT

ON SELECT MODELS

JUNE 11TH TO 16TH

0% FINANCING ON 2012's**

ON SELECT MODELS

PAY UNTIL FALL◆

Optima SX Turbo shown

2012 OPTIMA

"CAR OF THE YEAR" MOTORING 2012

ALSO AVAILABLE:

$1,000 ECO-CREDIT ON HYBRID MODEL>

OWN IT FROM $164

FOR UP TO 60 MONTHS | AT 0% APR**

+3 payments on us* (Or equivalent) Up to $1,650

bi-weekly for 60 months with a $1,750 down payment. Offer includes delivery, destination and fees of $1,589 and **$500** competitive bonus.†† **BASED ON A PURCHASE PRICE OF $23,584.** Offer based on Optima LX MT.

HWY (A/T): 5.6L/100KM
CITY (A/T): 8.6L/100KM

KIA

5 Year Warranty

WE'VE GOT YOU COVERED
*5-year/100,000 km worry-free comprehensive warranty

KIA MEMBER REWARDS
Earn points towards future discounts.
It's **FREE** and it's incredibly rewarding.

Visit kia.ca to learn more.

Like us on to learn more. facebook.com/kiacanada

Kia's new Customer Friendly Pricing includes delivery and destination fees and all mandatory government levies.
Prices do not include dealer administration fees ($399 to $699), licensing, PPSA or applicable taxes.

Offer(s) available on select new 2012/2013 models through participating dealers to qualified customers who take delivery by July 3, 2012. Dealers may sell or lease for less. Some conditions apply. Offers are subject to change without notice. See dealer for complete details. Vehicle images shown may include optional accessories and upgrades available at extra cost. All offers exclude licensing, registration, insurance, other taxes and down payment (if applicable). Other dealer charges may be required at the time of purchase. Other lease and financing options also available. *3 Payments On Us offer is available on approved credit to eligible retail customers who finance or lease a new 2012/2013 Forte Sedan/Forte Koup/Forte5/Optima/Optima Hybrid/Sportage/Sorento from a participating dealer between June 11 - June 16, 2012. Eligible lease and purchase finance (including Flex Choice) customers will receive a cheque in the amount of three payments (excluding taxes) to a maximum of $350/$350/$350/$400/$400/$500/$550/month. Lease and finance (including FlexChoice) purchases are subject to approved credit. Customers will be given a choice between up to $1,650 reductions from the selling/leasing price after taxes or dealer can issue a cheque to the customer. Some conditions apply. See your dealer for complete details. **0% purchase financing is available on select 2012 Kia models on approved credit (OAC). Terms vary by model and trim, see dealer for complete details. Representative financing example based on 2012 Optima LX MT (OP541C) with a selling price of $23,584 (includes delivery and destination fees of $1,455, other fees of $34, OMVIC fee, environmental fee and A/C tax ($100, where applicable) financed at 0% APR for 60 months. Bi-weekly payments equal $164 with a down payment/equivalent trade of $1,750. Cost of borrowing is $0 for a total obligation of $23,584. License, insurance, applicable taxes, variable dealer administration fees (up to $699), PPSA, and registration fees are extra. Retailer may sell for less. See dealer for full details. ◆"Don't Pay Until Fall" on select models (120-day payment deferral) applies to purchase financing offers on select 2012 and 2013 models on approved credit (OAC) (2012/2013 Sportage/Sorento/Sedona excluded). No interest will accrue during the first 90 days of the finance contract. After this period, interest starts to accrue and the purchaser will repay the principal interest monthly over the term of the contract. >ECO-Credit for 2012 Optima Hybrid is $1,000 and is applicable to the purchase or lease of a new 2012 Kia Optima Hybrid. Available at participating dealers. Certain restrictions apply. See dealer for details. ** Competitive Bonus offer available on the purchase or lease of new 2012 Optima (excluding Hybrid) models at a value of $500 (deducted before tax) for owners of a Honda Accord, Toyota Camry or Mazda6 with proof of ownership. Certain restrictions apply. Offer is transferable within same household (must provide proof of address). Limit of one bonus per customer or household. Offer not combinable with any other loyalty/conquest offers. Offer ends July 3, 2012. ^Highway/city fuel consumption of these vehicles may vary. These estimates are based on the Transport Canada's approved criteria and testing methods. Refer to the Government of Canada's *EnerGuide Fuel Consumption Guide*. Your actual fuel consumption will vary. For more information on our 5-year warranty coverage, visit kia.ca or call us at 1-877-542-2886. KIA is a trademark of Kia Motors Corporation.

KIA 2012 GRAND FINALE CLEAROUT

ONLY 5 DAYS LEFT!

3 PAYMENTS ON US SALES EVENT

ON SELECT MODELS

JUNE 11TH TO 16TH

0% FINANCING ON 2012's**

ON SELECT MODELS

PAY UNTIL FALL◆

2012 SORENTO

+3 payments on us✓ (Or equivalent) Up to $1,650

WELL-EQUIPPED FROM **$22,679◀** | INCLUDES **$3,100** CASH SAVINGS

Includes delivery, destination and fees of $1,784 and $3,100 cash savings.
BASED ON A PURCHASE PRICE OF $25,779.
Offer based on Sorento LX MT.

TOP SAFETY PICK 2012^ INSURANCE INSTITUTE FOR HIGHWAY SAFETY

7 PASSENGER SEATING AVAILABLE

HWY (A/T): 6.2L/100KM
CITY (A/T): 9.5L/100KM

Sorento SX shown

KIA

5 Year Warranty*

WE'VE GOT YOU COVERED
*5-year/100,000 km worry-free comprehensive warranty

KIA MEMBER REWARDS
Earn points towards future discounts.
It's **FREE** and it's incredibly rewarding.

Visit kia.ca to learn more.

Like us on facebook to learn more. facebook.com/kiacanada

Kia's new Customer Friendly Pricing includes delivery and destination fees and all mandatory government levies.
Prices do not include dealer administration fees ($399 to $699), licensing, PPSA or applicable taxes.

Offer(s) available on select new 2012/2013 models through participating dealers to qualified customers who take delivery by July 3, 2012. Dealers may sell or lease for less. Some conditions apply. Offers are subject to change without notice. See dealer for complete details. Vehicle images shown may include optional accessories and upgrades available at extra cost. All offers exclude licensing, registration, insurance, other taxes and down payment (if applicable). Other dealer charges may be required at the time of purchase. Other lease and financing options also available. **3 Payments On Us offer is available on approved credit to eligible retail customers who finance or lease a new 2012/2015 Forte Sedan/Forte Koup/Forte5/Optima/Optima Hybrid/Sportage/Sorento from a participating dealer between June 11 - June 16, 2012. Eligible lease and purchase finance (including FlexChoice) customers will receive a cheque in the amount of $350/$350/$350/$400/$400/$500/$550/month. Lease and finance (including FlexChoice) purchases are subject to approved credit. Customers will be given a choice between up to $1,650 reductions from the selling/leasing price after taxes or dealer can issue a cheque to the customer. Some conditions apply. See your dealer for complete details. **0% purchase financing is available on select 2012 Kia models on approved credit (OAC). Terms vary by model and trim, see dealer for complete details. Representative financing example based on 2012 Optima LX MT (OP541C) with a selling price of $23,584 [includes delivery and destination fees of $1,455, other fees of $34, OMVIC fee, environmental fee and A/C tax ($100, where applicable)] financed at 0% APR for 60 months. Bi-weekly payments equal $164 with a down payment/equivalent trade of $1,750. Cost of borrowing is $0 for a total obligation of $23,584. License, insurance, applicable taxes, variable dealer administration fees (up to $699), PPSA, and registration fees are extra. Retailer may sell for less. See dealer for full details. ◆"Don't Pay Until Fall" on select models (120-day payment deferral) applies to purchase financing offers on select 2012 and 2013 models on approved credit (OAC) (2012/2013 Sportage/Sorento/Sedona excluded). No interest will accrue during the first 90 days of the finance contract. After this period, interest starts to accrue and the purchaser will repay the principal interest monthly over the term of the contract. ◀Cash purchase price for 2012 Sorento LX MT (SR55AC) is $22,679 and includes a cash savings of $3,100 (which is deducted from the negotiated selling price before taxes and cannot be combined with special lease and finance offers), delivery and destination fees of $1,650, other fees of $34, OMVIC fee, environmental fee and A/C tax ($100, where applicable). License, insurance, applicable taxes, variable dealer administration fees (up to $699), PPSA and registration fees are extra. Retailer may sell for less. See dealer for full details. Available at participating dealers. ^2012 Kia Sorento awarded the Top Safety Pick by the Insurance Institute for Highway Safety. Visit www.iihs.org for full details. ^Highway/city fuel consumption of these vehicles may vary. These estimates are based on the Transport Canada's approved criteria and testing methods. Refer to the Government of Canada's *EnerGuide Fuel Consumption Guide*. Your actual fuel consumption will vary. For more information on our 5-year warranty coverage, visit kia.ca or call us at 1-877-542-2886. KIA is a trademark of Kia Motors Corporation.